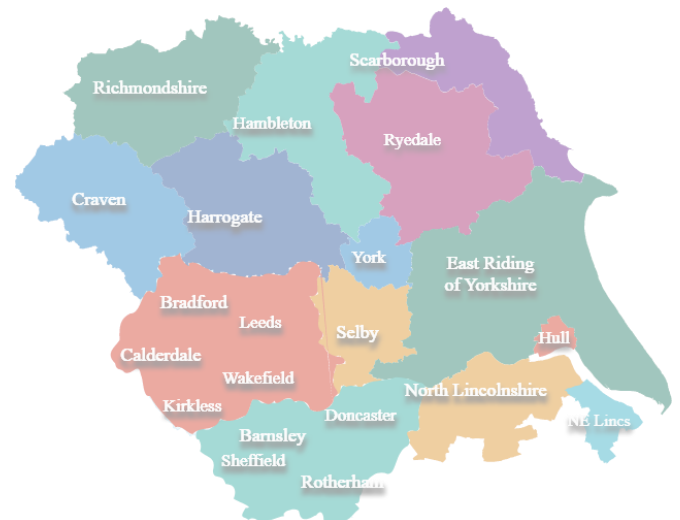




# Office for Health Improvement & Disparities



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## Yorkshire and the Humber Monthly Newsletter

Issue: 86, February 2023

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Welcome to the Yorkshire and Humber Health and Wellbeing monthly update. Thank you for subscribing to our newsletter. The monthly update is our way of sharing any good and emerging practice, new developments, updates, and guidance. The update is circulated at the beginning of each month with the previous month's updates.

If we have anything that needs to be shared urgently, we will circulate as soon as possible.

*If you no longer wish to be subscribed, would like to update your details or request for anyone to be added to the mailing list, please contact Y&H Business Support: [neyadmin@dhsc.gov.uk](mailto:neyadmin@dhsc.gov.uk)*



### Cost of Living

System wide News, updates, and guidance

Sign up to [this](#) newsletter to receive monthly updates

### **Webinar: Building Resilience – Making the Economic Case for Prevention**

This [event](#) from The Health Foundation will demonstrate why we have to prioritise prevention in policymaking and outline the future consequences of not acting now.

### **Eating Well on a Budget Booklet**

As part of Wakefield's Recovery & Wellbeing College's "coping with the cost-of-living series", this booklet brings you tips and recipes for cooking and eating well on a tight budget today.

### **Food Support ([barnsley.gov.uk](http://barnsley.gov.uk))**

Example of food support available for Barnsley residents to help support Cost of Living



## Healthy Places and Sustainable Communities

*The impact of the environmental determinants of health on our lives are far reaching. By considering how the places in which we live, work, and play impacts on our health and the inequalities that exist, we can support health improvement for our populations.*

## Whole Systems Obesity inc. Adult Weight Management

Lead: Nicola Corrigan

### **No New Fast-Food Outlets Allowed!**

This paper evaluates the effectiveness of planning policy on the local food environment.

### **Food Active Healthy Weight Declaration: Annual Learning Event**

Recording of the Food Active Healthy Weight Declaration learning event with presentations from local authority partners sharing their learning and experiences of adopting and implementing the declaration.

### **Institute of Health Visiting: Healthy Weight, Healthy Nutrition Training**

The iHV offer training for their highly acclaimed 'Champions' training portfolio, which will offer participants the opportunity to continue delivering a cascade training role for their organisation. With the support of colleagues at First Steps Nutrition, this one-day training programme is revised and designed to update participants around the latest evidence base



## Physical Activity

Lead: Nicola Corrigan

### [National Consultation on Draft Physical Literacy Consensus Statement for England](#)

Sport England is working with several universities to develop a Physical Literacy Consensus statement for England. The consensus statement aims to provide a shared understanding of physical literacy, including a definition and explanation of what physical literacy is, why it is important, and how physical literacy can be supported.

