



Office for Health
Improvement
& Disparities

Yorkshire and the Humber Monthly Update

Issue: 78, June 2022

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Welcome to the Yorkshire and Humber Health and Wellbeing monthly update. Thank you for subscribing to the monthly update. This monthly update is our way of sharing any good and emerging practice, new developments, updates and guidance. The update is circulated at the beginning of each month with previous month's updates.

If we have anything that needs to be shared urgently, we will circulate as soon as possible.

If you no longer wish to be subscribed, would like to update your details or request for anyone to be added to the mailing list, please contact Y&H Business Support: tyler.leech@dhsc.gov.uk



Healthy Places and Sustainable Communities

Team Lead: Nicola Corrigan

The impact of the environmental determinants of health on our lives are far reaching. By considering how the places in which we live, work and play impacts on our health and the inequalities that exist, we can support health improvement for our populations.

Whole Systems Obesity inc. Adult Weight Management

Lead: Nicola Corrigan

[Yorkshire Obesity Research Alliance \(YORA\) Event 7](#)

Join us to hear about the ongoing YORA work, reflecting on the progress of our research themes, an input from the 'Born in' studies and PPI.

[How can local authorities reduce obesity? Insights from NIHR research](#)

This Themed Review identified 143 NIHR-funded studies on obesity that are relevant to local authorities. An array of interventions, settings, and study types were considered; some of the research is in emerging fields. Ongoing research that the NIHR funded recently is highlighted, since upcoming results could help address gaps in the current evidence base.

Healthy Place and Air Quality

Leads: Karen Horrocks

Webinar: The role of planning in designing healthy places and tackling health inequality

This is a [joint webinar](#) organised by RTPI Yorkshire and Yorkshire and Humber Association of Directors of Public Health (ADPH). Takes place 21st September 2021.

The connection between planning and health and wellbeing outcomes is now well established. Green space, active travel opportunities and physical health is well understood, but the challenge of tackling health inequality requires a deeper understanding of the importance of place. In this insightful webinar, aimed at built environment and public health professionals, we will explore both the challenges and opportunities in tackling health inequality and how these professions can work together to create healthy places for all.

Housing development learning events for local government

A [series of events](#) for local government is aimed at supporting an increase in the delivery of housing-led developments. Local government officers can learn more about the set of knowledge-sharing sessions in July 2022 and book their places.



Town and Country Planning Association (TCPA) event: The vital role of data in creating complete, compact and connected places

This [webinar](#) on 21st June– the latest in a series of TCPA webinars about 20-minute neighbourhoods – will explore ways to gather baseline data to shape, inform, achieve, and evaluate the implementation of 20-Minute Neighbourhoods in England.

Fields in Trust: Green Space Index

The [Green Space Index](#) helps to identify where action is needed to ensure all communities in Great Britain have the access they need to green space.

Levelling up and Regeneration Bill

This [Policy Paper](#) summarises the content of the Levelling up and Regeneration Bill. In addition to this, the Local Government Association (LGA) have developed a [webpage](#) with frequently asked questions relating to the planning aspects of the Bill.

IPPR Commission on Health and Prosperity.

This [report](#) analyses the pandemic's impact on health and the economy. It also uses regional and international comparisons to establish links between health and wealth, arguing that measures of good health such as healthy life expectancy are closely correlated with economic factors like income, per capita GDP and employment.

Call for Council Housing Case Studies

The LGA are inviting councils to [submit case studies](#) about their council housing. The case studies will aim to show the best examples of council housing from across the country. They are also welcoming case studies that look at how councils are adapting their existing housing stock to meet the needs of their residents.

Free Event (7th or 9th June 2022): Environment Act - conservation covenants for local authorities

In this [free event](#), DEFRA will provide an overview of conservation covenants for a local authority audience. The event is suitable for planners, legal officers, ecologists, environment officers, greenspace/estate managers and others that want to understand more about the local authority role in relation to conservation covenants



Physical Activity

Lead: Nicola Corrigan

Richmond Group – We are Undefeatable/Movement for All

The Richmond Group of Charities have been working with partners Mind, Parkinson's UK, MS Society and Sport England to tackle physical inactivity amongst people with long term health conditions. They delivered a number of projects, developed insight and synthesised the findings into an [Evaluation Report](#)

In the report you'll find learning about what works to support people with long term conditions to be active, what some of the barriers are, and how they went about collaborating to deliver greater impact. There are a number of different recommendations for anyone funding, developing, delivering, and evaluating physical activity behaviour change projects for people with long term conditions.

- Resource pack for the [health and care workforce](#): for example Social Prescribing Professionals, Allied Health Professionals and Nurse Specialists.
- Resource pack for [health and care organisations](#): for example organisations working in Primary Care Networks and Integrated Care Systems that have responsibility for workforce, local strategy, decision-making or funding.
- Resource pack for the [sport and physical activity sector](#): for example sport, leisure and physical activity providers and support organisations such as Active Partnerships

Bristol University – Research on children's activity levels following COVID

The study, led by the University of Bristol, found that by the end of 2021 little more than a third (36%) were meeting the national recommended physical activity guidelines.

