



Office for Health
Improvement
& Disparities

Moving Healthcare Professionals Programme

What next for NEY?

Chair: Rachel Johns NEY Deputy Regional Director of Public Health

20/04/2023

Agenda

Opening address: Welcome and setting the scene. Prof Peter Kelly, OHID Regional Director and NHS Director of Public Health – North East & Yorkshire	10.00am
Making the case for promoting physical activity in a healthcare setting Jamie Blackshaw, OHID National Physical Activity Team Lead	10.10am
Introduction to the MHPP Caitlin Thomas, OHID National Physical Activity Team	10.25am
National Evaluation of MHPP – Learning from Active Hospitals and PACC Programmes Luisa Pereira-Vargas, Loughborough University, National Centre for Sport and Exercise Medicine	10.35am
MHPP: Learning from Activating NHS Systems Sasha Karakusevic, NHS Horizons	10.50am
Question and Answer Session	11.05am
Comfort break	11.15am
Showcasing local practice – Active Hospitals Northumbria Healthcare NHS Trust and Sheffield Children’s NHS Foundation Trust	11.25am
Showcasing local practice – PACC Dr Dane Vishnubala – PACC Programme Medic Lead	11.45am
Role of Active Partnerships Annie Holden, Active Partnerships National Lead for Health	11.55am
Question and Answer Session	12.05pm
Breakroom sessions	12.15pm





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What next for NEY? Setting the scene

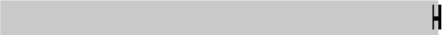









Prof Peter Kelly

OHID Regional Director and NHS Director of Public Health – North East & Yorkshire

20/04/2023

Physical activity levels in NEY

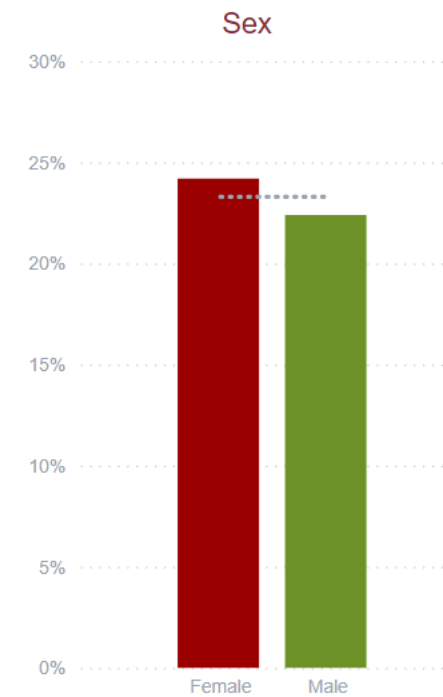
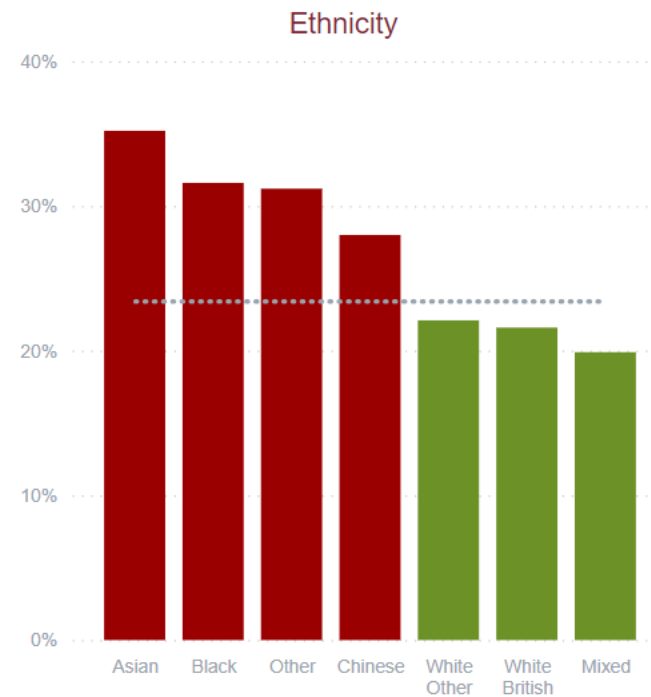
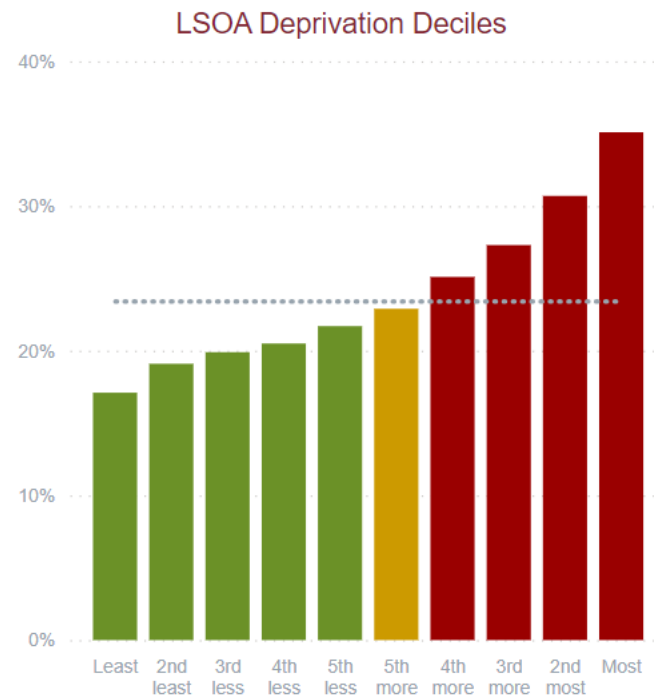
Percentage of physically inactive adults (2020/21)