### [YCF Announce First Cric-Kit Recycling Hubs in Yorkshire](#)

Yorkshire Cricket Foundation (YCF) – the official charity of Yorkshire County Cricket Club (YCCC) – have announced a number of new cricket kit recycling hubs in the region to continue to help support accessibility in the game. New Cric-Kit recycling hubs will open at Headingley Cricket Ground, in Leeds, Park Avenue Bradford Cricket Ground and the Sheffield Caribbean Sports Club – where people can donate and receive cricket kit.

### [Living Streets' Little Feet](#)

West Yorkshire is one of the first regions in the UK to launch a dedicated early years walking programme, which will support 30 nurseries and schools throughout 2023. This will help support over 900 young children and encourage families to commit to healthy travel, instilling positive habits that can last a lifetime.

### [We're Hiring! – International Mixed Ability Sports](#)

International Mixed Ability Sports (IMAS) is seeking a Health and Social Care Strategy Manager to implement and deliver their health and social care strategy. The successful candidate will work closely with IMAS directors and experts with lived experience of disability to co-create learning opportunities for health and social care professionals, manage existing and develop new relationships within the sector, as well as proactively engage with practitioners, social prescribers, and university students through the co-ordination of placement opportunities.

### [Grassroots and Sport](#)

House of Commons Public Accounts Committee report into the grassroots participation in sport and physical activity



## Healthy Places and Community Based Approaches

Lead: Karen Horrocks

### **New Green Infrastructure Framework Launched**

The Green Infrastructure Framework was launched January 2023 and comprises a range of useful resources:

- **Green Infrastructure Principles:** the what, what and how of good green infrastructure.
- **Green Infrastructure Standards:** guidance on national standards for green infrastructure quantity and quality.
- **Green Infrastructure Maps:** mapped environmental, socio-economic datasets to support the standards.
- **Green Infrastructure Planning and Design Guide:** practical, evidence-based advice on how to design good quality green infrastructure.
- **Green Infrastructure Process Journeys:** guides on how to apply all the products in the Green Infrastructure Framework.

### **Report: All Party Parliamentary Group for Households in Temporary Accommodation**

This [report](#) provides findings from the call for evidence including, a summary, analysis of themes and a call to action.

### **Local Nature Recovery Strategies FAQs**

The Planning Advisory Service have worked with Defra to deliver a series of events, and have now developed a [FAQs page](#).

### **Placemaking for All: How Do We Create Public Space That Encourages Walking?**

23 March 2023 The National Walking Summit will focus on achieving active travel goals and the benefits they offer to public health and local economies. Join keynote speakers and panellists from around the UK who will share their experience of making meaningful change, plus innovative ideas from further afield. And this year will introduce a series of 'walkshops' so you can see change for yourself and consider streets from a new perspective.

### **WEBINAR - Understanding Fuel Poverty and the Impacts on Mental Health - National Energy Action (NEA)**

This webinar is free for workers who encounter those at risk or in fuel poverty AND work / volunteer for a non-commercial organisation (this includes local authorities and housing associations) based in England or Wales.



### [Creating health and wealth by stealth - Locality](#)

This research forms part of Locality's and Power to Change's work on the government's Voluntary, Community, and Social Enterprise Health and Wellbeing Alliance. It seeks to understand how community anchor organisations can be better involved in health systems which successfully address illness prevention priorities within communities and through a wider determinants of health approach.

### [Express your interest in Connecting Health Communities](#)

The Institute for Voluntary Action Research are inviting expressions of interest for a two-year facilitation support package to enable cross-sector partnerships to address health inequalities in Integrated Care Systems and Primary Care Networks. They'd like to hear from communities, NHS organisations and local authorities who have established partnerships in England – but need support with designing and implementing improved health outcomes for vulnerable groups.

### [School Streets in-person Event 21st February](#)

This is a one-day event, hosted by Lambeth Council, to showcase best practice and offer practical guidance. This inaugural conference will bring together professionals from a range of disciplines. Local Authorities from other areas can attend, but spaces are limited.

## Food Systems

Lead: Nikki Smith

### [Children's Food Policy Library](#)

Here you'll find an interactive dashboard which chronicles the ups and downs of children's food policy in England over the last 140 years produced by The Food Foundation.