While there was no change in their parents' physical activity levels, the National Institute for Health and Care Research-funded study findings showed 10 to 11-year-olds took part in on average just 56 minutes – less than the recommended hour – of moderate to vigorous intensity physical activity during weekdays from last April to December.

That's around eight minutes on average less, a drop of 13%, than children of a similar age were doing before the pandemic.

Stronger my way

Focuses on the strength element of the CMO guideline, after undertaking research on this element, a report made a number of recommendations to support and the team built an online hub hosted on Chartered Society of Physiotherapy (CSP) website for all professionals and patients.

- Provides professionals with evidence, training and signposting
- Provides patients with videos of case studies, goal setting templates, ambassador programme



[Partner Toolkit This Girl Can x Strava](#)

This new toolkit, which includes posters, social media posts and ideas for how a range of organisations can get involved, allows This Girl Can supporters to showcase what they're doing and spread the word to their community – inspiring women to get active again after taking a break from it.

[Swim England diversity and inclusion campaign research](#)

The campaign is appealing for those from ethnically diverse communities to give their views and experiences – with the aim of helping to make water-based activity more accessible and enjoyable for everyone.

The national campaign which has been named England Swims, is asking for everyone to respond – including those who can swim but may choose not to, those who cannot swim, those who have tried but have not had positive experiences and those that already enjoy the water.

They are hoping to receive the largest response to a survey of its type in the sport and leisure sector to help understand the barriers to swimming for underrepresented groups and communities.

[Youth Sport Trust Strategy](#)

Over the next 13 years of its new strategy, the Youth Sport Trust will dramatically change its approach to support those most in need.

Starting locally and building momentum, it will galvanise and inspire changemakers to transform attitudes, improve practice and drive policy change. The charity hopes that together the power of play and sport can be harnessed to build belonging for a generation, improving their health, fostering inclusion and developing character and leadership.

Community Based Approaches

Lead: Karen Horrocks

Free training: Homes For Us

This free, online, [four-session course](#), organised by the New Economics Foundation (NEF), is for people organising and campaigning for social housing in the midlands or the north of England. This course is aimed to be accessible for anyone (including community members) and some support around tech/equipment, British Sign Language and childcare costs can be provided. Starts 13th June 2022.

Considering community wellbeing in times of Covid-19 and levelling up

The Different People, Same Place research project is led by the Universities of Birmingham, Durham and Warwick and supported by the Centre for Ageing Better and Spirit of 2012. It explores the interrelationships between individual and community wellbeing. In this [blog](#) the researchers discuss what they found.

The power of youth volunteering Learning from the Pears #iwill Fund NHS Network



This [report](#) focuses on youth volunteering. It highlights how NHS trusts created volunteering roles for young people, often in partnership with local schools, colleges and the VCSE sector.

Workplace Health and Wellbeing

Lead: Nicola Corrigan

[Good work' workshop and Community of Practice \(CoP\)](#)

Following the success of a recent NEY workshop which focused on how employment practices and approaches can help to reduce health inequalities for both staff and people in some of our most vulnerable communities, a Community of Practice is to be developed to enable colleagues interested in improving access to good work to share ideas and learning. In order to express an interest in the CoP, please contact Ruth Crabtree via ruth.crabtree@nhs.net.

[Employment is for Everyone](#)

Come to the launch of 'Employment is for Everyone' on **Tuesday 14th June at Gulliver's Valley**.

At this event:

- Hear from market leaders who are already encouraging workplace diversity.
- Hear people's success stories.
- Consider solutions to recruitment issues.
- Help your business achieve its social value commitments.
- Get more information on supported internships and employment.
- Be a part of the Employment is for Everyone launch.
- Networking.
- FREE Lunch.

We are creating a movement across South Yorkshire to increase employment opportunities for autistic people and people with learning disabilities - and we want employers to be involved!

Together with our event partners Gulliver's Valley, RMBC/RiDO, and DFN Project SEARCH we believe we have some of the solutions to your problems and are holding an event on the 14th of June at Gulliver's Valley. **[BOOK HERE](#)**

Employment is for Everyone, Tuesday 14th June 2022, 9.30 am to 1.00 pm, Gulliver's Valley Theme Park, Mansfield Road, Sheffield, S26 5QW

If you have any questions or would like more information about the event, please contact:

- James@employmentisforeveryone.org.uk
- kylie@employmentisforeveryone.org.uk

[Inclusive Employment and People with a Learning Disability - Free Webinar 28 June 2022, 10:00 - 12:30](#)



To highlight the need to ensure that People with Learning Disability can experience the same benefits of paid employment that a 'good job' can bring, including increased income, improved wellbeing and greater life chances.

To advocate and showcase the many positive benefits people with a learning disability can make to their workplace when properly supported. To understand where reasonable adjustments can be applied to recruitment and selection processes in order to support equity of employment and inclusion.

To advocate for the actions needed to increased employment opportunities for people with a learning disability in Yorkshire and the Humber.



Prevention and Key Risk Factors

Team Lead: Scott Crosby

Addressing the broad individual, environmental, societal and commercial factors that influence and drive addiction and its consequences, to reduce inequalities and improve the health, safety, and well-being of our population.

