

**A** sset

**B** ased

**C** ommunity

**D** evelopment

### Residents set local priorities

Whoever comes are the right people  
Whatever happens is the only thing that  
could happen  
No set agenda

***Without passion, nobody is interested.  
Without responsibility, nothing will get done.***



### Residents design services

Locate the hidden and the hiding by working  
in pubs in areas with high suicide rates

Use informality and humour to engage

Co-design groups with men by focussing on  
what they can bring

***Turning quiet despair into a pool of  
human capital.***



### Residents co-produce health

Experts by experience-identify need, influencing  
services

Self-managed safe space-support from within

Peer support, volunteers-building confidence, looking  
outward

Creating health through arts, music and design

***The recovery community-product of community,  
contributing to community, with community.***