### [NHS Healthy Start Update January 2023](#)

January's update on the NHS Healthy Start programme.

## Work, Worklessness and Health

Lead: Nicola Corrigan

### [MSK Aware: Key Actions for Employees and Employers to Support Musculoskeletal Health](#)

Prof Anthony Woolf 12.00-13.00 Wednesday 22 February 2023. Learn about key actions for how you can meet and build on your legal duties to support high quality MSK health and wellbeing in your workplace.



### [Early Retirement and Our Ageing Population are Causing Labour Shortages, says Lords Report - Committees - UK Parliament](#)

Economic inactivity has increased by 565,000 people since the start of the pandemic - a stark reversal of what was happening before 2020. The biggest contributor to this change has been an increase in early retirement, the House of Lords Economic Affairs Committee concluded today in its report "Where have all the workers gone?"

### [ILC-Health-and-Place-How-Levelling-Up-can-Keep-Older-Workers-Working Full-Report.pdf \(ilcuk.org.uk\)](#)

The Health of Older People in Places (HOPE) project is a multidisciplinary research project funded by the Health Foundation under the Social and Economic Value of Health in a Place (SEVHP) programme. The research team includes scientists from the Department of Epidemiology and Public Health at University College London (UCL) and the School of Geography at the University of Leeds.

### [Rumours of a 'Great Unretirement' are Not Just Premature – They're Damaging | Centre for Ageing Better](#)

The latest data is challenging the myth that older workers are returning to the jobs market. Deputy Director for Work, Dr Emily Andrews, outlines the harmful consequences of ignoring the ongoing absence of many over 50s from the labour market.

### [Creating a More Inclusive Workforce](#)

The Age-friendly Employer Pledge is a nationwide programme for employers who recognise the importance and value of older workers. Employers commit to improving work for people in their 50s and 60s and taking the necessary action to help them flourish in a multigenerational workforce.

### [The Health and Care Workforce: Planning for a Sustainable Future](#)

The King's Fund and Engage Britain commissioned Bill Morgan<sup>1</sup>, a political adviser, to consider why politicians have failed to act, where only they can, to deliver the workforce that the health and care system – and its patients' and people who draw on care and support – needs. His report, [NHS Staffing Shortages: Why do Politicians Struggle to Give the NHS the Staff it Needs?](#), focuses on the role of politicians in workforce planning and delivery.

### [Workforce Transitions and Worker Experiences During the Pandemic](#)

The research presented in this report offers a labour market analysis, alongside worker interviews. The labour market analysis examines the composition of workforces and labour market flux during the pandemic. The interviews reflect the lived experiences of the changing nature of work, examining terms and conditions, the impact of automation and technology on work, and workplace representation.



## Prevention and Key Risk Factors

*Addressing the broad individual, environmental, societal, and commercial factors that influence and drive addiction and its consequences, to reduce inequalities and improve the health, safety, and well-being of our population.*

### Drugs and Alcohol

Lead: Andy Maddison

#### **Aspire Welcomes Dame Carol Black to Doncaster**

Dame Carol Black met representatives from Aspire Drug and Alcohol Service, the NHS, Doncaster Council and OHID, to see the work being done to help people with substance dependence get the support they need to recover and turn their lives around.

As an independent Adviser to the UK Government, Dame Carol Black's review, led to a new 10-year drug strategy From Harm to Hope. Published in December 2021 the strategy focused on ways to prevent the harm caused by drugs, to individuals, families and communities, the support available to ensure health and wellbeing through suitable treatment, and recovery programmes.

Dame Carol also visited New Beginnings in Balby, which is part of Aspire, and one of only eight NHS inpatient detox and rehabilitation treatment centres in the country. She also met and talked to social workers working in the service as well as some of the people who use the service about their experiences of the support available.