Drugs, Alcohol and Homelessness

Lead: Andy Maddison

Alcohol – AHA seminar

In this session, Dr Laura Goodwin and Jo-Anne Puddephatt will present the latest findings from their Alcohol Change UK funded project. This project examines how UK population data provides insight into how alcohol use (and the association of mental health) differs across ethnic groups. They will also share preliminary qualitative findings regarding how experiences of alcohol use among ethnic minority groups relates to their experiences of seeking mental health support.

Addiction in the Punjabi Sikh community remains a very taboo subject. Jaz Rai will share how the Sikh Recovery Network is trying to break down some of those barriers. He will touch on how addiction is a family illness and the importance of supporting families.

The seminar will take place on Zoom at 2.00pm on Wed 29 June 2022 – you can book your place [here](#). Registrants will receive a link to join the seminar ahead of the event.



Commercial Determinants of Health & Gambling-Related Harms

Lead: Simone Arratoonian

Commercial Determinants of Health – Alcohol and HFSS

[New research](#) from Barker et al (May 22) in the Journal of Public Health indicates that reality TV shows are exposing young people to marketing of alcohol, HFSS foods, and smoking products. A study of programmes including 'Love Island', 'Made in Chelsea' and 'Married at First Sight Australia' shown in 2019/20 demonstrated that alcohol was shown in 39% across 212 episodes, and HFSS content in 13% of 234 episodes. Most seen brands were Peroni and Coca Cola.

This proportion of intervals with alcohol content was higher than in a previous study. More tobacco content and implied use was found in UK programmes than those from US or Australia; similarly, there were more intervals of any alcohol or HFSS content in UK-made programmes. In terms of exposure to the UK population of under-16s, the authors estimate that from 165 episodes, there were 9.6 million impressions of tobacco products, 197.3m impressions of alcohol products, and 136.6m impressions of HFSS products. As there is strong evidence to suggest this type of exposure increases adolescent use, this is a worrying observation.

The [Ofcom Broadcasting Code](#) protects under-18s from alcohol or tobacco use in children's programming, or those before the 9pm watershed/likely to be seen by children. There are further regulations in place restricting advertising HFSS foods around programming aimed at children ([ASA](#) and Ofcom) due to links with obesity. However, product placement of this type still occurs in prime-time TV and media, with related behaviour and imagery. Popular reality TV shows which appeal to a younger audience are not subject to the same controls as between-show advertising.

Alcohol Brands - NoLo placement in soap operas

[A blog](#) from Dr Alex Barker questions the placement of NoLo (no or low alcohol products) in popular soap operas, following an ITV deal for Emmerdale and Coronation Street pubs to feature Heineken 0.0 products on draught. Whilst Heineken believe this normalises use of such products as an alternative, Dr Barker is concerned about the confusion this may cause. One issue is that of alibi marketing – where a brand identity is promoted, thereby also promoting other brand products (in this case, alcoholic). Viewers may not note that the version being advertised is a no-alcohol option. Added to this is the question of whether it will be obvious that glasses contain a no-alcohol product, potentially still promoting alcohol consumption. Further monitoring and research in this area is required – especially as many soap operas appeal to children and are shown before the watershed during family TV viewing.

Commercial Determinants: Webinar on 'framing'

Join a webinar on 'How to talk about health' – by FrameWorks UK. This event on **Tuesday June 7th 2022, 14.00-15.00**, is an introduction to what framing is and its importance in our health communications, relevant to anyone working in the field of public health/health improvement. Book your ticket [here](#).

Commercial Determinants: Tobacco

Japan Tobacco International Nordic Spirit promotional activity



Some local authorities in England have recently been approached by an agency representing Nordic Spirit, a brand of tobacco free nicotine pouches produced by Japan Tobacco International (JTI). The agency has requested permission to hand out free samples and do promotional activity in high pedestrian traffic areas e.g. city centres and shopping centres. Similar approaches have been made in recent years.

If your local authority is approached on this matter, we strongly recommend you refuse permission and alert us of the approach.

As mentioned, Nordic Spirit is owned by the tobacco company JTI. All local authorities in England, along with all branches of government, have an obligation to limit relationships with tobacco companies and to refuse partnerships and non-binding or non-enforceable agreements with the tobacco industry under Article 5.3 of the [WHO Framework Convention on Tobacco Control](#) (FCTC), to which the [UK is a Party](#). This commitment is also reinforced in the [Local Government Declaration on Tobacco Control](#), signed by over 120 councils across England.

While the Nordic Spirit promotional requests state that free samples and marketing will only be directed at those who smoke and/or vape and who are over 18 years old, it is not clear how this can be guaranteed or monitored given the requests also state that representatives will be roaming independently at the given location.

Gambling-related harms - advertising

A webpage, blog post and three online casino advertisements from PlayOJO in September last year came under [ASA scrutiny](#) in May. The website detailed a 'Hot or Cold' feature informing players how much money had been paid out on their online slots and casino games, and those which had not paid out for a period. Complaints were made that this misled customers about predicting future success of certain games. The company explained that this information was provided to allow players to see the least and most profitable games based on activity ('hot' games paid out more than was taken; and 'cold' had taken more than was paid out). The use of Tarot in the advertising was to give the impression that a fortune teller could cheat by using the app to check 'hot' or 'cold' features.

