



Office for Health
Improvement
& Disparities

Yorkshire and the Humber Monthly Update

Issue: 80, August 2022

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Welcome to the Yorkshire and Humber Health and Wellbeing monthly update. Thank you for subscribing to the monthly update. This monthly update is our way of sharing any good and emerging practice, new developments, updates and guidance. The update is circulated at the beginning of each month with previous month's updates.

If we have anything that needs to be shared urgently, we will circulate as soon as possible.

If you no longer wish to be subscribed, would like to update your details or request for anyone to be added to the mailing list, please contact Y&H Business Support: tyler.leech@dhsc.gov.uk



Healthy Places and Sustainable Communities

The impact of the environmental determinants of health on our lives are far reaching. By considering how the places in which we live, work and play impacts on our health and the inequalities that exist, we can support health improvement for our populations.

Whole Systems Obesity inc. Adult Weight Management

Lead: Nicola Corrigan

[All Party Parliamentary Group: Role of ICS supporting people living with obesity](#)

The All-Party Parliamentary Group (APPG) on Obesity launched an inquiry on 'Integrated Care Systems and Obesity' in order to gather responses from those involved in the design and delivery of ICS plans. The inquiry also sought input from health care professionals and those with lived experience of obesity to identify what best practice in ICSs could look like and develop a road map for ensuring pathways for people living with obesity are fully embedded within local health care settings.

[NEY Region Healthier Weight Tool updated June 2022](#)

The Healthier Weight Tool is designed to be used by local authorities and health partners to provide data and evidence to develop and deliver interventions to reduce overweight and obesity

Physical Activity

Lead: Nicola Corrigan

[Make Space for Us Insight Report](#)

A new study into how teenage girls use parks and green spaces for recreation has found twice as many girls as boys feel unsafe exercising in their local park (49% compared to 26%).

The 'Make Space for Us' report, commissioned by Yorkshire Sport Foundation and supported by Women in Sport, surveyed 13–15-year-old girls and boys about how they use parks. It was instigated by the charity, 'Make Space for Girls', who identified that teenage facilities in UK parks tend to be dominated by boys and young men and underused by teenage girls and young women. They also highlighted that in the UK there was a lack of research into girls' use of parks both generally and as places to be active

[B2022 legacy on mental health awareness](#)

As part of the Physical Activity & Wellbeing legacy ambition for the Birmingham 2022 Commonwealth Games, which aims to 'accelerate awareness and understanding of mental health and wellbeing issues', DHSC is asking partners to support a Commonwealth Games-inspired campaign to encourage the population to get active as a means of improving their mental wellbeing (as well as their physical health). The Better Health - Let's do this



campaign shares hints and tips on how staying active can help your mental health. The aim is to motivate and inspire people to try something new, taking advantage of the Commonwealth Games as a potential moment to improve health and wellbeing.

If you are having conversations around physical activity or mental wellbeing the suite of resources from the Better Health campaign is a great tool to help you this summer.

[Starting Conversations: Physical Activity Throughout the Life Course - Waiting Room Video](#)

This video clip, featuring ways to get active throughout the life course, is designed to be displayed on waiting room screens in medical practices and hospitals. They are particularly relevant to Active Practices and Active Hospitals who commit to promoting physical activity by encouraging patients and staff to move more, sit less, and get strong!

[SENSE guidance on running sensory tennis sessions](#)

Sensory tennis is a set of activities designed by Sense to make tennis accessible for people with complex disabilities.

There are lots of ways to make tennis more inclusive for disabled people. For example, you can make adaptations like using a ball with a bell in it or making the court smaller.

For people with complex disabilities, it's often the concept of rules, tactics and aims of the game that can be a barrier to participating.

Our sensory tennis sessions break the sport down into more meaningful chunks of activity.

