Don't underestimate the value of being the only PH voice in the room

Economic Development & Public Health: reflections on a year in a Combined Authority

No ready made PH structure, sole PH person in the organisation

Can find your own way, poke your nose in, more autonomy Find your allies & work together to amplify the message



No formal portfolio or work plan

Health seen as = health services & largely outside of organisational remit

Progress & impact are difficult to measure so capture small successes

Be like water! go with the flow. If the way is blocked find a way round

New PH Consultant post created, funded by PHE embedded in the Combined Authority Policy team

Important to:

Develop trusted relationships Take the initiative & be creative Be patience & be able to flex Listen, learn & understand Network & be a connector Consider a "Tempered Radical" approach Be opportunistic Find peer support

Ability to create your own path & put energy where there is momentum or moment

Huge opportunity for impact via the wider determinants, chance to change the thinking from within

Assume nothing – ask questions, what is obvious to you is not always so to others help challenge perceptions

Don't forget that change can come through small, incremental shifts – don't expect a seismic shift

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