The ASA (Advertising Standards Authority Ltd) upheld the ruling in part against 'Skill on Net Ltd'; it stated that 'choose your destiny' gave the impression that the feature could help predict the outcome, and that customers could control their luck. The ASA judged that the extra information given was not strong enough to dissuade customers of this impression.

Gambling-related harms – youth education

A recently published [analysis of UK gambling youth education programmes](#) which derive their funding from industry found that the content tends to align with narrative promoted by the gambling industry (Schalkwyk et al, 2022). The resources in question include those funded by GambleAware, GamCare and the Young Gamers and Gamblers Education Trust.

As with other industry-funded youth resources designed to [educate around alcohol](#), the focus is on individual control and 'responsibility' for impulses, purporting that there is a safe way for anyone to take part, normalising consumption. By the same token, this understanding serves to increase stigma and shame for those who are affected, implying that negative impacts are uncommon. This framing overlooks the addictive nature of products and the way they are marketed and promoted, thus ignoring any responsibility of industry to protect people from harm. The authors assert that the



promotion and use of such training materials serves to undermine evidence-based action to prevent and reduce gambling-related harm.

Gambling - regulatory action

[Gambling Commission investigations](#) during May this year resulted in two online gambling businesses receiving fines totalling £675,000. Jumpman Gaming Ltd runs 243 websites and will pay £500,000 for failing to review customer losses in excess of average UK income; and not following own policies when triggers to action were met, thus failing to prevent further harmful gambling activity.

Progress Play Ltd runs 201 websites and will pay more than £175,000 for failing to apply its own Source of Funds policy, failure to review SOF information and lack of diligence preventing continued gambling following triggers for action.

Tobacco Control: Smokefree 2030

Lead: Scott Crosby

World No Tobacco Day (31st May)

Public facing: ASH and Breathe 2025 is supporting the World No Tobacco Day theme by doing PR and social media activity on the environmental impact of tobacco. This is our public facing approach.

Also please see this powerful and [thought-provoking film](#) released and promoted by WHO in support of the day this year.

Further information available on the 'Poisoning our planet' theme [here](#).

Professional facing: A key focus of our activity around World No Tobacco Day is the NHS strand of work – highlighting the key role health professionals have in prompting quit attempts.

Link for toolkit now here: <https://ash.org.uk/wp-content/uploads/2022/05/World-No-Tobacco-Day-toolkit-FINAL.pdf>

ASH report on smoking and social housing

ASH and the Housing Learning and Improvement Network (LIN) have published a new joint report [Smoking and social housing: Supporting residents, addressing inequalities](#)

Smoking rates among social housing residents are some of the highest in England – around 1 in 3 adults living in social housing smoke, compared to 1 in 10 who own their home and 1 in 7 in the general adult population.

This collaboratively produced report:

- Outlines the case for reducing rates of smoking in the social housing sector as part of social landlords' health and wellbeing activity.
- Aims to equip the social housing and public health sectors with the information required to collaboratively progress action on smoking and improve the support available to residents who smoke.



- Makes recommendations to social housing providers, local government public health teams and the NHS, and to central government.

The report includes forewords by Jeanelle De Gruchy, the Deputy Chief Medical Officer for England and Joint lead for the Office for Health Improvement and Disparities (OHID), and Martyn Hale, Director of Care and Support at Citizen Housing.

Tobacco Briefing - new elected members

A new resource to support the briefing of newly elected councillors on the importance of comprehensive tobacco control:

The [briefing](#) sets out:

- The context of the 2022 local elections and the importance of briefing new councillors
- The 5 key points new councillors need to know
- Further helpful resources and information



Health and Wellbeing Across the Life Course

Team Lead: Alison Iliff

Ensuring that our children have the best start in life and are ready to start school, that our young people are supported so they enter adulthood physically and mentally resilient, ready to start work, that adults are able to secure and maintain a good job and a home, and that older adults have fulfilling, productive and connected lives.

Healthy Ageing

Lead: Alison Iliff

New resources on Falls and Vision impairment from the National Falls Prevention Coordination Group (NFPCG)

The National Falls Prevention Coordination Group has developed a suite of [new resources](#) to help reduce the incidence of falls related to vision-impairment in older people. The aim is to promote the importance of good eye health and vision with healthcare and Eye care professionals and increase the uptake of eye examinations by the public. The resources include a 'how to' [video](#) to support the use of the Royal College of Physicians [Bedside Vision tool](#) for hospital inpatients and the care sector, posters for waiting areas and letters/information sheets for Healthcare professionals and Eye care professionals and guidance from the College of Optometrists on [The importance of vision in preventing falls.](#)

Summary of links and resources produced by the NFPCG:

- 0) *RCP Bedside Vision Check video*



A [Video](#) has been produced on the use of the Royal College of Physicians (RCP) [Bedside vision assessment tool](#). This video developed by the School of Health Sciences at the University of Liverpool demonstrates how the RCP 'Look out! Bedside Vision Check for falls prevention is used with patients admitted to hospital. In this video, you will see a ward nurse conducting the bedside vision check in a few minutes with a patient and document the findings from the check.

