Collection: Community-centred approaches and systems

Description: Evidence and guidance to support the scaling of community-centred approaches and system working as part of action to reduce health inequalities, promote health, prevent illness and level up communities.

Content:

- 1. Community-centred approaches
- 2. Community-centred whole system approach
- 3. Community champions
- 4. Workforce development

1. Community-centred approaches:

Community life, social connections and having a voice in local decisions are all factors that contribute to health. Community-centred approaches engage those most at risk of poor health, empower people to have a greater say in their lives and health and help create connected, resilience and more cohesive communities.

Evidence and guidance: Community-Centred Approaches for Health & Wellbeing.

Blog, slides and infographics: <u>Health matters: community-centred approaches for health and wellbeing</u>

Local practice examples: Community-centred and asset-based approaches practice examples

NICE Guidance44: Community Engagement

NICE: Quality standards: Community engagement

NICE Quality Standards: <u>Promoting health and preventing premature mortality amongst Black, Asian</u> and minority ethnic communities

2. Community-centred whole system approach

Taking a whole system approach involves partners and communities working together to scale and systematise approaches that put communities at the heart of all our work.

Framework and resources: Community-centred public health: taking a whole system approach

Test and learn: The role of community business in community-centred systems

Statutory NHS guidance: Working in partnership with people and communities

Resources and tools: Place Based Approaches to reduce health inequalities

VCSE partnerships: <u>Health and Wellbeing Al</u>liance

3. Community champions

Community champions are one approach that involve community members as volunteers in public health and healthcare. These were engaged in the COVID-19 pandemic response.

Evidence: Community champion approaches: rapid review of evidence

Guidance: Community champions programme guidance and resources

Blog and video: Community champions in practice

Practice examples: Public health learning exchange: Community champions

4. Workforce development

Building knowledge, skills and confidence of staff is an important part of implementing community-centred ways of working.

Bite-sized learning: All Our Health: community-centred practice

E-learning: Community-centred approaches to health improvement

Apprenticeship Standard: Community health and wellbeing worker

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