



Office for Health
Improvement
& Disparities

Yorkshire and the Humber Monthly Update

Issue: 79, June 2022

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Welcome to the Yorkshire and Humber Health and Wellbeing monthly update. Thank you for subscribing to the monthly update. This monthly update is our way of sharing any good and emerging practice, new developments, updates and guidance. The update is circulated at the beginning of each month with previous month's updates.

If we have anything that needs to be shared urgently, we will circulate as soon as possible.

If you no longer wish to be subscribed, would like to update your details or request for anyone to be added to the mailing list, please contact Y&H Business Support: tyler.leech@dhsc.gov.uk



Healthy Places and Sustainable Communities

Team Lead: Nicola Corrigan

The impact of the environmental determinants of health on our lives are far reaching. By considering how the places in which we live, work and play impacts on our health and the inequalities that exist, we can support health improvement for our populations.

Whole Systems Obesity inc. Adult Weight Management

Lead: Nicola Corrigan

[Small area associations between breastfeeding and obesity](#)

Experimental analysis of the relationships between breastfeeding and child and maternal weight at small geographical area level.

[Whole Systems Approaches to promote healthier weight conference, 19 May 2022 | Local Government Association](#)

Presentations from this event are now available on the LGA website

Healthy Places

Lead: Karen Horrocks

Webinar: Behavioural Insights Consortium: sustainable travel and health inequalities

This [webinar](#) is about how we can use behaviour change techniques in council services to work with communities to change their behaviour.

Evaluation of Low Traffic Neighbourhood (LTN) impacts on NO2 and traffic

This [study](#) found that found that LTNs have the potential to reduce air pollution and traffic in target areas, without necessarily causing displacements in surrounding streets.

Planning Advisory Service workshops on Environmental Assessment

PAS are holding a [series of workshops](#) to gather views from councils on the current system of environmental assessment.

Recording Available: Conservation Covenants for Local Authorities

PAS, DEFRA and Natural England hosted [two events](#) on conservation covenants for local authorities in June 2022. Defra provided an overview of conservation covenants, whilst Natural England ran through work, they are undertaking to become a 'responsible body'. Slides and a recording are now available.

National Model Design Code Pilot Programme Phase 1: lessons learned

Following the work of the 14 LPAs in the National Model Design Code Pilot Programme, DLUHC have published the [monitoring and evaluation of their testing](#). Conducted by



University College London, it draws out lessons to help local councils and communities set standards around design.

Homes England summer learning programme for Local Government

A series of [events](#) for local government aimed at supporting an increase in the delivery of housing-led developments.

Health benefits from recreation and natural capital

This [statistics bulletin](#) estimates the health benefits gained from nature-based recreational activities.

MECC Link: Nature and Green Spaces

MECC Link is a simple but flexible [Very Brief Intervention and signposting tool](#) that has been carefully designed to support an approach to positive behaviour change. The nature and green spaces tool has a range of useful prompts and resources.

20 Minute Neighbourhoods: Webinar recording available soon

The recording of the [webinar](#) will be on the Town and Country Planning Association website [here](#) soon. They will use their social media channels to let people know when it is live – follow @theTCPA and @TCPAhealth.

White paper: A Fairer Private Rented Sector

This [white paper](#) outlines the Government's approach to improving the Private Rented Sector (PRS)

Anchor Institutions

Lead: Ruth Crabtree

Recording Available: Community Centred Approaches for Anchor Organisations

A [recording and slides](#) from this excellent regional workshop are now available

Food, Food Insecurity and Nutrition

Lead: Nicola Smith

[PH Approaches to Changes in Cost of Living - Building Food Resilience Tickets, Wed 6 Jul 2022 at 10:00 | Eventbrite](#)

There is still time to sign up to the Healthier Resilient Food Systems Webinar next Wednesday 6th July. Speakers will present practical solutions to reduce the impact on health as a result of the cost-of-living increase, and explore the inequalities experienced and disproportionate impact on health outcomes due to food insecurity.



Physical Activity and Community Based Approaches

Lead: Nicola Corrigan & Karen Horrocks

[New System Impact Video from Essex Local Delivery Pilot](#)

Essex Local Delivery Pilot has shared a powerful video demonstrating their System Impact. It showcases how the LDP is hardwiring physical activity in a variety of systems and organisations to ensure inactive people living in disadvantaged communities can enjoy the many benefits of an active lifestyle.

[International Mixed Ability Sport online learning platform](#)

This free and accessible course will introduce you to the Mixed Ability model. It will explore how the Mixed Ability model developed, how it works and the impacts it has on those involved.