[Aspire welcomes Dame Carol Black to Doncaster – Aspire Drug & Alcohol Services](#)

### Commercial Determinants of Health & Gambling-Related Harms

Lead: Simone Arratoonian

#### **Commercial Determinants – The Public Health Playbook**

The GECI (Governance, Ethics and Conflicts of Interest in Public Health) Network is hosting a live webinar on Monday 20<sup>th</sup> February, 2023 at 9pm GMT, with a presentation from academics Jenn Lacy-Nichols (University of Melbourne) and Eric Crosbie (University of Nevada) – based on their informative article on [‘The Public Health Playbook: Ideas for challenging the Corporate Playbook’](#). [Register for the webinar](#) to explore some of the strategies in detail and to find out more about how industry tactics can be anticipated, countered and even prevented.



### **Gambling-Related Harms – Evidence Update**

Following the publication of the evidence review into gambling-related harms in September 2021 by PHE, OHID have carried out a review and update of the work, to improve methodology, and this updated report on [the economic and social cost of harms](#) is now available on the government website. Areas of harm costed are:

- deaths by suicide (impacts on health) and depression (impacts on health and healthcare costs);
- homelessness (applications);
- alcohol dependence and illicit drug use;
- unemployment and imprisonment

The 2023 economic analysis estimated that the annual excess direct financial cost to government associated with harmful gambling is equivalent to £412.9 million. The estimate for the annual societal value of health impacts is equivalent to between £635.0 and £1,355.5 million (in 2021 to 2022 prices). This provides a combined estimate of approximately £1.05 to £1.77 billion; likely to be underestimated as some harms such as health and employment have been partially costed and others have not been costed (such as cultural and relationship impacts). More evidence is needed to fully assess individual financial harms, prevalence of gambling-related suicide, and impact on affected others.

### **Gambling-Related Harms – Advertising Impact**

A paper funded by the Greater London Authority released on 26<sup>th</sup> January 2023 presents a [review of evidence on the impact of gambling advertising on related harms](#). The review team (McGrane, Wardle et al) found that existing evidence 'supports the existence of a causal relationship between exposure to advertising of gambling products and brands and more positive attitudes to gambling, greater intentions to gambling and increased gambling activity' with a dose-response effect. Perhaps unsurprisingly, this is of greater impact on those already vulnerable to harm. The review also cited the impact of advertising on 'normalisation' of gambling, particularly for children and young people – with a lack of evidence for positive impact of 'safer gambling' messages.

## **Tobacco Control: Smokefree 2030**

Lead: Scott Crosby

### **NICE [NG209] CO Testing Guidance update**

Recommendation 1.18.1 of NICE Guidance NG209 has been updated following a committee discussion. At publication, recommendation 1.18.1 read:

Provide routine carbon monoxide testing at all antenatal appointments to assess the pregnant woman's exposure to tobacco smoke. [2021]





The recommendation has been corrected to provide greater clarity about when and whom to CO test, and now reads:

Provide routine carbon monoxide testing at the first antenatal appointment and at the 36-week appointment to assess every pregnant woman's exposure to tobacco smoke. Provide carbon monoxide testing at all other antenatal appointments if the pregnant woman:

Smokes or

*is quitting or*

*used to smoke or*

*tested with 4 parts per million or above at the first antenatal appointment or [2023]*

### **ASH Smoking and Poverty Briefing**

ASH has developed a new briefing which summarises data on the impact of smoking on poverty. The briefing includes data on the impact of smoking on disposable income and the number of smoking households in poverty per region.

#### **Summary of Key Findings:**

In 2022 smokers spent on average £2,451 a year on cigarettes, enough to cover the energy bill for a typical household in Great Britain.

In 2019, the last year for which comprehensive data were available at the time of analysis:

1.5 million households including smokers lived in poverty containing:

2.2 million working age adults

1 million children

400,000 pensioners

View summary of key findings: [here](#)

### **ASH ICB Ready Reckoner**

ASH has developed a new Ready Reckoner allowing you to see the costs of smoking at ICB level in social care, fire and litter; healthcare; lost productivity; and spend on tobacco.

View ASH ICB Ready Reckoner: [here](#)



### **CRUK Prevalence Predictions**

CRUK published their report [Smoking prevalence projections for England based on data to 2021](#). The report concludes that the UK government will not reach its target for England to become Smokefree (<5% prevalence) until 2039, and that smoking could cause 1 million cancers in the UK between now and 2040. In order to reach the 2030 Smokefree target, smoking rates need to drop 70% faster.



