

# The Power of Asking 'What is good'

Since 2015 Well Doncaster has demonstrated an ongoing commitment to utilising and embedding community centred approaches in creating a community led health and wealth approach to reducing health and wealth inequalities. Well Doncaster is creating whole systems change through leading change at an individual, community and organisational level.



## Positive Community Insight

At Well Doncaster we strongly believe that we cannot close the health gap without involving and hearing from those most affected. We need to recognise and build on strengths. Communities need to own and be a direct part of the design and delivery of solutions, working together with public services to build healthy communities and sustainable change. Some of our defining characteristics include:

- A commitment to utilising community centred approaches in addressing health and wealth inequalities
- Encouraging and facilitating asset-based conversations with residents
- Ensuring communities are involved in decision-making about where they live, work and play

We see every day that our communities are brimming with energy and innovation, and we maintain a major focus on building capacity and releasing grass roots energy and ideas.

What's good about your community?



Why is that important to you?

## Community Co-production

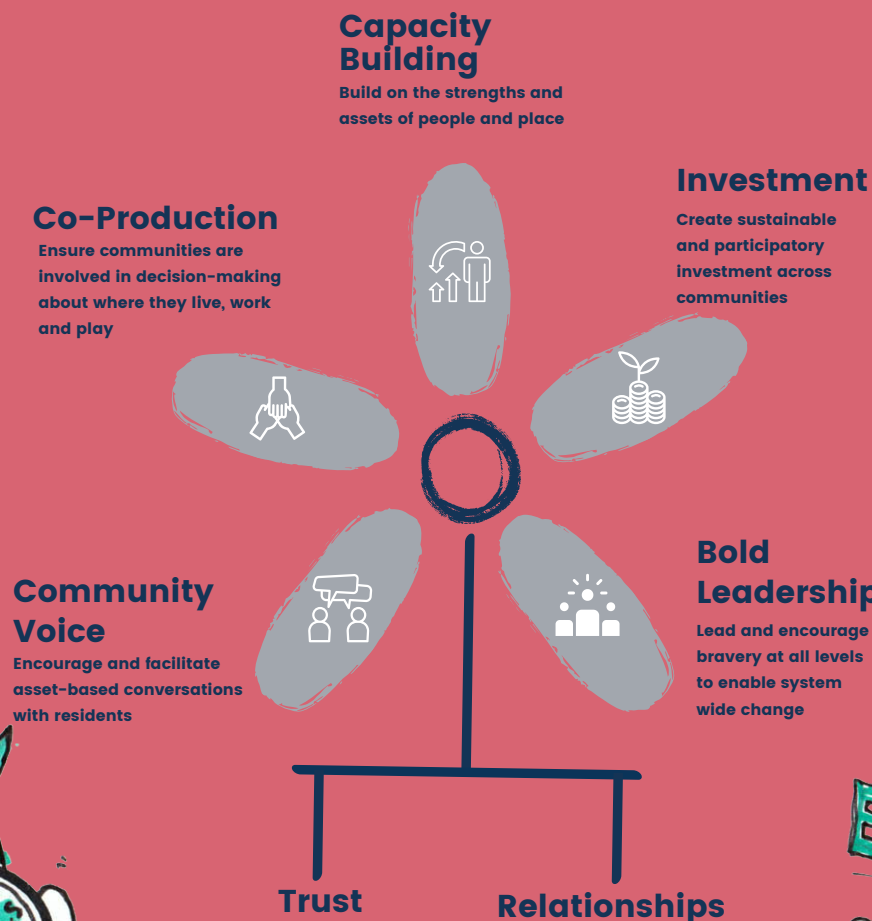
Appreciative Inquiries are undertaken within communities to gather insight to support co-designed action plans with the community, drawing on their strengths and assets from past and present positive experiences. The process strengthens a growing base of community insight, identify residents who want to be involved in change, ignites community leadership and raises the aspirations of the community.

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	Trained Community Explorers	Community Workshops	Community Led Leadership Forums

## Foundational Principles

Well Doncaster's is building on the existing evidence base that working with communities creates healthy communities. We have developed five principles which provide a framework for systems change and are anchored by principles of trust and relationships.

Community voice has been a core principle of Well Doncaster since it started in 2015 and a thematic analysis is undertaken of all the insight we gather. The community priorities are then used to directly inform and influence hyper local and strategic decision making and investment at a community level.



## Co-produced Outputs

A family of evidence based approaches has been developed which focus on promoting health and wellbeing in community settings, rather than service settings. These approaches are recommended by the National Institute of Health and Care Excellence (NICE) and have been further embedded in Well Doncaster. The outputs are co-produced and co-delivered with residents, built on a foundation of positive insight gained from ongoing community conversations.

