

# Active Partnerships



Engaging Communities, Transforming Lives

## The Role of Active Partnerships

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# What are Active Partnerships?

- There are 43 Active Partnerships across England, all working on the same challenge: **physical inactivity and the inequalities within this.**
- Our shared purpose and ambition with Sport England is to **grow a Movement for Movement beyond ourselves.**
- A unique feature of Active Partnerships is their **independence**, working across all activities, providers and audiences, focused on the needs of their local communities.
- Efforts are focused on **inactive people and under-represented groups** who will benefit the most from an active lifestyle.
- Active Partnerships work collaboratively with **a range of National and Local stakeholders**, across sectors, taking a whole systems approach, working in a place-based way to.....

*Create the conditions for an active nation*



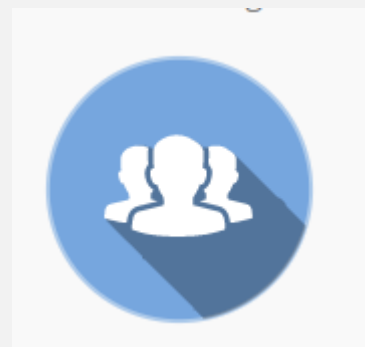
# The Active Partnerships National Team: Our Role

## Connect.

## Strengthen.

## Enable.

- **Connect** – people, places, ideas, policies, practice and tools to make change happen across organisations and sectors
- **Strengthen** - people, organisations, sectors, ideas, outcomes and impact, to help people to achieve their full potential
- **Enable** – we create the conditions for great things to happen



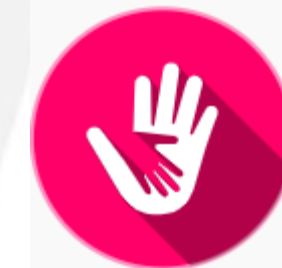
Build Connections and Relationships:  
Connecting and collaborating with systems, partners and communities



Share Resources and tools: to get ensure they reach where they are most needed



Awareness and advocacy: championing the benefits of physical activity



Workforce Development:  
Supporting organisations to develop a welcoming, skilled and diverse workforce



Learning and Impact:  
sharing learning of what works to maximise impact



Insight and Influence:  
An in-depth understanding of local people, systems and places to influence policy and affect change



# Active Partnerships Network & Sport England

A shared ambition: to grow a Movement for Movement beyond ourselves

*In 10 years' time, we want the full, collective potential of Active Partnerships, Sport England and wider system partners to be realised*

- To advocate as one voice on the issues that matter
- To work as one team around a shared purpose
- To act as a network of leaders with diverse specialist skills
- To transform the way we work, to deliver better outcomes for those people who experience the greatest inequalities in physical activity