- 1) [Posters](#) for Eye Care professionals and other Healthcare professionals:
These are different versions of the poster (as PDFS). For example there is one that can be printed and placed in a waiting area of an Optical practice to raise awareness about falls prevention in their older patients or members of the public. It directs people to talk to the eye care professional if they have had a fall, so that vision can be assessed in light of this (with particular reference to contrast sensitivity, depth perception, visual field, cataracts and visual acuity) and a discussion about how local falls services may be able to help with other risk factors and offer potential solutions. Other versions of the poster are for community-based health professionals such as Pharmacists or Healthcare professionals in [GP practices](#) or for display in community buildings that may be regularly accessed by older people (click on Tags link to access)
- 2) [Letter for Healthcare professionals and Eye care professionals](#)
A brief letter for Healthcare professionals and Eye care professionals from the NFPCG detailing two simple things they can do to support customers or patients with visual impairment who might be at risk of a fall. It also covers the main areas of vision impairment that might lead to an increased risk and how to find the local falls services to direct members of the public or patients to if they want more support to reduce their risk of falls in the future.
- 3) [The importance of vision in preventing falls](#) (a report from the College of Optometrists 2020)

Other resources for eye health professionals:

- a) *Thomas Pocklington 'Eyes Right' Toolkit*
An [instructional video](#) (5 mins) to go with Bedside vision assessment tool. This tool is designed to screen near and distant vision at high and low contrast. It can be used by anybody, and particularly useful for use in community settings.
- b) Health Innovation Network (HIN) South London, [VISIBLE resource](#) (Vision Screening to Improve Balance & Prevent Falls)
- c) Guidance document from Public Health England: [Preventing falls in people with learning disabilities: making reasonable adjustments](#)
- d) Vision Rehabilitation Services may be accessible through local councils



- e) National Eyecare hub on the Future NHS collaboration [platform](#), which is freely available.

Public Facing Resources:

- a) College of Optometrists-[Falls prevention / Looking after your eyes](#)
- b) Thomas Pocklington Trust-[About sight loss](#) and [Useful Guides](#)
- c) Royal National Institute of Blind People (RNIB)-[Sight loss advice service](#)

Webinar: Personal Interventions in Care Homes - Margaret Butterworth Care Home Forum

The second Margaret Butterworth Care Home Forum will have the theme **Personal interventions in care homes**. MBCHF is a forum for discussion and learning focused on dementia care in communal settings such as nursing homes, care homes and extra care housing.

The webinar will be on Wednesday the 22nd of June 2022, from 2.00-4.00 and will include two speakers:

- Dr Sue Woodward, senior lecturer in Adult Nursing at King's College London, will be presenting on "Preventing Incontinence Associated Dermatitis – an overview of current research".
- Katy Kerr, Associate Postgraduate Dental Dean Workforce Health Education England SE, will present on "Oral health and dementia for people living in care homes"

We will have time for questions and discussions after each presentation. Once you have registered on Eventbrite, you will receive the Zoom-link a few days before the webinar. Register for the webinar on [Eventbrite](#).

Calling all those who work in Social Prescribing services that provide support for older adults (anyone aged 50 and above)

As part of a PhD in Psychology at the University of Surrey funded by the ARC KSS, we are investigating the current and ongoing impact of the Covid-19 pandemic (from March 17th 2020) on Social Prescribing (SP) services which provide support for older adults, from the perspective of those who work in SP. To achieve this, an online survey has been developed which will take approximately 30 minutes to complete. We are recruiting participants who fit into one of the three groups:

1. You work within an organisation/service that provides SP for older adults.
2. You are a SP Link Worker (or Community Navigator – which they are sometimes called) who works directly with older adults to develop their social prescription.



3. You work within the Voluntary, Community Faith and Social Enterprise Sector (VCFSE) for an organisation that provides the social prescription for older adults which a Link Worker refers to.

To participate, you must also work with older adults in your job role and have worked within SP before AND during the Covid-19 pandemic. Your participation is completely voluntary but if you wish to take part, please complete this [form](#).

Contact Details:

Researcher: rachel.lawrence@surrey.ac.uk

Principal Supervisor: kimberley.j.smith@surrey.ac.uk

Long Term Conditions inc NHS Health Check and CVD

North of England *Diabetes is Serious* event. 21st June, 10-11.30

There are now over 1 million people diagnosed with diabetes across the North of England and yet only 34% of those people are getting the care they need.

The last two years have posed many challenges for our community, as people with diabetes across the UK have faced an uphill struggle to get the care they need. We have warned that despite the tireless efforts of the NHS through the pandemic, many people living with the condition are still struggling to access the care they need, putting them at risk of serious complications, which can lead to premature death.

After the launch of Diabetes UK's report into diabetes care published last month, Diabetes UK is holding a free **online event on Tuesday 21st June 2022** alongside Bradford District and Craven Health and Care Partnership.

Hosted by Sir George Howarth MP for Knowsley and Chris Askew OBE, Chief Executive of Diabetes UK, the event will bring together healthcare professionals and decision makers, alongside people living with and affected by the condition from across the region, as we highlight the devastating impact diabetes is having in our communities.

Our aim is to draw together ideas and some of the great work already happening across our region as we look to what the next steps are for recovering diabetes care in the North.

Register [here](#) for free.

Physical activity and long term health conditions resources.

