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Dear Colleagues,

PHE Health and Wellbeing monthly update

IssueNo 46, September 2019

Welcome to the Yorkshire and Humber Health and Wellbeing monthly update. Thank you for subscribing to the monthly update. This monthly update is our way of sharing any good and emerging practice, new developments, updates and guidance. The update is circulated at the beginning of each month with previous month’s updates. If you have anything that needs to be shared urgently, we will circulate as soon as possible.

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| Ensuring Every Child has the Best Start in Life (H&WB Team Lead: Gemma Mann) |
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| **National Child Measurement Programme (NCMP) cost model tool and user guide**  The National Child Measurement Programme (NCMP) team in Public Health England (PHE) has worked with the PHE Health Economics Team, PHE Analytics and Insight – Financial Management Team and six local authorities to develop a NCMP cost model tool and user guide. The tool is designed to support the cost-efficient local commissioning and service delivery of the NCMP, by providing a consistent and automated format to enter costs associated with NCMP delivery.    **A whole system collaborative approach to preventing offending and re-offending by children**  A new PHE report puts forward a public health approach to preventing offending and re-offending behaviour in children. The resource outlines the “CAPRICORN framework” within which health, education, social care, police and voluntary services can develop a collaborative approach to prevent offending behaviour in children; it aims to stimulate local action by engaging with stakeholders in the local health and justice systems, outlines the risk and protective factors, and provides a framework for joined-up action. The full framework can be found [here](https://www.gov.uk/government/publications/preventing-offending-and-re-offending-by-children).  **Children Young People and Families Monthly Update - August 2019** |
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| Living Well |
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| Tackling Obesity (H&WB Team Lead: Nicola Corrigan)  **Language Matters: Language and diabetes**  This guide provides practical examples of language that will encourage positive interactions with people living with diabetes and subsequently positive outcomes.    **Health Matters – Whole systems approach to obesity**  [Read our new edition](http://links.govdelivery.com:80/track?type=click&enid=ZWFzPTEmbXNpZD0mYXVpZD0mbWFpbGluZ2lkPTIwMTkwODE5LjkyMzU0ODEmbWVzc2FnZWlkPU1EQi1QUkQtQlVMLTIwMTkwODE5LjkyMzU0ODEmZGF0YWJhc2VpZD0xMDAxJnNlcmlhbD0xNzEzMDMwNCZlbWFpbGlkPW5pY29sYS5jb3JyaWdhbkBwaGUuZ292LnVrJnVzZXJpZD1uaWNvbGEuY29ycmlnYW5AcGhlLmdvdi51ayZ0YXJnZXRpZD0mZmw9JmV4dHJhPU11bHRpdmFyaWF0ZUlkPSYmJg==&&&102&&&https://www.gov.uk/government/publications/health-matters-whole-systems-approach-to-obesity/health-matters-whole-systems-approach-to-obesity) which focuses on PHE’s [Whole systems approach to obesity guide](http://links.govdelivery.com:80/track?type=click&enid=ZWFzPTEmbXNpZD0mYXVpZD0mbWFpbGluZ2lkPTIwMTkwODE5LjkyMzU0ODEmbWVzc2FnZWlkPU1EQi1QUkQtQlVMLTIwMTkwODE5LjkyMzU0ODEmZGF0YWJhc2VpZD0xMDAxJnNlcmlhbD0xNzEzMDMwNCZlbWFpbGlkPW5pY29sYS5jb3JyaWdhbkBwaGUuZ292LnVrJnVzZXJpZD1uaWNvbGEuY29ycmlnYW5AcGhlLmdvdi51ayZ0YXJnZXRpZD0mZmw9JmV4dHJhPU11bHRpdmFyaWF0ZUlkPSYmJg==&&&103&&&https://www.gov.uk/government/publications/whole-systems-approach-to-obesity), which is designed to support local action on addressing obesity and promoting a healthy weight.  A local whole systems approach to obesity draws on local authorities’ strengths, supports their priorities and recognises that they can create their local approaches more effectively by engaging with their community and local assets.  [Download our free infographics](http://links.govdelivery.com:80/track?type=click&enid=ZWFzPTEmbXNpZD0mYXVpZD0mbWFpbGluZ2lkPTIwMTkwODE5LjkyMzU0ODEmbWVzc2FnZWlkPU1EQi1QUkQtQlVMLTIwMTkwODE5LjkyMzU0ODEmZGF0YWJhc2VpZD0xMDAxJnNlcmlhbD0xNzEzMDMwNCZlbWFpbGlkPW5pY29sYS5jb3JyaWdhbkBwaGUuZ292LnVrJnVzZXJpZD1uaWNvbGEuY29ycmlnYW5AcGhlLmdvdi51ayZ0YXJnZXRpZD0mZmw9JmV4dHJhPU11bHRpdmFyaWF0ZUlkPSYmJg==&&&104&&&https://app.box.com/s/ffsrjklc5ew7a0u3t1gj0xl6dnkt452i) to help make the case for commissioning and delivering services in your area.    [Watch Professor Jim McManus](http://links.govdelivery.com:80/track?type=click&enid=ZWFzPTEmbXNpZD0mYXVpZD0mbWFpbGluZ2lkPTIwMTkwODE5LjkyMzU0ODEmbWVzc2FnZWlkPU1EQi1QUkQtQlVMLTIwMTkwODE5LjkyMzU0ODEmZGF0YWJhc2VpZD0xMDAxJnNlcmlhbD0xNzEzMDMwNCZlbWFpbGlkPW5pY29sYS5jb3JyaWdhbkBwaGUuZ292LnVrJnVzZXJpZD1uaWNvbGEuY29ycmlnYW5AcGhlLmdvdi51ayZ0YXJnZXRpZD0mZmw9JmV4dHJhPU11bHRpdmFyaWF0ZUlkPSYmJg==&&&106&&&https://www.youtube.com/watch?v=a768Mi0nn_Y&t=409s), Director of Public Health for Hertfordshire and Vice President of the Association of Directors of Public Health, discussing the whole systems approach to obesity programme.  The video covers:   * what a whole systems approach is * how local authorities can use PHE's whole systems approach to obesity guide * local authorities' contributions to PHE's whole systems approach to obesity guide * whole systems approach to obesity - a health in all policies approach * stakeholders developing a collective shared vision to tackle obesity * the role of the ADPH and Local Government Association in the whole systems approach to obesity programme   Everybody Active Every Day **(**H&WB Team Lead: Nicola Corrigan)  **Strength and balance exercise programmes: quality markers**  Strength and balance exercise programmes are a key intervention for falls prevention. The recently published [*Strength and balance quality markers: supporting improvement through audit*](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/820673/Strength_and_balance_quality_markers_supporting_improvement_through_audit.pdf)  describes seven quality markers that can be used as criteria supporting local areas in carrying out self-audit to improve service quality. The document has been produced by PHE in collaboration with the National Falls Prevention Coordination Group (NFPCG) member organisations and is endorsed by the British Geriatrics Society, College of Podiatry, Chartered Society of Physiotherapy, RoSPA and the National Audit of Inpatient Falls. The intended audience is local commissioning and strategic leads in England with a remit for falls prevention and delivery of strength and balance exercise programmes.  **Applications for NIHR SPHR Fellowships are now being accepted**  The NIHR School for Public Health Research are now accepting applications for fellowships in public health research at pre- and post-doctoral level.  You can find details on [the SPHR website](https://sphr.nihr.ac.uk/nihr-school-for-public-health-research-fellowships/) and the application packs [here](https://sphr.nihr.ac.uk/nihr-sphr-pre-doctoral-fellowships-advert_v1-0/) (pre-doc) and [here](https://sphr.nihr.ac.uk/wp-content/uploads/2019/07/NIHR-SPHR-launching-fellowships-ADVERT_v1.0.pdf) (post-doc launching).  Please read the advert text and application forms carefully as these should answer any queries regarding the fellowships, there is also a FAQ section on the [SPHR website](https://sphr.nihr.ac.uk/nihr-school-for-public-health-research-fellowships/). Failing that all queries should be directed to: [sphr.training@ncl.ac.uk](mailto:sphr.training@ncl.ac.uk). **Deadline for applications is 4pm on Friday 20th September.**  Healthy Places (H&WB Team Lead: Peter Varey)  **Healthy places through town planning project: expressions of interest deadline**  Local authorities are invited to apply to participate in a project aimed at developing capacity for implementing healthy places through town planning, building on work done by PHE in the areas of spatial planning and health, air quality and green spaces. The GRIP2 project is run by PHE’s Healthy Places team, the University of the West of England (UWE) and the Town and Country Planning Association (TCPA). GRIP2 focusses on engagement and support of local public health teams in planning for health and will work in four localities to develop local resources which can then presented in a national report for application across the country. Local councils are invited to submit expressions of interest by 19 August. Further details are provided in the following notice    **Local healthy workplace accreditation guidance**  Together with the Local Government Association and the Association of Directors of Public Health, PHE has published its new [Local Healthy Workplace Accreditation Guidance](https://www.gov.uk/government/publications/local-healthy-workplace-accreditation-guidance). Developed in collaboration with local authorities and employers, the guidance supports local authorities in England to set up healthy workplace accreditation schemes to encourage healthier workplaces in their area. It gives examples on how common challenges have been solved by existing schemes and signposts to existing national and local sources of evidence and resources to support the process.  