[Annual Disability and Activity Survey.](#)

The national charity and leading voice for disabled people in sport and activity, Activity Alliance, releases the latest Annual Disability and Activity Survey. It shows slow progress in engaging more disabled people after the COVID-19 pandemic. Greater effort is needed now to tackle inequalities that affect disabled people, so no one feels forgotten.

This year, they've also got supporting videos for the recommendations from disabled people talking about their own lived experiences. [You can watch these videos on our YouTube playlist.](#)

Sport England's Active Design Guidance – Help shape an updated version

Active Design is Sport England's design guidance focussing on ensuring the places where people live, work, and enjoy can promote regular physical activity in daily life, through walking, cycling, informal or formal sport and other means. Sport England would really like to hear your thoughts on its [Active Design guidance](#) to help it shape an updated version by completing an [Engagement Questionnaire](#)

Health inequalities and data tools aimed at community champion programmes.

A number of [training videos, recorded webinars and links to resources](#) are available to support community champions to understand health intelligence and use key health intelligence tools to understand the impact of COVID.

Healthy Communities Together: A reflective Learning Framework for Partnering

This [framework](#) is based on insights from the early work of the Healthy Communities Together partnerships programme

Community-centred and asset-based approaches practice examples

This is a [collection of case studies](#) and practice examples.

Case studies are still needed for Yorkshire and Humber community champions programmes please contact karen.horrocks@dhsc.gov.uk to find out more.



Prevention and Key Risk Factors

Team Lead: Scott Crosby

Addressing the broad individual, environmental, societal and commercial factors that influence and drive addiction and its consequences, to reduce inequalities and improve the health, safety, and well-being of our population.

Commercial Determinants of Health & Gambling-Related Harms

Lead: Simone Arratoonian

Commercial Determinants of Health: Healthier and Fairer Futures

In June a film introducing the commercial determinants of health was released on behalf of the Y&H ADPH Healthier and Fairer Futures programme. Please watch and share with any colleagues who have an interest in improving health and let us know how you have used it. It is also available from the YHPHN pages.

A website to support and guide work practice on this issue in relation to key health priorities (tobacco, gambling, food and alcohol) is also in development. Relevant communities of improvement (CoI) groups will inform and shape this resource – look out for opportunities to get involved in the near future.

Commercial Determinants of Health: Food advertising

From February this year, in case you missed it, you can find the 'Healthier Food Advertising Policy Toolkit' published by Sustain available online for download.

Gambling-related harms: Kings College seminars

If you missed the latest seminar gambling-related harms from King's College, London, you can still watch this informative presentation on 'Women and gambling harms' from 8th June. Find other themed seminars here developed as part of an NIHR Research for Social Care funded study.

Online gambling study: NatCen

Earlier in June, NatCen (National Centre for Social Research) released the 'Patterns of Play' report (commissioned by Gambleaware) looking at online gambling patterns in Great Britain between 2018-19 – in terms of participation and spend, using data from seven major gambling operators. This demonstrated an overrepresentation of gaming accounts from the most deprived areas (29%), and over 90% of revenue came from the 20% who staked the largest amounts; those with the highest spend unsurprisingly were more likely to be experiencing problems whilst finding it difficult to reduce their online gambling.

Recommendations included more awareness raising around risk of casino and slots online due to their relationship to gambling harms, more monitoring of play and initiation of customer contact by operators, awareness of gender differences in patterns of play. Nothing



was noted relating to initial availability or promotion of gambling which might prevent initial harms occurring

*GambleAware is a grant-making charity commissioning prevention and treatment services it is funded almost entirely from the gambling industry.

ADPH & FPH statement on approach to protection from gambling harms

Circulated recently for your information was a statement released jointly by the Y&H Association of Directors of Public Health and the Faculty of Public Health setting out a public health approach to 'Protecting the public from being harmed or exploited by gambling and the gambling industry'.

Greg Fell, Vice President of Y&H ADPH, and Professor Maggie Rae, President of the FPH, have also written to the Rt Hon Chris Philp MP (Parliamentary Under Secretary of State – Minister for Tech and the Digital Economy) to this effect; timely given the imminent publication of the Gambling Act review.



Health and Wellbeing Across the Life Course

Team Lead: Alison Iliff

Ensuring that our children have the best start in life and are ready to start school, that our young people are supported so they enter adulthood physically and mentally resilient, ready to start work, that adults are able to secure and maintain a good job and a home, and that older adults have fulfilling, productive and connected lives.