The Richmond Group of Charities has been working with Mind, Parkinson's UK, MS Society and Sport England to tackle physical inactivity amongst people with long term health conditions. They've delivered a number of projects, developed insight and synthesised the findings into an **Evaluation Report** that you can find [here](#).



In the report you'll find what works to support people with long term conditions to be active, what some of the barriers are, and how they collaborated to deliver greater impact. There are a number of different recommendations for anyone funding, developing, delivering, and evaluating physical activity behaviour change projects for people with long term conditions.

There is also a suite of **Physical Activity and Long Term Conditions Resource Packs** aimed at:

- the health and care [workforce](#)
- health and care [organisations](#)
- and the [sports and physical activity](#) sector

The packs include:

1. four ways to make a difference and help people with long term health conditions be more active
2. a summary of useful statistics and essential information about physical activity and long term health conditions including why it's important to engage with this issue and how supporting people to be active can help organisations
3. tailored resources and case studies that give examples of how to act upon the information in practice.

For more information on the report and resource packs contact the [Richmond Group](#).



Inclusion Health

Leads: *Cathie Railton*

Sexual Health Impacts Across the Life Course

Yorkshire and the Humber Sexual Health Facilitator: Georgina Wilkinson

Sexual Health Profile update - reproductive health and teenage pregnancy indicators

The Sexual Health Profile has been updated with the most recent data within the [Reproductive Health](#) and [Teenage Pregnancy](#) sections:

- Ectopic pregnancy admissions rate
- Pelvic inflammatory disease (PID) admissions rate
- Under 18s conceptions rate
- Under 16s conceptions rate
- Under 18s conceptions leading to abortion (%)
- Under 18s birth rate

Shigella trends in England – webinar recording

- In April, HIV Prevention England hosted a webinar with colleagues from the UK Health Security Agency (UKHSA) and the British Association for Sexual Health and HIV (BASHH). You can watch a video of the webinar [here](#).



Opt-out HIV testing in Emergency Departments (ED)

HIV Prevention England have worked with the Elton John AIDS Foundation to produce new guidance for NHS hospital trusts looking to implement opt-out ED HIV testing. This new resource outlines practical guidance learned from the SIB, focusing on ED HIV testing initiatives at King's College Hospital NHS Foundation Trust and Lewisham and Greenwich NHS Trust. The guidance includes:

- Top tips from ED and HIV clinic teams.
- Learning from the Zero HIV SIB.
- Case study on implementing HIV testing in ED settings.
- Practical examples of tools and advice, including processes of communicating HIV test results.

More information available [here](#).

Evidence Briefing: What evidence is there about the effectiveness of digital interventions for sexual health?

- Details of this recent evidence briefing can be found [here](#).

Voluntary, Community & Social Enterprise (VCSE) Health and Wellbeing Fund 2022 to 2025: women's reproductive wellbeing in the workplace

- The fund aims to support VCSE organisations who can provide a holistic support offer to assist women experiencing reproductive health issues in the workplace. The Fund is managed by Department of Health and Social Care (DHSC) and NHS England and NHS Improvement (NHS EI). Funding of between £200,000 to £600,000 per applicant is available over a period of three financial years. The closing date for applications is 9:00 Friday 5 August. Further details [here](#).

Re-procurement of the National HIV and Syphilis Self-Sampling Service - market engagement

- DHSC OHID are progressing with the re-procurement of the National HIV and Syphilis Self-Sampling Service and a period of market engagement has now commenced. Suppliers are invited to comment on the draft specification and requirements in advance of the 5pm, 1st June deadline. Further information about the market engagement exercise including links to view / download the draft specification and the market engagement questionnaire is [here](#). Additional information about the procurement can be found [here](#).

BHA for Equality – Your Guide to Contraception booklets in languages other than english

Your Guide to Contraception is a comprehensive booklet designed to reflect Black, Asian and Ethnic Women's, information needs, as access to information on



contraception is key to support women make positive choices about their sexual health and reduce health inequalities. The booklet was developed taking into consideration the beliefs, concerns, cultural and religious perspectives of BAME women explored in different focus groups. The booklet has been translated into Arabic, French and Ukrainian – details [here](#).

Migrant Health

HWB Team Lead: Cathie Railton

ASYLUM SEEKERS

Independent Chief Inspector of Borders and Immigration's [report](#) following the inspection of contingency asylum accommodation

The inspectors visited 20% of the hotel estate including 6 sites run by Mears in North East, Y&H and Northern Ireland. There are some interesting findings and recommendations which include:

- Providers are mostly delivering in line with contractual standards.
- The report found that the Home Office failed to consult with local authorities prior to new hotels being set up and should improve consultation with local authorities regarding sites and to facilitate integration and wraparound support.
- A review of the AIRE/AASC contracts in particular around service user volume caps, KPIs etc is recommended.
- The development of a system to record, monitor and share safeguarding incidents reported in contingency sites is needed.
- Better forecasting and preparations for increases in asylum intake must be developed.
- Home Office must redesign its plans to end hotel use with more realistic targets set than previously and this includes more realistic targets for DA procurement.

