

**NHS**

**Yorkshire  
Ambulance Service**  
NHS Trust



**PL'YAS'TIC  
FREE  
CANTEEN**

**Alexis Percival  
Mike Stroud**



**Eliminate plastic**  
The Department of Logistics Services, Health Services  
and the University of Western Australia  
are committed to reducing plastic waste and  
improving our environmental footprint.  
We are looking for your help to  
eliminate plastic from our operations.  
Please contact us for more information.

**Rent-a-Mug**  
Rent a mug for your hot drink  
and avoid the plastic waste of  
disposable mugs.  
Contact us for more information.

**PLASTIC FREE**  
By participating, you will be helping to  
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**Trashless Takeaway**  
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**Milk Bottles**  
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## Glass returnable bottles

- Replaced 8,000 plastic bottles per year
- Same price per pint
- All returned and reused







## Cup usage

- 4 bags contain 200 cups
- A day's use is 280 cups





## Rent a Mug scheme

- 'Rented' for 50p
- Refundable at the end or can be kept
- Replaced 104,000 cups annually





## Food delivery

- Reusable crates
- Cardboard boxes before
- Returned to supplier
- Removed plastic packaging now

# Other changes



- No sachets for sauces
- No sachets for salt and pepper
- No plastic take away containers
- No plastic bottles
- Refillable containers for sauces
- Metal knives and forks/  
Biodegradable cutlery
- Plates
- Foil to cover take-aways
- Paper bags
- Butter station
- Water refill point
- Cans and glass bottles
- Can recycling for charity
- Plate pick up points



## Trashless

In Springhill: 7  
restaurant or ne  
**Leaving the bu**  
biodegradable  
cutlery  
**Rent-a-mug: P**  
return it to the r

## Rent-a-Mug

Rent-a-Mug  
**50p refurb**  
Eliminate 10  
cups a year

Please leave  
bottles from  
Staff from the  
them up at

## Eliminate plastic

The restaurant is going plastic free by eliminating:

- Plastic cutlery
- Plastic lined cups
- Plastic milk bottles
- Plastic sandwich bags
- Plastic bottles
- Sauce sachets
- Takeaway containers

We are introducing a Rent-a-mug scheme  
and Trashless Takeaway





## What is the impact of a PL'YAS'TIC Free Restaurant?

Product	How many used			
	week	month	year	10 years
Pints - 1 pint	150		7800	78000
Pints - 4 pint	20		1040	10400
Tubs		800	9600	96000
Cups	2000		104000	1040000
Sandwich bags		1000	12000	120000
Plastic cutlery		6000	72000	720000

**Total pieces of plastic**

**206,440**

**2,064,400**





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