[YoHPAKE Lunch and Learn: Physical Activity and Climate Change](#)

The 7th in our series of lunch and learn sessions focussed on Physical Activity and Climate Change. Lunch and Learn sessions are held bi-monthly and are open to anyone who is interested in physical activity across the YH region. YoHPAKE is a virtual community working to bridge the gap between research and practice across YH. If you would like to join the YoHPAKE community please sign up at the [YoHPAKE Hub](#)



Food, Food Insecurity and Nutrition

Lead: Nicola Smith

[The Broken Plate Report 2022](#)

The new Broken Plate report from the Food Foundation shows how far we need to go to create a healthy food nation - from access to fruit & veg, to school meals & sugar lurking in so many everyday products.

[DEFRA consultation: Public sector food and catering policy](#)

This consultation is expected to be of greatest interest to public sector contracting authorities, food business operators, the food industry, Government departments and agencies, local authorities, consumer groups and public bodies. We also welcome the views of any individual or organisation that has an interest, directly or indirectly.

We would like to hear your views on the proposed changes to public sector food and catering policy, [as laid out in the accompanying document](#). We would like to know whether you think that the proposed policy changes are feasible in practice and will achieve our vision for public sector food and catering.

[Healthier Resilient Food Systems Webinar 6th July- recording available](#)

The recording and slides from the 5 in the series of webinars from the YH ADPH Network Food workstream are now available. This webinar focused on Public Health Approaches to Changes in Cost of Living: Building Food Resilience for Communities

Travel, Planning Healthy Places and Community Based Approaches

Lead: Karen Horrocks

FREE Webinar: The Role of Planning in Designing Healthy Places and Tackling Health Inequalities

Please join us for a free [webinar](#) on 21st September 2022, aiming to better understand how health inequalities can be addressed through planning and healthy placemaking. This event is a partnership between the Yorkshire and Humber Planning Healthy Places Community of Improvement and The Royal Town Planning Institute (RTPI). **Please share this webinar widely with your colleagues and partners in the region and encourage them to attend.**

For: Suitable for a wide audience including Planners, Public Health, and Health colleagues

Yorkshire and Humber Health and Housing Data Dashboard

The Yorkshire and Humber Housing and Health Dashboard has now been published.



Here is the [direct link](#) to dashboard, please feedback using [this form](#) so that it can be improved in the future.

Second Government Cycling and Walking Investment Strategy Published

The second cycling and walking investment strategy outlines the government's ambition to make cycling and walking the natural choices for shorter journeys, or as part of a longer journey by 2040.

[You can find the strategy here](#)

Active Travel England Update:

An [update](#) on Active Travel England

Video available: Fuse Research Programme Meeting - Planning for a healthier future: Priorities and Practicalities

This [recording](#) asks viewers to consider how we can effectively use planning to deliver a healthier future, and what the priorities and practicalities should be going forward. It is useful for those interested in planning and Hot Food Takeaways. Fuse also produced this [Brief](#) last year for further information

Community

New guidance: Community champions programmes

This [document](#) provides an overview of evidence, guidance, and resources to inform and support those designing and implementing community champions programmes in local areas. This includes a range of settings including local authorities, health and social care, and the voluntary and community sector (VCS).

Guidance: Reducing health disparities: the role of community businesses in community-centred systems

OHID worked with Power to Change, community businesses and two local authorities to test PHE's whole system framework for community-centred public health. A summary report on the findings (html and PDF) can be seen at [here](#).



Prevention and Key Risk Factors

Team Lead: Scott Crosby

Addressing the broad individual, environmental, societal and commercial factors that influence and drive addiction and its consequences, to reduce inequalities and improve the health, safety, and well-being of our population.



Drugs and Alcohol

Lead: Andy Maddison

New [guidance for local delivery partners](#) aimed at assisting local areas in the development of 'Combating Drugs Partnerships' has now been published. These partnerships will be key in delivering upon the aims of the national Drugs Strategy "[From Harm to Hope](#)". The guidance includes the new National Outcomes Framework focused on reducing drug use, drug-related crime, and drug-related deaths and harm and describes the structures that are required for the creation of the "Combating Drugs Partnerships" its key principles and the approaches needed in order to understand local populations, identify challenges and create solutions. The Partnerships and their nominated single local Senior Responsible Owner (SRO) will be accountable for delivering the outcomes in the National Outcomes Framework with the SRO reporting to central government.