The Home Office has [accepted](#) all of the Inspector's recommendations and has responded to each recommendation. Of note the Home office has confirmed the following:

- Home Office is working on a new Asylum Support and Contracts Engagement Strategy which will set out how they engage with Local Authorities and other key partners. New SOPs around procurement of contingency sites and DA are also to be developed.
- Home Office will launch an 8 week consultation with LAs to shape a new procurement model with more emphasis on regional/local autonomy.
- The new full dispersal plans and restructuring of asylum system are cited as part of the solution to ending hotel use.

City of Sanctuary, Ripon talking about plans for the new site for asylum seekers in North Yorkshire



[The new camp in Yorkshire is a really bad idea. Here's why... \(cityofsanctuary.org\)](#)

Equality impact assessment of the Migration and Economic Development Partnership with Rwanda

This Home Office publication, published on 9th May, includes analysis of how the proposed asylum seeker scheme with Rwanda may affect groups with particular protected characteristics. There are also updated country policy and information notes for Rwanda available [here](#).

UKRAINE

Trauma Treatment International resource

This [is a link](#) to a resource aimed at hosts and how to spot trauma in those who have fled Ukraine.

Data

[There have been around 135,000 applications and 60,000 arrivals for the Ukraine schemes as of 24th May 2022](#), indicating only 44% of applicants have already arrived.

[4,105 applications and 1,951 arrivals have been linked to Yorkshire and Humber from the Homes for Ukraine sponsorship scheme](#), making up 6% of UK totals. This indicates 47% of applicants have already arrived. The largest number of applications and arrivals are linked to North Yorkshire, Leeds, Sheffield, East Riding and Bradford.

[Asylum applications increased in the latest quarter from Ukrainian \(19 to 241\) and Russian \(76 to 108\) nationals](#)

Homes for Ukraine data at LA level (Y&H) and also sub regional (NY, Humber, SY, WY) now available weekly

Migration Yorkshire have developed a dashboard to enable stakeholders to access information on numbers. When you click on the link, if you go into the 'Homes for Ukraine sponsorship scheme' and click on the circle with the 4 dots in the corner it takes you to more detailed data. This is updated each week so you can monitor numbers to inform your work. [Ukraine \(arcgis.com\)](#).

Updates to the Migrant Health Guide

The [Ukraine page](#) of the Migrant Health Guide has been updated to include information on the resettlement schemes and latest migration statistics based on Census 2021 data. TB incidence data has also been updated.

Letter for libraries to welcome Ukrainians

Libraries Connected has developed a letter for libraries to use for supporting new arrivals from Ukraine to access public libraries.

Human Trafficking Foundation [resources](#) for Ukrainian nationals and hosts



RESEARCH/GUIDANCE

[Mental health of migrants with pre-migration exposure to armed conflict: a systematic review and meta-analysis \(thelancet.com\)](#) Lancet Public Health 2022; 7: e469–81

[How can social prescribing better support migrant women's health and wellbeing? | The King's Fund \(kingsfund.org.uk\)](#) 20 May 2022

[Initial health assessments for newly arrived migrants, refugees, and asylum seekers, BMJ](#)

This article outlines how primary care services and multidisciplinary teams can meet the initial healthcare needs of newly arrived migrants

Improving inclusion in health and care research: reflections and next steps

Health Services Research UK (HSR UK) came together with the Health Foundation, the Nuffield Trust and The King's Fund to develop this [report](#). It discusses how research should involve the people and communities it affects from start to finish and provides some useful examples of how to do that.

General Updates:

ONS data, Quarter 1 2022 ONS data summarised for YH

Migration Yorkshire have very helpfully published the ONS immigration statistics summary a little differently this quarter. Follow this [link](#) for key trends from the most recent release.

June is Gypsy, Roma and Traveller history month

[Leeds GATE](#) are running some events for Gypsy, Roma and Traveller Communities to attend. For further information and publicity materials contact Please see attached for circulating in your networks.

Modern slavery, GLAA

GLAA have some helpful resources that you can download - www.gla.gov.uk/publications/resources

University Scholarships

Over 70 universities offer scholarships, bursaries and fee waivers for people who have claimed asylum in the UK. [STAR have helpfully compiled them all here](#). The Open University have just launched a new scholarship for students from a sanctuary seeking background. [Find out more here](#).

Aston University in Birmingham also have just launched a new scholarship program. [See here for more details](#).

Employment Opportunities: New Site

Chatterbox is a brand new site aiming to connect marginalised talent with employment opportunities. [See it here](#).



Words Matter: Migrants and Migration

Migrants' Rights Network have put together [this useful guide](#) on how language shapes the narrative around migration, and what we can do to stand up against harmful rhetoric.



Data, Documents, Letters, Reports and General Information

Inclusive Employment and People with a Learning Disability - Free Webinar 28 June 2022, 10:00 - 12:30

We are delighted to offer the following webinar on **Inclusive Employment and People with a Learning Disability**, I would be grateful if you could cascade this offering within your teams and your local system as appropriate.