Mental Health (H&WB Team Lead: Laura Hodgson)  **Improving Mental Health Support Through Schools and Colleges**  NHS staff will work with more schools and colleges through [Mental Health Support Teams](https://nhs.us13.list-manage.com/track/click?u=1b058e83bc15aa4d35ff2e63b&id=cb78288b11&e=70086ab12b) (MHSTs), with 123 more teams to be recruited, expanding work to improve mental health support for children and young people as part of the NHS Long Term Plan. Training for all schools and colleges will also be offered through a £9.3m programme bringing education and mental health services together, co-ordinated by CCGs. The Link Programme, run by the Anna Freud Centre, funded by the Department for Education, and supported by NHS England, will roll out from September for next four years. Details are available from the [Anna Freud Centre](https://nhs.us13.list-manage.com/track/click?u=1b058e83bc15aa4d35ff2e63b&id=12159a68a4&e=70086ab12b).  **Six decades of preventing and treating childhood anxiety disorders**  Anxiety disorders are the most prevalent childhood mental disorders. They also start early and persist, causing high individual and collective costs. To inform policy and practice, this study asked: What is the best available research evidence on preventing and treating these disorders? **-** [Six decades of preventing and treating childhood anxiety disorders: a systematic review and meta-analysis to inform policy and practice (Evidence Based Mental Health)](https://nhs.us14.list-manage.com/track/click?u=be883359cdd4ff1644d269783&id=28c44ec64f&e=3d316ccc3f)  **Every Mind Matters** **Campaign**  Every Mind Matters is the first government mental health campaign that focuses on protecting and improving people’s mental health. The objective of this campaign is to increase the public’s understanding of how to take care of their own mental health and the mental health of others, ultimately increasing mental health literacy. For our national launch on 7th October, we will be focusing on empowering people to take self-care action around their mental health by encouraging people to create a personalised action plan.  Communications have been sent to all Local Authority Comms Leads and Public Mental Health leads, with guidance to ensure the correct local webpages are signposted to. If you do have any queries about the campaign, please contact Laura Hodgson – [laura.hodgson@phe.gov.uk](mailto:laura.hodgson@phe.gov.uk)  **Funding boost for 23 Mental Health & Wellbeing projects across the country**  The Department of Health and Social Care have recently announced a [funding boost to expand 23 local projects](http://email.dhsc-mail.co.uk/c/eJxdUMluwyAQ_Rr7grC84eXgQxTLinpID6l66KUiMIlRMFDAcfr3xVkuldAw25v3ZnhH62MsujzN2rQJtiKkzJMsKYdmU7UkJ9tmSOuhicqUj47hiQqZMJ3Ml3jssrqqgPMj5KRpq2PRkPrUpFnRAuUtacpYdqP3xkXFJsqH8JZlSc76GtAhCA5YNYHyIVCwuPBNQkqhlcNCYakZlcG5gvNrF_Yau9kYbT1mo5DcgsJUcfyrZ3XGBrSRgB1eewNwBCr9GBXDYrAU6iIUh1tU9FmUV7OfvplWfuUu-n-LPetOz5ZBKPdgqL0rQPqEdvexKPCig2aCSrSlFp6YCbiYp4CBddyLiE6GirMK6ffZ7ncH9FIf5bVDD7noITe2HZNUWEisPjqtwtnNCM-bxb473DJBv_q3KN-Otv0h-w__-QfMBZfM) to better support children and young people in managing their mental health.    The projects have an emphasis on improving access to support outside of NHS services, including for groups such as LGBT young people or (BAME), those from black, Asian and minority ethnic backgrounds.  **Use of mobile apps and technologies in child and adolescent mental health**  This review aims to critically evaluate the currently available literature concerning the use of online mobile-based applications and interventions in the detection, management and maintenance of children and young people’s mental health and well-being - [Use of mobile apps and technologies in child and adolescent mental health: a systematic review (Evidence Based Mental Health)](https://nhs.us14.list-manage.com/track/click?u=be883359cdd4ff1644d269783&id=a0004da5cd&e=3d316ccc3f)  **Eating Disorder Guidance Published by NHS England**  NHS England has now published both: the CYP eating disorder extended guidance to support integration between the community and inpatient and day patient services and the adult eating disorder guidance for community, day and inpatient care for commissioners and providers.    **CYP ED extended guidance**   * <https://www.england.nhs.uk/mental-health/cyp/eating-disorders/> * https://www.england.nhs.uk/mental-health/resources/cypmhs/ * <https://www.england.nhs.uk/wp-content/uploads/2019/08/addendum-to-the-cyp-ed-guidance.pdf> * <https://www.england.nhs.uk/wp-content/uploads/2019/08/extended-cyp-ed-appendices-resources.pdf>     **Adult ED guidance**   * <https://www.england.nhs.uk/wp-content/uploads/2019/08/aed-guidance.pdf> * <https://www.england.nhs.uk/wp-content/uploads/2019/08/aed-appendices-resources-guide.pdf>   PHE has produced an ad-hoc publication release showing trends in numbers of hospital admissions as a result of eating disorders for young people, by sex and single year of age for residents of England - [Eating disorders in young people (Public Health England)](https://nhs.us14.list-manage.com/track/click?u=be883359cdd4ff1644d269783&id=641ed71178&e=3d316ccc3f)  [A longitudinal study of eating behaviours in childhood and later eating disorder behaviours and diagnoses (The British Journal of Psychiatry)](https://nhs.us14.list-manage.com/track/click?u=be883359cdd4ff1644d269783&id=a8328f600c&e=3d316ccc3f)  Eating behaviours in childhood are considered as risk factors for eating disorder behaviours and diagnoses in adolescence. However, few longitudinal studies have examined this association. The authors investigated associations between childhood eating behaviours during the first ten years of life and eating disorder behaviours (binge eating, purging, fasting and excessive exercise) and diagnoses (anorexia nervosa, binge eating disorder, purging disorder and bulimia nervosa) at 16 years.  **Employment Advisers in Improving Access to Psychological Therapies**  The Department for Work and Pensions and Department of Health and Social Care have published [Employment Advisers in Improving Access to Psychological Therapies: process evaluation report](https://nhs.us13.list-manage.com/track/click?u=1b058e83bc15aa4d35ff2e63b&id=b908aeaf1a&e=70086ab12b). This research looks at stakeholder views of the Employment Advisers in Improving Access to Psychological Therapies pilot which began in March 2018.  **Between 2008-2016, male prisoners were 3.7 times more likely to die by suicide than men in the general population – 2019 ONS report now available**  1,830 deaths in prison custody from 2008 to 2016 were identified after linking with the HM Prison and Probation Service (HMPPS) data. Male prisoners were at an increased risk of dying by suicide compared with the general male population; the risk of male prisoners dying by suicide was 3.7 times higher than the general male population during the nine-year period. The large majority of suicides were male deaths, which accounted for 97% of all suicides (450 deaths) compared with 12 female deaths. The risk of male prisoners dying from drug-related causes was similar to the general male population, with opiates being the most common drug type mentioned in these deaths. For full report visit [ONS webpages](http://links.govdelivery.com:80/track?type=click&enid=ZWFzPTEmbXNpZD0mYXVpZD0mbWFpbGluZ2lkPTIwMTkwODA3Ljg4NjQzMjEmbWVzc2FnZWlkPU1EQi1QUkQtQlVMLTIwMTkwODA3Ljg4NjQzMjEmZGF0YWJhc2VpZD0xMDAxJnNlcmlhbD0xNzEyODEyOCZlbWFpbGlkPWxhdXJhLmhvZGdzb25AcGhlLmdvdi51ayZ1c2VyaWQ9bGF1cmEuaG9kZ3NvbkBwaGUuZ292LnVrJnRhcmdldGlkPSZmbD0mZXh0cmE9TXVsdGl2YXJpYXRlSWQ9JiYm&&&104&&&https://www.ons.gov.uk/peoplepopulationandcommunity/birthsdeathsandmarriages/deaths/articles/drugrelateddeathsandsuicideinprisoncustodyinenglandandwales/2008to2016).  **Aftermath of Suicide and the Role of the Media**  South Yorkshire and Bassetlaw ICS held an event on 17th May 2019 - Aftermath of Suicide and the Role of the Media. The weblink includes access to 3 videos recorded for, or on, the day:  <https://www.healthandcaretogethersyb.co.uk/about-us/whychange/latest-news/support-aftermath-suicide>      **National Mental Health Intelligence Network Profiling Tools on Fingertips**  The National Mental Health Intelligence Network (NMHIN) has been conducting further developments on their suite of mental health profiling tools. Click on the links below to access the updates:  [Common Mental Health Disorders](https://nhs.us13.list-manage.com/track/click?u=1b058e83bc15aa4d35ff2e63b&id=89032a58d3&e=955474ce8a)  [Crisis Care](https://nhs.us13.list-manage.com/track/click?u=1b058e83bc15aa4d35ff2e63b&id=583699de5e&e=955474ce8a)  [Mental Health and Wellbeing JSNA Profile](https://nhs.us13.list-manage.com/track/click?u=1b058e83bc15aa4d35ff2e63b&id=82d2b19481&e=955474ce8a)  [Severe Mental Illness](https://nhs.us13.list-manage.com/track/click?u=1b058e83bc15aa4d35ff2e63b&id=19de3e47c5&e=955474ce8a)  [Suicide Prevention Profile](https://nhs.us13.list-manage.com/track/click?u=1b058e83bc15aa4d35ff2e63b&id=c9b84becc8&e=955474ce8a)    To receive updates directly from NMHIN visit the [PHE subscriptions page](https://nhs.us13.list-manage.com/track/click?u=1b058e83bc15aa4d35ff2e63b&id=636b7364c4&e=955474ce8a)  and select ‘Mental Health Dementia and Neurology’.    **NICE Consultations and Shared Learning**  NICE is consulting on the following:   * [Mental wellbeing at work: draft scope consultation](https://nhs.us13.list-manage.com/track/click?u=1b058e83bc15aa4d35ff2e63b&id=5934ca5620&e=70086ab12b). The closing date for comments is 9 September 2019.     NICE has published the following outcomes from Quality Standard reviews:   * QS187: [Learning disability: care and support of people growing older](https://nhs.us13.list-manage.com/track/click?u=1b058e83bc15aa4d35ff2e63b&id=ab4fdebd50&e=70086ab12b) * QS101: [Learning disability: behaviour that challenges](https://nhs.us13.list-manage.com/track/click?u=1b058e83bc15aa4d35ff2e63b&id=f97dc7c927&e=70086ab12b) (updated) * QS14: [Service user experience in adult mental health services](https://nhs.us13.list-manage.com/track/click?u=1b058e83bc15aa4d35ff2e63b&id=02055301ef&e=70086ab12b) (updated) * QS188: [Coexisting severe mental illness and substance misuse](https://nhs.us13.list-manage.com/track/click?u=1b058e83bc15aa4d35ff2e63b&id=24b60f25cd&e=70086ab12b)   NICE has also published the following updated Clinical Guideline:   * CG113: [Generalised anxiety disorder and panic disorder in adults: management](https://nhs.us13.list-manage.com/track/click?u=1b058e83bc15aa4d35ff2e63b&id=f1c3edf8a3&e=70086ab12b) (updated)   Reducing Harmful Drinking (H&WB Team Lead: Andy Maddison)  **Alcohol interventions in secondary and further education**  NICE has published a guideline on [school-based interventions to combat alcohol-use disorders](https://www.nice.org.uk/guidance/ng135) aimed at local authorities, teachers and other working in the education sector, including in special schools and further education settings. Schools are in a good position to deliver effective action, a 2016 review concluded, whereas education messages by the alcohol industry had no significant public health effects (see [PHE's public health burden of alcohol: evidence review](https://www.gov.uk/government/publications/the-public-health-burden-of-alcohol-evidence-review)).  **Alcohol services guidance, self-assessment materials and webinar**  PHE has updated the [alcohol CLeaR guidance and self-assessment tool](https://www.gov.uk/government/publications/local-alcohol-services-and-systems-improvement-tool) to help local alcohol partnerships plan and improve alcohol services and systems to reduce alcohol-related harm. CLeaR is an evidence-based improvement model which stimulates discussion among partners about local opportunities for improving alcohol-related outcomes through effective collaborative working. The new materials have been updated based on feedback from existing users. Local areas can now also validate the findings from their self-assessment through a peer review process. PHE is planning to host a webinar on Monday, 9 September, introducing the revised CLeaR tool, outlining the different ways it can be used, considering its impact at the local level and setting out the peer review offer to support local areas that are keen to use this approach to system improvement. Please email [clearalcoholteam@phe.gov.uk](mailto:clearalcoholteam@phe.gov.uk) for joining information.  **‘Spot of Lunch’ Alcohol Campaign**  On Monday Sept 2 the Yorkshire and Humber will be launching the first ever alcohol TV campaign to run in the region. The campaign is supported by the national charity Breast Cancer.  The campaign highlights the links between alcohol and breast cancer and promotes taking more drink free days. The campaign will include TV and digital advertising with artwork supplied for partners who wish to support including digital screens for waiting areas, posters and social posts.  The key message is that any level of regular drinking increases the risk of developing breast cancer; but reducing drinking can reduce the risks.  Advertising and publicity will link to the campaign website at [www.reducemyrisk.tv/](http://www.reducemyrisk.tv/) which signposts the free One You Drink Free Days app as a good way to support cutting down on alcohol consumption. This will be updated to include the new Yorks and Humber Alcohol Alliance Branding.  We are inviting partners in local authorities and NHS/ICS trusts to support the campaign to amplify and extend these messages on local communication channels.  The aims of the campaign:  • To raise awareness among the public that alcohol causes cancer – a right to know  • To encourage people drinking over the CMO’s low risk guidelines of 14 units a week to reduce their drinking – a good way to do this is to take more days off alcohol  A host of campaign deliverables will also be made available for local authorities and partners use in supporting the campaign.  