Healthy Ageing

Lead: Alison Iliff

Webinar: Complex Emotional Needs in Older Adults. 21st July 2022, 2.00-3.30pm

There is a lack of recognition of the distress and support requirements resulting from complex emotional needs (commonly referred to using the term 'personality disorder') in older people. The assumption that needs remain the same as the individual ages allows the neglect of older people's complex emotional needs to persist.

This webinar, chaired by Dr Amanda Thompsell, National Specialty Advisor for Older People's Mental Health, NHS England & NHS Improvement, will introduce a number of recommendations for services to ensure that access to appropriate care and support and associated resources and planning are enabled for older people with complex emotional needs. Register to attend the webinar [here](#).

What should happen if you or someone you know experiences a fragility fracture? A patient and carer resource



The Royal College of Physicians (RCP) has recently published a resource aimed at patients and carers for the Fracture Liaison Service Database (FLS-DB). The [patient and carer panel](#), who advise the Falls and Fragility Fracture Audit Programme (FFFAP) helped develop the resource to inform members of the public who have experienced a fragility fracture what level of care they should expect to receive based on three key findings from the [FLS-DB 2022 annual report](#).

'What should happen if you or someone you know experiences a fragility fracture?' is available [here](#).

Sexual Health Impacts Across the Life Course

Yorkshire and the Humber Sexual Health Facilitator: Georgina Wilkinson

It Starts With Me campaign launched

[HIV Prevention England](#) have launched the summer [It Starts With Me](#) campaign, this will focus on raising awareness of HIV and sexually transmitted infections (STIs), alongside HIV and STI prevention strategies. Free resources are available [here](#), along with a [social media pack](#).

HIV Prevention England Conference – 30 September 2022

This free conference will take place in London on 30 September, details [here](#). The call for abstracts is open, and registration will open on 4 July 2022.

NICE guidance: Reducing sexually transmitted infections (NG221)

This guidance has now been [published](#). The guideline covers interventions to prevent sexually transmitted infections (STIs) in people aged 16 and over. It aims to reduce the transmission of all STIs, including HIV, and includes ways to help increase the uptake of STI testing and vaccines for human papillomavirus (HPV) and hepatitis A and B.

Re-procurement of the National HIV and Syphilis Self-Sampling Framework

DHSC OHID are progressing with the re-procurement of the National HIV and Syphilis Self-Sampling Service and a tender has now been [published](#). Suppliers are invited to submit bids by 5th August. The aim is to have the new service in place by 1 Jan 2023. Note that the new service will include the introduction of HIV self-testing.

Monkeypox

An epidemiological overview of the current monkeypox outbreak in the UK is regularly updated and published [here](#). Technical briefing documents on the investigation into cases of monkeypox in England can be found [here](#). All guidance documents can be found [here](#). A stakeholder communications pack has been produced and is being updated regularly, this includes details of campaign material.



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Stakeholder Pack 27

Under-18 Quarterly conceptions – Q1 2021

The under 18 quarterly conceptions for Q1 2021 (January to March) have been [published](#). The rate for England in Q1 2021 was 12.0 conceptions per 1,000 15–17-year-old females. For England as a whole, comparing Quarter 1 2021 with Quarter 1 2020, there has been a decline from a rate of 15.1 per 1,000 15–17-year-old females in 2020 to 12.0 in 2021. This is a 20.5% reduction and is a continuation of the long-term decline in U18 conception rates.

Abortion statistics for England and Wales: 2021

The statistics and commentary on abortions carried out in 2021 have been published [here](#). This includes numbers and rates broken down by LA and CCG area within the data tables.



Inclusion Health

Lead: Cathie Railton

Training/webinars/events

- **North East and YH [webinar](#) for primary care practitioners supporting asylum seekers and other vulnerable migrants, 16th June**

The recording and slides from the event can be found [here](#).

- **Solace** have launched two new free e-learning courses aimed at those who want to improve their support for the emotional wellbeing of asylum seekers and refugees. Enrolment details can be accessed via their website [here](#).
- **Webinar Everyone In: Citizen Voice in Inclusion Health | UCL Health of the Public - UCL – University College London**

This webinar took place on 27th May but you can see the recording [here](#). It's an hour long and discusses how to work with those with lived experience in the planning, development and provision of services and so much more!

- **[We Move race equality and migrants' rights summit](#)**

This event being held by The Runnymede Trust in Leeds over the weekend of 2 – 4 September will bring together policymakers, corporations, academics, trade unionists, civil society groups, students and the general public, to explore how we harness opportunities for positive change, address threats and maintain the recent momentum for racial equality.