Commercial Determinants of Health & Gambling-Related Harms

Lead: Simone Arratoonian

Commercial Determinants of Health: Food policy

The STOP (Science and Technology in childhood Obesity Policy) Project and the WHO have [developed a set of policy briefs](#) to guide policy design and implementation in the fields of health, attitudes to nutrition and promotion of physical exercise. Policy topics include, food marketing, reformulation, pricing and labelling.

Commercial Determinants of Health: Climate change and think tanks

Find out more about the role of think tanks in shaping opinion and policy around global issues such as climate change and its link to animal-based diets. [This paper](#) by Almiron et al (2021) examines the discourses issued by 110 European think tanks in 27 European countries, and found that the way such issues are framed perpetuates ignorance rather than providing an expertise-driven neutral view.

Gambling-related harms: Delphi study published

The anticipated [Delphi consensus study](#) looking at policies and interventions to reduce harmful gambling has now been published (Regan et al, Aug 2022). Interventions were ranked by an independent panel of 35 experts according to potential effectiveness, and grouped into seven domains: price and taxation; availability; accessibility; marketing, advertising, promotion, and sponsorship; environment and technology; information and education; and treatment and support. Where consensus was reached by the panel, resulting measures offer a roadmap for intervention and regulation to prevent and reduce gambling-related harms.

Gambling-related harms: Cryptocurrency

As [reported here](#) by Davies et al (Aug 2022), new financial products and their similarity to gambling are creating a somewhat overlooked risk for gambling harm. Cryptocurrency trading is volatile, easily generates losses, and does not provide financial protection by the



Financial Conduct Authority as some users may think. It does however attract those individuals at risk from gambling at problem level. It is also widely advertised and endorsed, and legitimised on a variety of platforms used for general purchases. This article also references key research on the topic.



Health and Wellbeing Across the Life Course

Team Lead: Alison Iliff

Ensuring that our children have the best start in life and are ready to start school, that our young people are supported so they enter adulthood physically and mentally resilient, ready to start work, that adults are able to secure and maintain a good job and a home, and that older adults have fulfilling, productive and connected lives.

Healthy Ageing

Lead: Alison Iliff

A **virtual conference on falls prevention in social care** (care homes and domiciliary care) will take place during National Falls Prevention Week, 19-23 September 2022. A series of bite-sized presentations will be released during the week focusing on falls prevention, management, tech solutions and learning from falls. To keep updated on plans please follow @EventNey on Twitter.

The Centre for Ageing Better has published a [guide](#) for local areas wanting to produce a **State of Ageing** report for their place. This guide builds on the national [State of Ageing](#) report, which brings together a wide range of data sources on ageing nationally, and a [local State of Ageing in Leeds](#).

Sexual Health Impacts Across the Life Course

Yorkshire and the Humber Sexual Health Facilitator: Georgina Wilkinson

Women's Health Strategy for England ([suggest putting this under a different section as not just sexual health](#)) This [document](#) details the government's 10-year ambitions and actions to improve the health and wellbeing of women and girls in England.

HIV Prevention England Conference – 30 September 2022

This national conference provides a platform for delegates to share ideas, best practice and research, and to network. The conference programme will provide a focus on health equity for underserved communities and share research and projects which demonstrate real-world impact. The event is taking place in London and is free to attend – see [here](#) for further details, including registration.

Sexual Health Week – 12-18 September 2022



Co-ordinated by Brook – this year’s theme is [Breaking Barriers](#). They will be running a Big RSE Lesson Live at 10am on 14 September – details [here](#). The Sexual Health Week toolkit can be found [here](#).

Monkeypox

An epidemiological overview of the current monkeypox outbreak in the UK is regularly updated and published [here](#). Technical briefing documents on the investigation into cases of monkeypox in England can be found [here](#). All guidance documents can be found [here](#). Resources to support targeted awareness raising can be found [here](#).