## **Health and Wellbeing Across the Life Course**

*Ensuring that our children have the best start in life and are ready to start school, that our young people are supported so they enter adulthood physically and mentally resilient, ready to start work, that adults are able to secure and maintain a good job and a home, and that older adults have fulfilling, productive and connected lives.*

### **Healthy Ageing**

Lead: Alison Iliff

### **OHID Y&H and North West Webinar on Loneliness and Isolation in Older Adults**

OHID Y&H and North West are hosting a webinar on loneliness and isolation in older adults on Tuesday 14<sup>th</sup> February 2023, 10.30-12.00.

Loneliness and social isolation can have a serious impact on older people's physical and mental health and wellbeing, increasing the likelihood of early death by 26%. Many older people live alone now which can also lead to loneliness and social isolation. Social isolation in particular is associated with depression, the most common mental health condition in older people. Speakers will include Professor Christina R. Victor - Director, Institute of Health, Medicine and Environments, Brunel University London and James Austin, Great Get Together Campaign Manager, Jo Cox Foundation as well as presentations of local practice examples from Cheshire, Oldham, Sheffield, and Leeds. Reserve a place via [Eventbrite](#).

### **Introduction to Age-Friendly Communities Webinar- Wednesday 15<sup>th</sup> February, 10.00am - 11.00am**

Centre for Ageing Better is running a webinar on 15<sup>th</sup> February to share the World Health Organisation framework for creating an age-friendly community and how places across the UK have made their communities great places to grow old in.

More details and register to join here: <https://ageing-better.org.uk/events/an-introduction-to-age-friendly-communities>



### **Y&H Clinical Networks Have Two Upcoming Conversation Sessions.**

The first is on **self-harm and suicide in older adults** and will take place on **Thursday 23<sup>rd</sup> February, 12.00-1.00pm**, with presentations from Dr Cathy Morgan from the University of Manchester and Dr Isabela Troya from the University of Cork. Join the meeting on this [MS Teams link](#). The second, on **Tuesday 14<sup>th</sup> March, 12.00-1.00pm**, focuses on **brain health**, with Professor Muir Grey speaking about the Live Longer Better programme and how it aims to maintain good brain health in later life. Join the meeting on this [MS Teams link](#).

## **Sexual Health Impacts Across the Life Course**

Yorkshire and the Humber Sexual Health Facilitator: Georgina Wilkinson

### **National HIV Testing Week: 6<sup>th</sup> to 13<sup>th</sup> February 2023**

[National HIV Testing Week](#) will take place 6<sup>th</sup> to 13<sup>th</sup> February 2023. It will have a new campaign strapline 'I, Test', campaign materials are available to order [here](#) and a [social media pack](#) has been produced. DHSC will cover the cost of HIV testing via the [www.freetesting.hiv](http://www.freetesting.hiv) platform during the campaign period.

### **BMA MEDFASH Prize**

The prize is for improving the quality of HIV and sexual healthcare – open to any health or social care organisation actively involved in the delivery of HIV and/or sexual healthcare in the UK. Closing date is 3 March 2023 – further details [here](#) and attached:



BMA\_Foundation\_  
MEDFASH\_leaflet\_20



## Inclusion Health

Leads: Cathie Railton and Andy Maddison

*Inclusion health is a term used to describe people who are socially excluded, typically experience multiple overlapping risk factors for poor health, experience stigma and discrimination and often have much worse health outcomes than the general population. We are working to ensure that the health and wellbeing needs of inclusion health groups are systematically addressed across all programmes – planning, commissioning, and service delivery through a collaborative and cross-partnership approach.*

### **RESOURCES, PUBLICATIONS & GUIDANCE**

#### **[A Qualitative Evaluation of a Health Access Card for Refugees and Asylum Seekers in a City in Northern England](#)**

Newcastle university have recently published their qualitative analysis of the healthcare access card developed for refugees and asylum seekers by Newcastle council. However, this also reflects more generally on the barriers to healthcare experienced by this population in the NE of England. The main author will hopefully be presenting the work at a future NEYH Migrant Health Group.