Key Speakers include:

- **Rachael Harrison, Peoples Champion**, Office for Health Improvement and Disparities (OHID)
- **Debs Harkins, Director of Public Health (DPH)** for Calderdale and Lead DPH for 'Promoting inclusive and sustainable economies'
- **Rob Webster, CEO Designate**, West Yorkshire ICS
- **Peter Kelly, Regional Director**, OHID North East and Yorkshire
- **Steve Adams, Head of Contracted Provision Team**, Disability Work and Opportunities Division, Department for Work and Pensions (DWP)
- **Becki Bateson, WorkFit Employment Development Officer**, Down Syndrome Association
- **Charlie Ball, Marshall Wilson and Jodie Bradley**, Speakup Self Advocates
- **Kez Hayat, Head of Equality, Diversity and Inclusion**, Bradford Teaching Hospitals NHS Foundation Trust
- **Ian Gillespie, Mentor and Tommy Patrick**, GXO Logistics

Aims and Objectives:

To highlight the need to ensure that People with Learning Disability can experience the same benefits of paid employment that a 'good job' can bring, including increased income, improved wellbeing and greater life chances.

To advocate and showcase the many positive benefits people with a learning disability can make to their workplace when properly supported. To understand where reasonable adjustments can be applied to recruitment and selection processes in order to support equity of employment and inclusion.

To advocate for the actions needed to increased employment opportunities for people with a learning disability in Yorkshire and the Humber.



Audience

This webinar will be of interest to Public Health Professionals, HR leads, Diversity and Inclusion leads, Disability rights/Advocacy groups, Social teams, Clinical Commissioning Groups, Integrated Care Systems, Department for Work & Pensions, Local Enterprise Partnerships, Combined Authorities, Local Authority Economic Development teams and frontline services for work and health.

Online Booking

[Click here](#) to book. Please don't hesitate to contact if you have any difficulties using the booking system.



UKHSA Bulletin: Highlights

Issue May 2022

Monkeypox Cases

UKHSA is investigating a number of cases of monkeypox in England.

UKHSA has detected 7 additional cases of monkeypox in England. The latest cases bring the total number confirmed in England since 7 May to 77, as of 24 May.

Public Health Scotland confirmed on Monday it had identified one monkeypox case, taking the total cases identified in the UK to 78.

As of 24 May, no cases have been identified in Wales or Northern Ireland. Despite further cases being detected, the risk to the UK population remains low.

Anyone with unusual rashes or lesions on any part of their body should immediately contact NHS 111 or their local sexual health service – please phone ahead before attending in person.

A notable proportion of the cases identified to date have been among people who are gay, bisexual and men who have sex with men (MSM), so we are asking these groups in particular to be aware of the symptoms, particularly if they have recently had a new sexual partner.

All updates from UKHSA will be published via the rolling news story, where you'll also find the latest case numbers [here](#).



Early years and schools settings are reminded of the latest 'Health Protection in schools and childcare facilities' guidance.

- HSE Midlands are very keen for UKHSA in the East and West Midlands to promote the general guidance on schools on HP issues - <https://www.gov.uk/government/publications/health-protection-in-schools-and-other-childcare-facilities>

Meningococcal awareness - 'Save a Life' campaign

As the summer terms gets underway for university students, it is important that they are reminded of the signs and symptoms of meningitis and septicaemia and that the MenACWY vaccine is available to them up until their 25th birthday.

The vaccine is very effective in preventing cases of Meningitis A,C,W and Y disease but does not protect against other types of meningitis, like MenB, so it is important to know the signs and how and when to seek help if someone is ill.

The UKHSA has produced a range of posters, [stickers](#) and other visual resources that can be downloaded or ordered via the [health publications website](#) to be used in education, recreation and student accommodation settings. We know that having these resources visible has already saved lives and we ask that these assets are shared widely and made as visible as possible to young people.

We have produced a [leaflet](#) that explains in more detail how to place your order for resources

Increase in hepatitis (liver inflammation) cases in children under investigation

UKHSA has published a second detailed technical briefing on the investigations into a rise in cases of sudden onset hepatitis (liver inflammation) in children, with data and findings on cases resident in the UK.

Information gathered through the investigations increasingly suggests that the rise in severe cases of hepatitis may be linked to adenovirus infection, but other causes are still being actively investigated.

Parents and guardians should be alert to the signs of hepatitis (including jaundice) and to contact a healthcare professional if they are concerned. Normal hygiene measures such as thorough handwashing (including supervising children) and good thorough respiratory hygiene, help to reduce the spread of many common infections, including adenovirus.

Children experiencing symptoms of a gastrointestinal infection including vomiting and diarrhoea should stay at home and not return to school or nursery until 48 hours after the symptoms have stopped.



The latest on case numbers can be found [here](#).

In light of this incident, as well as a rise in other childhood infections, education and childcare settings are reminded of the Health Protection in education and childcare settings guidance, which was updated in April and provides advice on infection prevention and control measures that apply to all infections.

COVID-19:

Surveillance

Every Thursday, at 2:00pm UKHSA publish our weekly COVID-19 surveillance reports. These reports summarise the surveillance of influenza, COVID-19 and other seasonal respiratory illnesses, including, weekly findings from community, primary care, secondary care and mortality surveillance systems. [Read the latest report here.](#)

Transmission Statistics:

You can find more information about the R value range and growth rate [here](#).

Variants of concern:

Every Friday, we publish weekly case numbers for all COVID-19 variants in the UK. The latest data on Variants of concern or under investigation data can be found [here](#).