NCMP

Lead: Nikki Smith

[National Child Measurement Programme: latest figures - 2021/22 Provisional data published 19 July 2022](#)

This provisional data indicates that following the dramatic increase in childhood obesity and severe obesity prevalence in 2020/21 rates have decreased compared to last year but remain higher than pre-pandemic levels in 2019/20. NHS Digital and OHID are confident that the provisional national estimates of prevalence for each weight category are robust making them comparable to previous years. Some caution should still be exercised as the provisional 2021/22 data only covers data collected and submitted between September 2021 and May 2022, however we expect the final figures for the full data collection to be very similar to these provisional estimates.



Inclusion Health

Lead: Cathie Railton

Migrants

Migration Yorkshire publish a helpful weekly ‘migrant news’ update on their [website](#)

WHO have launched the [World report on the health of refugees and migrants](#). You can access to the media briefing for this launch [here](#)

Pathways to Work: Employment Support

Refugee Action are running a Pathways to Work project, providing pre-employment support to refugees, asylum seekers and other vulnerable migrants across the UK. People can join for an eight-week employability group programme or 1-2-1 employment support. [Find out more here](#).



Lancet Migration Commission and FDI World Dental Federation have co-produced a [policy brief on oral health](#) for people on the move

Edinburgh Napier University have released research from a [project on the impact of the Covid-19 outbreak on asylum seekers and refugees living in the UK](#), focusing on individuals placed in temporary accommodations such as hotels, from November 2020 until February 2022

WHO calls for country level submissions - promoting the health of refugees and migrants (deadline 15th August)

WHO are collecting a compendium of promising practices (policies, programmes, or interventions) at country level on promoting the health of refugees and migrants. These will be used to reflect and learn from promising ongoing country practices to achieve and advance the 6 priority areas of the WHO Global action plan: promoting the health of refugees and migrants 2019–23 (GAP). Background and further information is [here](#).

You can listen to:

[BBC Radio 5 Live - In Short - How does the UK care for refugees' mental health?](#)

[King's Fund podcast](#). Dr Ines Campos Matos, Deputy Director for OHID's National Inclusion Health team with host Siva Anandaciva and other guests Farisai Dzemwa and Kama Petruczenko discuss refugee and migrant health care

Ukraine

The Office for National Statistics (ONS) have produced a blog, explaining how they are collecting data on experiences, characteristics and service needs of new arrivals to the UK from Ukraine. Alongside interesting trends into demographics, household characteristics and arrival patterns – there is some valuable insight about needs and accessibility in relation to language, health and wellbeing, education employment and general services. The blog also signposts to their [UK Humanitarian Response Insight Survey for the period 16 to 24 June 2022](#)



The [Ukraine migrant health guide page](#) has been updated with the charging exemption message for new arrivals from Ukraine. This message reflects that any Ukrainians fleeing their home country are exempt from charge for the use of NHS treatment (except assisted conception services) in England. We can also signpost to the Ukraine page from the [NHS entitlements: migrant health guide page](#).

New [dashboard](#) by Migration Yorkshire about the newly arrived and settled Ukrainian population for local areas in Yorkshire and Humber, including:

- key counts of the population group
- a timeseries for new arrivals
- regional and national comparisons
- and additional insight into other population groups that may be impacted by the conflict in Ukraine [i.e. Russian, Polish, Belarusian].

Asylum seekers

[New NHSE guidance and funding process for asylum seekers in contingency accommodation](#). New guidance which has been sent through NHSE regional heads of primary care for onward cascade to ICBs as an operational piece of funding guidance. CCGs/ICBs will be funded £150 for each new arrival in 2022/23 in support of their costs of delivering primary care support at contingency accommodation sites.

The ambition of this funding support is to:

- Secure access to GP (permanent) registration for all individuals, and in turn supporting access to other mainstream NHS services as may be required during their stay.
- Ensuring there is an initial health assessment offered so that individual's immediate health and care requirements are identified and managed.