Area ▲▼	Count ▲▼	Value ▲▼		95% Lower CI	95% Upper CI
England	-	23.4		23.2	23.6
North East region	-	25.6		24.7	26.6
West Midlands region	-	25.6		25.0	26.3
North West region	-	24.9		24.4	25.5
East Midlands region	-	24.5		24.0	25.1
London region	-	24.3		23.7	25.0
Yorkshire and the Humber region	-	24.2		23.6	24.9
East of England region	-	23.2		22.7	23.8
South East region	-	20.2		19.8	20.7
South West region	-	19.9		19.3	20.5

Source: Office for Health Improvement and Disparities (based on the Active Lives Adult Survey, Sport England)

Physical activity and health inequalities

National inequalities – percentage of physically inactive adults



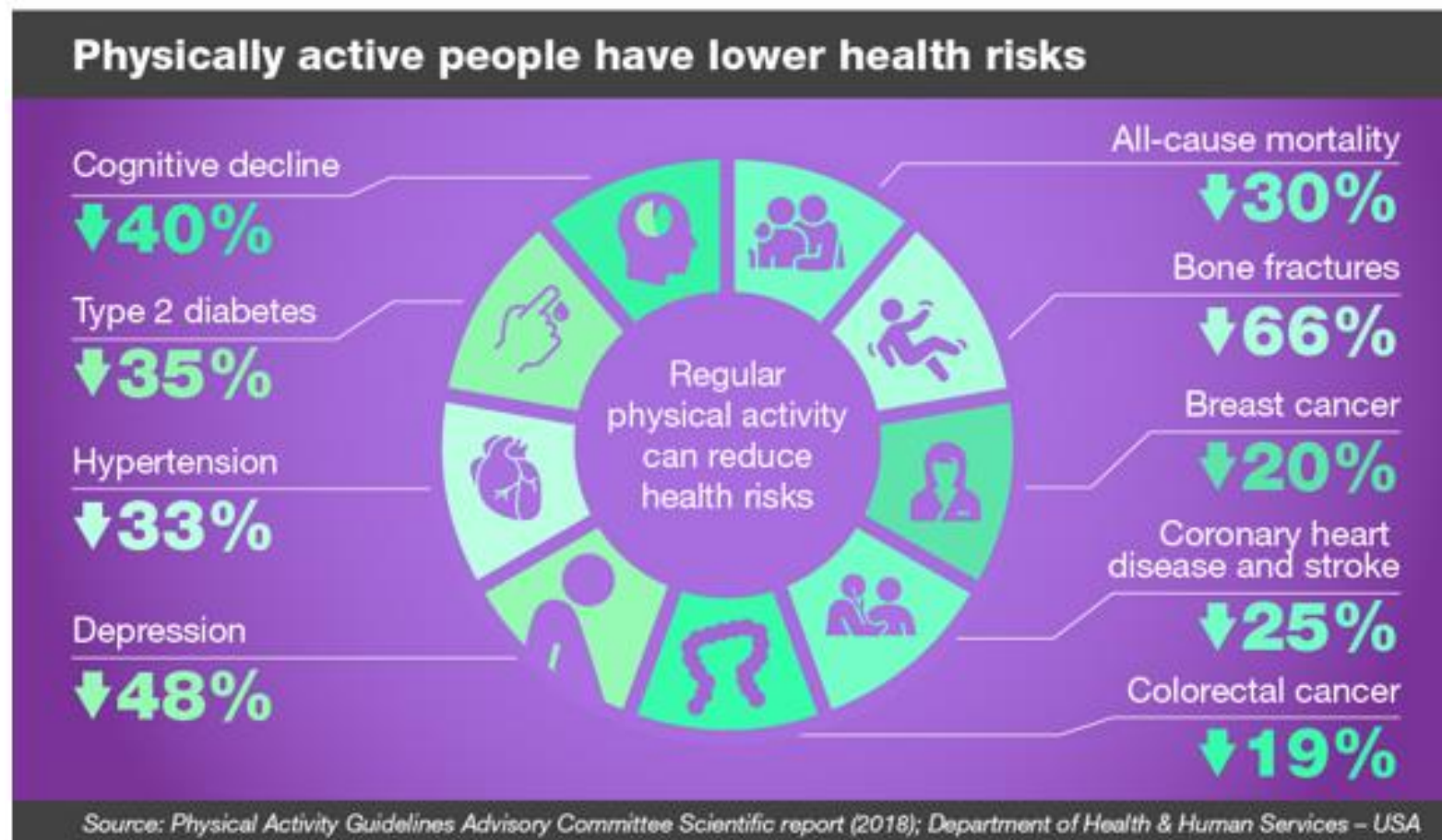
Why is physical activity for health important in NEY?

Major conditions strategy

Wider benefits of physical activity – including mental health

Exploring opportunities with developing integrated care systems

Prevention and health inequalities agenda



Collaboration and a whole systems approach