- [Building Bridges: Co-Production and Working Together in the Asylum Sector | Migrant Help \(migranhelpuk.org\)](#), 6th July
- [2022 City of Sanctuary AGM and Conference](#)
Held in Bradford on September 21st, the theme of this year's conference is 'Inspiring Resilience'. There will be speakers, workshops and a chance to reconnect in-person. If you can't travel, many events will also be streamed online.

Guidance, Publications and other resources

- **Doctors of the World UK** have published a report exploring inequalities in maternity care experienced by migrant pregnant women and their babies: ['They don't count us as anything': Inequalities in maternity care experienced by migrant pregnant women and babies](#). With media coverage in The Guardian accessible [here](#). You can listen to the BBC Woman's Hour interview with Anna Miller (Head of Advocacy at DOTW) and Kemi, who received a bill for £4,900 after having an emergency caesarean section, [here](#) (interview starts from 45min 12 secs).
- **Research participation** - Doctors of the World UK (DOTW UK) are working with University College London and the NHS to better understand the issues facing socially excluded groups when registering and accessing GP services in England. They want to hear from all staff in primary care to find and address the challenges that prospective patients may experience when registering with a GP which would prevent them from getting timely access to preventive care.

This NIHR-funded project - called [Right to Care](#) - aims to identify barriers and facilitators to support socially excluded groups such as people experiencing homelessness, people with irregular or insecure immigration status, people who sell sex and members of the Roma, Gypsy, and Traveller communities who may experience unique challenges in accessing primary care and registering with a GP. The team hope to use the findings to support GP practices across England to provide care to these under-served groups. Part of this work will involve evaluating and redesigning the [DOTW UK Safe Surgeries initiative](#), a training and toolkit for GP practices to support and provide accessible care.

GP staff are invited (including reception staff, managers, clinical staff) to complete a 10-minute [online survey](#), and if they wish, volunteer to participate in an online interview with the research team – see attached R2C blurb for information on this. The deadline for completion of the survey is **1st July 2022**.

- The [Handbook of Refugee Health: for healthcare professionals and humanitarians providing care to forced migrants](#) has been made freely accessible for all
- **Guidance has been developed in collaboration with the Mental Health Equalities Taskforce, including Experts by Experience and Patient and Public Voice Representatives**, to support this work. NHS Digital have now published [guidance to improve the data quality of protected characteristics and other vulnerable groups in the Mental Health Services Data Set \(MHSDS\) and Improving Access to Psychological Therapies \(IAPT\) data set](#).



- The [Migrant Health Guide's Human Trafficking page](#) has been updated with additional links to the VITA networks SafeREFUGE campaign and Unseen UK's 'spots the signs' resource on the most common signs of modern slavery and exploitation. Also updated is the [Migrant Health Guide's Immunisation page](#) with new links to the WHO immunisations dashboards on: 1) immunisation schedules by region, country and vaccine and 2) reported cases of vaccine-preventable diseases and estimated coverage levels of vaccines by country and region.
- **Amended homelessness regulations** - Shelter have raised concerns about the [amended homelessness regulations](#) which will affect people who arrived in the UK less than 2 years ago, who are eligible for homelessness assistance and make a homeless application from 1 June. It may catch some returning UK/non-UK nationals, but only if they didn't have a right to occupy accommodation in the UK for an uninterrupted period of at least 6 months in the 3 years prior to the date they arrived in the UK. This could include people who've previously lived in the UK but have been overseas for the past two years, e.g. due to Covid travel restrictions/illness etc.

It means that homeless households (including families with children settled in school and possibly about to sit state exams) can be offered temporary accommodation or their final rehousing offer (Private Rented Sector Officer of social housing) in any location, unless it causes serious disruption to caring responsibilities for family members. This contrasts with the rights of most homeless households, where councils are legally required to offer accommodation in their area or (where not reasonably practicable) in an area that doesn't cause serious disruption to education or employment, as close as possible to previous accommodation and with the welfare of children as a priority.

In Housing Matters, the [Eligibility for homelessness assistance toolkit](#) contains resources for advising clients who are homeless or threatened with homelessness. Find a full list of Shelter Legal and Housing Matters articles for professionals, Shelter Housing Advice articles and NHAS factsheets for the public, and links to key legislation and statutory guidance all in one place.

Other information

- [Animation](#) from Kings Fund on how the NHS works in England and how its changing, it's only 5 mins long.
- **Experts by Experience Initiative to support employment for refugees**

An interesting initiative to support people with lived experience of seeking asylum in the UK, to access employment and leadership roles in VCSE organisations. More information available [here](#)



Health Inequalities

Lead: Kristin Bash

Good Conversations: Webinars for the VCSE Workforce

Making Every Contact Count (MECC) Skills Training

Who is the training is for?