Sexual Health (Yorkshire and Humber Facilitator: Georgina Wilkinson)  **PHE Reproductive Health, Sexual Health and HIV Innovation Fund 2019-20**  We are delighted to announce the PHE Reproductive Health, Sexual Health and HIV Innovation Fund 2019-20. In contrast to previous years when we have concentrated on HIV prevention, this year we are inviting applications for projects that also look to improve Reproductive Health and tackle wider aspects of poor Sexual Health. Guidance and application details can be found on the official [webpage](https://www.phe-events.org.uk/hpa/frontend/reg/thome.csp?pageID=375130&eventID=864).  Furthermore, you can read about last year’s success projects [here](https://www.gov.uk/government/news/innovative-hiv-prevention-projects-reached-170000-people-in-2018)  **New Health Matters on preventing STIs**  The latest edition of Health Matters, [Preventing STIs](https://www.gov.uk/government/publications/health-matters-preventing-stis/health-matters-preventing-stis), provides an up-to-date and comprehensive review of current public health activity related to sexually transmitted infections in England, encompassing national level surveillance and epidemiology, and local level testing and prevention activities. The five most common STIs – gonorrhoea, chlamydia, syphilis, genital herpes and genital warts – are covered in detail; gonorrhoea having shown the greatest year-on-year rise in incidence of all STIs in 2018, the second being the most prevalent, accounting for 49% of all STI diagnoses in 2018. Other cross-STI themes covered are regional inequalities, outbreak management, the impact of higher risk sexual behaviours on incidence, economic resources available for sexual health services, drug resistance, and the upcoming statutory requirement for relationship and sexual health education in schools. Links to current guidance are provided throughout.  Read the [launch blog​](https://publichealthmatters.blog.gov.uk/2019/08/21/health-matters-preventing-stis/) for a summary of the full edition’s content.  **NICE consultation on scope of STI guideline review**  NICE has issued [a scoping consultation](https://www.nice.org.uk/guidance/GID-NG10142/documents/draft-scope-2) ahead of a review of its 2007 guideline that currently covers both STIs and under-18 conceptions. The consultation, developed jointly with PHE, will determine the scope of an updated guideline intended to assist local authorities, CCGs and NHS England in their STI prevention activities. (The updated guideline will cover STI prevention only, as prevention of under-18 conceptions is now covered by other guidance.) The latest edition of PHE’s Health Matters, [*Preventing STIs*](https://www.gov.uk/government/publications/health-matters-preventing-stis/health-matters-preventing-stis), was published earlier this month.  Drugs Recovery (H&WB Team Lead: Andy Maddison)  **ONS drug related deaths statistics**  The 2018 [drug related death statistics](https://www.ons.gov.uk/peoplepopulationandcommunity/birthsdeathsandmarriages/deaths/bulletins/deathsrelatedtodrugpoisoninginenglandandwales/2018registrations) were published on 15/08/19:  Drug poisoning deaths in England and Wales are now at a record high of 4359, an annual increase of 16%. 1,272 of the deaths were recorded here in the Yorkshire & Humber region.  Work undertaken by PHE found that people most at risk of DRD lived alone, took drugs alone and consuming multiple different types of drug alongside alcohol. Often people will have overdosed many times before and are less likely to be in contact with drug treatment services.  **Rosanna O’Connor, Director Drugs, Alcohol, Tobacco and Justice at PHE:**  “Drug treatment services reduce harm and help many people recover so it is essential that everyone can easily get treatment which we know saves lives.  “Problematic drug use is most commonly seen in deprived areas and is a symptom of complex social circumstances. PHE will continue to support local authorities in delivering tailored, effective services that we know work.”  **A response from the Association of Directors of Public Health can be found** [**here**](https://www.adph.org.uk/2019/08/drug-related-deaths-getting-some-fundamentals-right-2/)  **Funding for Family Drug and Alcohol Courts and Family Group Conferencing announced**  The DfE are looking to support the extension of Family Drug and Alcohol Courts and family group conferencing with £15m funding being made available this year.  Department for Education are reported to have announced the areas getting the funding.  A total of 15 new FDACs will be established in **Leeds**, Walsall, Milton Keynes, Gloucestershire, London, Coventry, Stockport, Birmingham, Newcastle, Southampton, Bedfordshire, East Sussex, Somerset, Essex, and Kent.  