#### **[Frequently Asked Questions and Top Tips for Child Safeguarding Partnerships and Safeguarding Adults Boards to Consider in Business Plans & Priorities](#)**

Embedded FAQs below produced by the Safeguarding subgroup of the National Asylum Seeker Health Steering Group.



Asylum%20Seeker%  
20and%20Other%20

#### **[NHS England Pathway, Checklist & Toolkit to Support People Experiencing Homelessness and Rough Sleeping](#)**

NHS England have published their [Urgent and Emergency Care Homelessness and Rough Sleeping Pathway, Checklist and Toolkit](#) to support people experiencing homelessness and rough sleeping.

The resources include an explanation of the high-level emergency department pathway from attendance to discharge, implementation guidance, case studies and best practice, as well as an example checklist designed to ensure that all legal requirements under the Duty to Refer are completed when supporting people at risk of or already experiencing homelessness or rough sleeping.



### **Groundswell Have Launched Their [Online Resources Hub](#)**

You can find leaflets, posters, workbooks, podcasts & short films on a range of physical and mental health issues aimed at people experiencing homelessness and those working to support them. All these guides have been produced alongside relevant professionals and people with experience of homelessness to ensure they are accurate, relevant, and accessible.

### **EVENTS**

#### **City of Sanctuary YHNE Health Stream Event**

City of Sanctuary YHNE Health Stream are holding an event (in person and online) at York St John University on 16th Feb from 9.30 - 3.30pm. Further details [here](#). The themes will be in dental and mental health and wellbeing.



## **Data, Documents, Letters, Reports and General Information**

### **Diphtheria: Cases Among Asylum Seekers in England, 2022 and 2023**

From: [UK Health Security Agency](#)

Published: 28 November 2022 (Last updated: 10 January 2023)

An increase in cases of toxigenic *Corynebacterium diphtheriae* has been identified among asylum seekers arriving into England in 2022 and 2023.

### **Notifiable Diseases: Causative Agents Reports for 2023**

From: [UK Health Security Agency](#)

Published: 9 January 2023

### **Immunisation Update Webinars for Primary Care Immunisers 2022**

Series of webinars to help immunisers update their knowledge.

From: [UK Health Security Agency](#)

Published: 5 October 2020 (Last updated 13 January 2023)



### **Arrivals from Ukraine: Advice for Primary Care**

Please see updated incident specific recommendations for TB testing in children arriving from Ukraine. [Arrivals from Ukraine: advice for primary care - GOV.UK \(www.gov.uk\)](https://www.gov.uk/government/news/arrivals-from-ukraine-advice-for-primary-care)

Response to specific mass migration events continues to be updated as the evidence and expert advice evolves. UKHSA and NHSE acknowledge that the updates for this specific group (Ukrainian arrivals) differ from the recommendations for Afghan arrivals (under the ARAP programme) and other groups. We can assure colleagues that these updates have been carefully worked through with subject matter experts and NHSE.

UKHSA is working with partners to address wider disparities and complexities relating to TB testing in migrant groups. A full national review is expected in 2023 and updates will follow.

### **Concern Over Drop in HPV Vaccine Coverage Among Secondary School Pupils**

From: [UK Health Security Agency](https://www.gov.uk/government/organisations/uk-health-security-agency)

Published: 23 January 2023

With Cervical Cancer Prevention Week starting today, UKHSA urges young people to catch up on any missed HPV vaccinations.

### **Post Exposure Prophylaxis for Chickenpox and Shingles**

Post exposure prophylaxis (PEP) is offered to individuals at high risk of severe chickenpox following an exposure.

From: [UK Health Security Agency](https://www.gov.uk/government/organisations/uk-health-security-agency)

Published: 27 April 2022 (Last updated: 27 January 2023 — [See all updates](#))

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~ End ~

Thank you for reading, for our previous publications of our Monthly Update newsletter please visit our website [here](#).