The Lancet [Deter or dispose? A critique of the relocation of asylum applicants to Rwanda and its public health implications - The Lancet Regional Health – Europe](#)

The Refugee Council have released a new report stating that the number of people seeking asylum in hotels has almost trebled in a year. The report looks at the damaging impact of these prolonged hotel stays have on the health and wellbeing of people. [Read it here](#).

Modern slavery

BBC Radio 4's Today programme - listen to [Dame Sara Thornton](#), former UK Independent Anti-Slavery Commissioner commenting on modern slavery and human trafficking, following news of [Sir Mo Farah's lived experiences of childhood trafficking](#).



Homelessness

[Unlocking the door: A roadmap for supporting non-UK nationals facing homelessness in England | Homeless Link](#)

This research describes impressive and exciting progress made since COVID-19, which shows the way forward. However, as we approach the 2024 target year to end rough sleeping, there is a need for more focus on non-UK nationals. It is clear that—for non-UK nationals with restricted eligibility—the status quo will not get us there. The passing of the Nationality and Borders Act 2022 and rising numbers of Ukrainian nationals facing homelessness also point to a challenging path ahead. To achieve our shared goals, we cannot exclude any group from the umbrella of local homelessness support. In partnership with the immigration advice sector, and with the funding and leadership of national and local government, the homelessness sector is eager to rise to this challenge.

Gypsy, Roma, and Traveller communities

Research grant awarded to address mental health needs for Gypsy, Roma, and Traveller communities

The NHS Race and Health Observatory has awarded a [£100,000 research grant to the University of Worcester](#) to investigate how mental health services are engaging Gypsy, Roma and Traveller communities across the UK. As part of a 10-month project, the University will explore the gaps within existing NHS mental health care provision and provide deeper understanding of why inequalities continue to exist for members of these communities. The project will be undertaken in partnership with the Gypsy and Traveller Empowerment Hertfordshire UK (GATEHerts), and the Gypsy, Roma, Traveller Social Work Association (GRTSWA).

Events

- Listen to a recording of the **launch of the Handbook of Refugee Health** [here](#)
- Recent **Trauma, Homelessness and Priority Need event** [recording](#)
- **NHSE Citizens on the Margins forum** are hosting an event 'How to effectively engage online with marginalised communities' on Wed 10th August 2-3pm. Further details on how to [register](#) are available.



Workforce Development

Lead: Chris Sharp

Building Vaccine and Screening Confidence for Higher risk populations - Free webinar programme

Building on the success of the Covid-19 Vaccination Webinar workshops responding to Vaccine Hesitancy, we have worked in partnership with Health Education England to commissioned a similar workshop to align with what will be a highly important Autumn/Winter vaccination programme for 2022/3. We particularly wish to target participants who come into contact with low vaccine and screening uptake populations, including: areas of high deprivation, ethnic minority groups, parents of 2&3 year olds and school age children, those in at risk categories and care home settings.

We would be very grateful if you could promote and cascade far and wide to reach as many of the following as we can:

- Key VCS partners and/or local authority community champion's lead.
- Drug and Alcohol Services
- Interpretation services
- Traveller communities
- Religious/faith leaders & Groups
- Healthwatch
- Ambulance staff
- Sure start children's centre workers
- Education settings to support conversations in schools
- Food bank staff
- Health Visitors
- Reception/admin staff
- Care home settings/managers

Concept and Objectives

The primary objective of the Autumn booster programme this year will be to increase protection against severe COVID-19 disease for those at higher risk. In addition there is an added need to address the inequalities in uptake of flu vaccination.

Vaccine hesitancy amongst some eligible populations can present a risk to population health and more often negatively impact some of our poorest communities and/or risk groups. Our conversations our powerful, therefore the provision of skills training that uses the principles of Making Every Contact Count (MECC) and Motivation Interviewing (MI) is an important skill that can be utilised to combat disinformation and myths and whilst providing the necessary reassurance and confidence in what is a safe and effective vaccine.