The course is for anyone who has opportunities to chat to others about issues that affect their health and wellbeing. An important focus is on conversations relating to social and wider determinants of health, such as loneliness, poor mental health, fuel and food poverty, poor living conditions and financial debt.

Course objectives

The session aims to build confidence, knowledge and skills required to MECC and to provide participants with resources specific to supporting people to take better care of their health and wellbeing. Specific objectives include to:

- Enable participants to reflect on and share experiences of opportunistic conversations, particularly with people experiencing health and social inequalities
- Reflect on what they do well, what skills make for a good conversation, and highlight any challenges and areas for development
- Review principles and core skills: being person-centred; collaborative; using open questions, active listening, focussing on strengths, and helpful summaries; and working within the 3As model (Ask-Advise-Assist)
- Introduce resources that support good conversations, including basic advice and messaging on a range of topics and signposting
- Reflect on how MECC skills can be embedded into day-to-day practice.

With its strong emphasis on core communication skills, the course also provides excellent foundation-level training for staff who plan to engage in more specialist training in areas such as: domestic violence; mental health first aid; and motivational interviewing.

Booking link below

[Good Conversations: Webinars for the VCSE Workforce \(yhphnetwork.co.uk\)](https://yhphnetwork.co.uk)



Data, Documents, Letters, Reports and General Information

Community Centered Approaches: A Practical Workshop for Anchor Organisations - Recording and Slides - the Yorkshire and Humber Public Health Network, please click [here](#) to access them

[Regional Health Profiles](#) – are now live on the .gov website

We are really pleased to let you know about our very first editions of regional health profiles that have been published today by the Office for Health Improvement and Disparities (OHID). These interactive reports explore the prevalence, trends and inequalities in health - as well as the direct impact of COVID-19 along with some of the wider health impacts that have stemmed from the pandemic.

The regional view of health for each region closely mirror indicators and topics presented in the [Health Profile for England 2021](#) and its national priorities, with data and health intelligence presented in these seven chapters:

- COVID-19
- mortality and life expectancy
- child health
- adult health
- risk factors associated with ill health
- the wider determinants of health
- health protection

As the first edition of regional profiles, they bring together data available via [OHID Fingertips platform](#) as well as information from other publicly available sources to give a broad picture of health of people in each region, including North East and Yorkshire and the Humber.

For any queries about the reports or feedback please email LKISNorthEastandYorkshire@phe.gov.uk

C-Works Updates:

Northeast and Yorkshire Health Literacy Community of Practice

This month we highlight the recently founded Northeast and Yorkshire Health Literacy Community of Practice. A launch event was held on the 9th of June 2022, which was well attended with over 130 colleagues from across the region speaking and participating in discussions. There was representation from NHS providers and commissioners, academics, public health teams, the voluntary sector, and people with lived experience.



The aims of this community of practice are to come together to raise awareness, take action and advocate for making health information more accessible as well as improving access to interventions to improve health literacy for our population

[LGBT Health](#) – NHS

The evidence that LGBT people have disproportionately worse health outcomes and experiences of healthcare is both compelling and consistent. With almost every measure we look at LGBT communities fare worse than others. This NHS guide highlights findings from the LGBT survey, outlines an action plan and priorities and signposts to further useful resources regarding LGBT health.

[UK Sexual orientation statistics](#): 2020 Experimental Statistics on sexual orientation in the UK in 2020 by region, sex, age, marital or legal partnership status, ethnic group and socio-economic classification, using data from the Annual Population Survey (APS).

[Impact of School and Peer Connectedness](#) on Adolescent Mental Health and Well-Being Outcomes during the COVID-19 Pandemic: A Longitudinal Panel Survey This study explored patterns of change in adolescent mental health and tested the relationship between pre-pandemic levels of school and peer connectedness and changes in mental health and well-being between the first lockdown and the return to school.

[Mental health data and analysis](#): a guide for health professionals Guidance form OHID, for commissioners and health professionals, to make decisions about mental health services and interventions based on data and analysis

[ADPH Presidential blog](#): Reflections on being persistent, consistent and insistent A blog post by Jim McManus, President, Association of Directors of Public Health. The blog outlines action that will be taken moving forwards to support the delivery of measured and effective prevention and intervention strategies in collaboration with partners and stakeholders to deliver real improvement to our communities.

[Abortion statistics](#) in England and Wales OHID data sets and publications relating to abortion statistics for England and Wales

[Government set to miss deadline](#) to combat childhood obesity by 2030, councils warn RSPH responds to the latest projections by the Local Government Association in regard to childhood obesity