## Communities of Practice and Learning

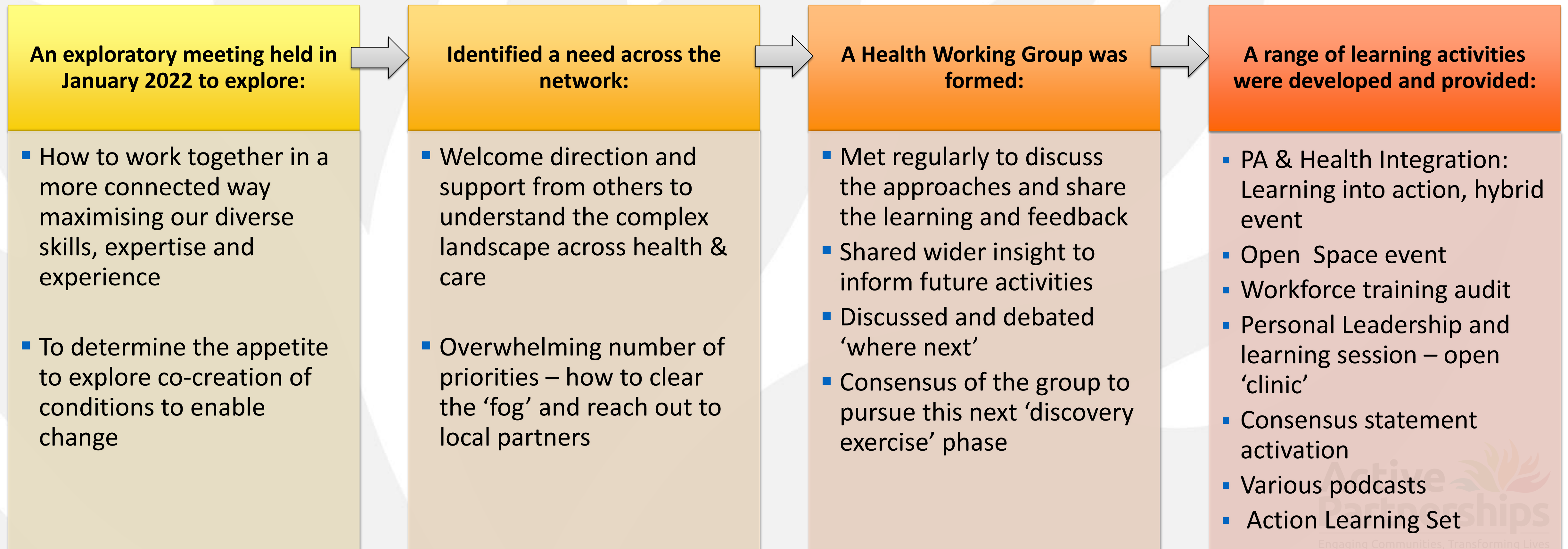
# Health, Care and Inactivity CoP





# Health, Care and Inactivity Community of Practice (CoP)

*the journey so far....*





# Our collective purpose

*To create a sharing and learning culture that enables us to collectively integrate physical activity into the work of Integrated Care Systems and Networks.*



**Join the Live Longer Better  
Revolution.**



[All photos from Centre for Ageing Better Age Positive Image Library](#)

**Live Longer Better Community of Practice  
and Learning: since Dec 2020**





# Live Longer Better

Fundamentally, developing a new culture:

*from care to enablement, using activity (physical, cognitive and emotional) as the driver to increase healthspan for older adults*

It is about seeking to change cultures and systems locally, shifting a mindset that focuses on *reacting* when issues occur and 'caring for' OAs to one that focuses on prevention, enabling older people to thrive *on their terms*.







# National Connections - various

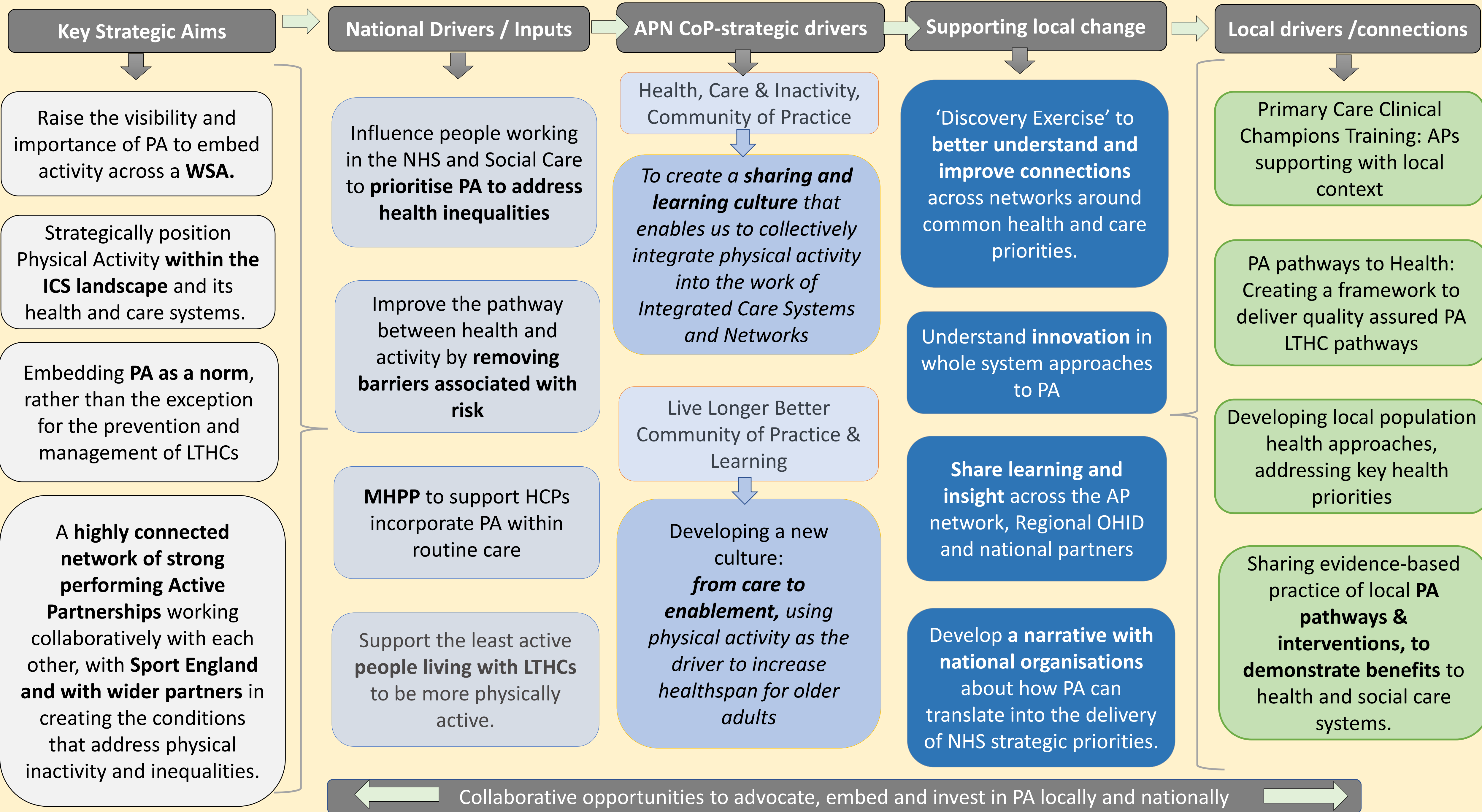
Include:

- Sport England
- NHS Horizons
- OHID PA Team
- Academic Partners
- Richmond Group of Charities
- RCGP
- Age UK
- Centre for Ageing Better
- Faculty Sport & Exercise Medicine
- National and local Charities
- ESCAPE-Pain; Versus Arthritis etc.





Active Partnerships and National Partners co-creating conditions to address physical inactivity & inequalities



Key Strategic Aims

Raise the visibility and importance of PA to embed activity across a **WSA**.

Strategically position Physical Activity **within the ICS landscape** and its health and care systems.

Embedding **PA as a norm**, rather than the exception for the prevention and management of LTHCs

A **highly connected network of strong performing Active Partnerships** working collaboratively with each other, with **Sport England and with wider partners** in creating the conditions that address physical inactivity and inequalities.

National Drivers / Inputs

Influence people working in the NHS and Social Care to **prioritise PA to address health inequalities**

Improve the pathway between health and activity by **removing barriers associated with risk**

**MHPP** to support HCPs incorporate PA within routine care

Support the least active **people living with LTHCs** to be more physically active.

APN CoP-strategic drivers

Health, Care & Inactivity, Community of Practice

*To create a **sharing and learning culture** that enables us to collectively integrate physical activity into the work of Integrated Care Systems and Networks*

Live Longer Better Community of Practice & Learning

Developing a new culture: **from care to enablement**, using physical activity as the driver to increase healthspan for older adults

Supporting local change

'Discovery Exercise' to **better understand and improve connections** across networks around common health and care priorities.

Understand **innovation** in whole system approaches to PA

**Share learning and insight** across the AP network, Regional OHID and national partners

Develop a **narrative with national organisations** about how PA can translate into the delivery of NHS strategic priorities.

Local drivers /connections

Primary Care Clinical Champions Training: APs supporting with local context

PA pathways to Health: Creating a framework to deliver quality assured PA LTHC pathways

Developing local population health approaches, addressing key health priorities

Sharing evidence-based practice of local **PA pathways & interventions**, to demonstrate benefits to health and social care systems.

← Collaborative opportunities to advocate, embed and invest in PA locally and nationally →



# Active Partnerships



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*Thank you*

[www.activepartnerships.org](http://www.activepartnerships.org)