The skills training covers:



- How can we work together to build vaccine confidence, what we know and how this links to health inequality
- Core skills and processes (OARS, Evoke-Provide-Evoke, Decisional Balance, and the 3As)
- Skills practice – Building confidence in the vaccine
- Resources that staff can use to respond to questions and concerns

The session will be interactive and include modelled conversations that showcase the core skills and processes being used. The application of this work can be far-reaching. Although this is focused on Flu Vaccinations, these skills can be utilised for childhood immunisations, Covid vaccine, cancer screening and other health-promoting activities

This provision has been funded by Health Education England Y&H in partnership with the NHS Public Health Programmes Team Y&H. Each workshop can cater for 30 people and lasts for 1.5 hours, dates available from the 12th September 2022 – 10th January 2023.

Booking link below

[Y&H Webinar: Building Vaccine and Screening Confidence Training Programme \(yhphnetwork.co.uk\)](https://yhphnetwork.co.uk)



Data, Documents, Letters, Reports and General Information

Consultation – Clostridioides difficile infection guidance

UKHSA is asking for feedback from all healthcare professionals on the new edition of its *Clostridioides difficile* infection (CDI) guidance. Please see the consultation page [here](#). We ask for comments on the draft guidance by **5pm on Friday 14 October** and to be submitted via [this form](#).

UKHSA has updated guidance on the management and the antimicrobial treatment of *CDI* that includes recommendations and algorithms. The guidance also includes advice relating to diagnostic criteria, severity assessment, infection prevention and control (IPC) measures, and non-antimicrobial therapeutics such as faecal microbiota transplantation (FMT).

In 2021 National Institute for Health and Care Excellence (NICE) published updated guidelines on antimicrobial prescribing for CDI in adults, children and young people following a review of the evidence for all antibiotics available in the UK, based on a network meta-analysis and cost-effectiveness modelling. NICE recommendations do not cover non-antimicrobial therapeutics such as faecal microbiota transplantation (FMT) and advice relating to diagnostic criteria, severity assessment, infection prevention and control (IPC measures) and unlicensed use of antimicrobials.



This UKHSA guidance document is an update of the guidance on the management of CDI published in 2013 and replaces the previous version. This guidance has been broadly aligned with NICE recommendations and agreed by a small expert sub-group after an independent literature review. It provides recommendations based on expert opinion supported by the NICE evidence review and subsequent literature review for the assessment and management of patients with suspected or confirmed CDI.

The consultation will close at **5pm on Friday 14th October 2022**. Comments received after this date will not be accepted.

COMEAP

The Committee on the Medical Effects of Air Pollutants (COMEAP) has published a report on Cognitive decline, dementia, and air pollution.

It has also updated its 2015 statement on the Evidence for differential health effects of particulate matter according to source or components and made responses to the publication (in September 2021) of the World Health Organization (WHO)'s revised Air Quality Guidelines and to Defra's evidence report and impact assessment regarding proposed Environment Act PM2.5 targets. COMEAP's publications are available here: COMEAP: reports and statements - GOV.UK (www.gov.uk).

New Resources:

[Gypsy, Roma and Traveller groups: An introduction to history and culture, health and disparities.](#)

This resource has been produced by the OHID Inclusion Health Team and aims to raise awareness about Gypsy, Roma and Traveller community histories and culture, the health disparities that these groups currently face, and underlying contributing factors. This resource is aimed at teams as they fulfil the Public Sector Equality Duty to consider Gypsy, Roma and Traveller ethnic groups in the development of policy, strategy and services

A selection of books and digital support resources

Health Education England Health Education England (NHS) and The Reading Agency have worked in partnership to bring together a new list entitled "[Your Health Collection](#)", to support users of health and prison libraries to understand and manage their health. The collection of 10 books and 30 digital resources were chosen by those working in healthcare, health information and knowledge and library specialists working in the NHS, in prisons, in public health and in Higher Education