On family group conferencing they say there will be new services in:  North East Lincolnshire, Bath and North East Somerset, Middlesbrough alongside Redcar & Cleveland, Plymouth, Birmingham, Staffordshire, Southampton, **Sheffield, Rotherham**, Lambeth, Lewisham, Lancashire alongside Blackpool, Knowsley, Salford, Derbyshire, Leicestershire, Northamptonshire, Nottingham, Merton, Bromley, Sunderland, and Shropshire.  The Yorkshire Post published an article on this which can be found [here](https://www.yorkshirepost.co.uk/news/politics/drug-and-alcohol-court-service-in-leeds-which-stops-families-being-broken-up-is-set-to-expand-with-new-government-funding-1-9924944)  **Prescribed Medicines Review**  At the August PHE National Alcohol & Drug Meeting it was announced that the Prescribed Medicines Evidence Review will be published on the 10th of September 2019.  The review will consider the evidence for dependence on, and withdrawal from, prescribed medicines.  An overview and an outline of the reviews scope can be found [here](https://www.gov.uk/government/publications/prescribed-medicines-review-scope/scope-of-the-prescribed-medicines-review):  The document will be circulated to Y&H colleagues upon release.  **The Recovery Games link**  [Here](https://www.youtube.com/watch?v=2FxPd6yhjL8&feature=youtu.be) is a brief snapshot of The Recovery Games, which celebrates recovery from drug and alcohol dependence, and is a chance for teams of service users, volunteers and staff to work together, competing against other teams from services across the region.  **Notes from the National Intelligence Network on drug health harms**  A [briefing](https://www.gov.uk/government/publications/drug-health-harms-national-intelligence) based on presentations and discussion at the last meeting of the National Intelligence Network on the health harms associated with drug use has been published on GOV.UK. These notes are for directors of public health, commissioners, drug treatment services and needle and syringe programmes. The network is convened by the Alcohol, Drugs, Tobacco and Justice division of PHE’s Health Improvement directorate; member organisations include providers of drug treatment services and national professional and membership bodies. The network exchanges intelligence on blood-borne viruses, new and emerging trends in drug use and drug-related deaths and explores how to use this intelligence to improve practice. Information is then shared nationally to inform commissioning and practice throughout.  NHS Health Checks and CVD (H&WB Team Lead: Karen Pearson)  **NHS Health Check Programme**  On Friday 16th August the government announced the [review of the NHS Health Check programme](https://www.gov.uk/government/news/personalised-health-checks-to-be-considered-in-new-review) as outlined in the [Green Paper](https://www.gov.uk/government/consultations/advancing-our-health-prevention-in-the-2020s/advancing-our-health-prevention-in-the-2020s-consultation-document). The review intends to inform a new look NHS Health Check Service which harnesses the latest technology, techniques, and data, and move away from standardised health checks. This review intends to show whether tailored programmes depending on factors that could include their age, where they live and their DNA – will be beneficial to preventing devastating diseases. The changes are part of a wider shift from blanket approaches to public health, to a modernised, future-proof system that takes risk or personal choices into account.  Cardiovascular Disease Prevention Conference - call for abstract submissions  The Events team has launched a call for abstracts for the Cardiovascular Disease (CVD) Prevention Conference 2020 being held on **Thursday, 6 February 2020 in London**.  Registration to attend the conference will open in late November. The focus of the 2020 conference is helping people to age healthily by taking proactive, predictive and personalised action to reduce their risk of CVD. Abstracts for poster and oral presentation are invited for submission by **midday on Monday 7 October 2019**.  [Find out more about how to submit an abstract for the Conference by clicking here](http://phengland.newsweaver.com/PublicHealthEnglandNewsletter/rc6p0gs62p12ny9damirs1?email=true&a=5&p=3053887&t=171936)  **Review of NHS Health Check services**  The publication of the green paper [Advancing our health: prevention in the 2020s – consultation document](https://www.gov.uk/government/consultations/advancing-our-health-prevention-in-the-2020s/advancing-our-health-prevention-in-the-2020s-consultation-document) last month announced there would be a review of the NHS Health Check, more details of the review were announced on the 16th August in this press release [Personalised health checks to be considered in new review](https://www.gov.uk/government/news/personalised-health-checks-to-be-considered-in-new-review). The outcome of the review could significantly change the NHS Health Check offering, so we feel that taking a pause in the digital work until the review is complete is sensible.  **Scaling back NHS Health Check Digital programme**  PHE We want to ensure that this work produces some demonstrable prototypes that are tested with users and helps the delivery of the NHS Health Check with some clear recommendations based on our extensive design research. To achieve this, the team has been scaled back to a design and user research only team and they have been working on using our discovery outputs into tangible prototypes that can be tested with our users (patients and professionals). The team plan to run ad-hoc show & tell sessions to update on their progress which you will all be invited to attend. We will be publishing our findings publicly on the NHS Health Check website later in the year.    There is more information regarding the consultation and the review in the [August NHS Health Check e-bulletin](https://www.nhshealthcheck.nhs.uk/nhs-health-check-e-bulletin-august-2019/front-page/nhs-health-check-e-bulletin-august-2019)  **Proposed retirement of PRIMIS call-recall tool**  Since 2014 Public Health England (PHE) has commissioned a [tool](https://www.nottingham.ac.uk/primis/tools/qi-tools/nhs-health-checks.aspx) from PRIMIS (Primary Care Information Services, developed by the University of Nottingham) which allows general practices (GPs) to determine their eligible population for an NHS Health Check accurately.  The audit tool is a MIQUEST solution and so uses READCODES, not SNOMED CT. With the transition to the use of SNOMED CT as standard practice by the end of 2019, the existing tool will become redundant. As a result, PHE will be retiring the tool as soon as all GP IT systems have moved to SNOMED CT or by Tuesday 31st March 2020 at the latest. Areas that anticipate any issue with the retirement of the PRIMIS tool should contact PHE CVD prevention team at [nhshealthchecks.mailbox@phe.gov.uk](mailto:nhshealthchecks.mailbox@phe.gov.uk).  **CVD Briefing for STP/ICS**  In February 2018, STP Leaders agreed CVD and respiratory would be the two clinical priority areas for collaboration across the north. A regional task and finish group, formed of STP nominees supported by ALBs, collaboratively authored a regional CVD Development Framework that was endorsed by STP Leaders in March 2019. The focus of the work was secondary prevention and management of AF, BP and high cholesterol. STP/ICS Leaders agreed a level of ambition against the Framework for all STPs/ICSs that we’d expect to see reflected in their September plans. The task and finish group continue to meet to share good practice and learning. A briefing note has been shared with STP/ICS leads that has collated the various national and regional resources on CVD prevention available to support development of the STP/ICS plans due in September. The attached has been collated with input from the group and national CVD programme leads. It is intended as a helpful informal resource for local planners.    **Online display of NHS Health Check Official Statistics: change of address!**  Currently, NHS Health Check activity data are published both on the NHS Health Check programme website and on PHE’s Fingertips tool.  **From 3rd September 2019, NHS Health Check activity data will no longer be available on** [www.healthcheck.nhs.uk](http://www.healthcheck.nhs.uk/) **website.**  [**PHE’s Fingertips website**](https://fingertips.phe.org.uk/profile/nhs-health-check-detailed) **will be the only place where these statistics are published.**  This decision was taken in part to reduce duplication but also to align data format, timing and governance with other official statistics produced by PHE.  Please note that this change does not affect the collection of quarterly data. Local authorities should still submit their quarterly data on offers and completed checks, via the data portal on [www.healthcheck.nhs.uk](http://www.healthcheck.nhs.uk/) as per the following schedule:   |  |  |  |  | | --- | --- | --- | --- | | **Year Quarter** | **Portal opens** | **Portal closes** | **Data published online** | | 2019-20 Q1 | 01 July 2019 | 07 August 2019 | 3 September 2019 at 9:30 am | | 2019-20 Q2 | 01 October 2019 | 05 November 2019 | 3 December 2019 at 9:30 am | | 2019-20 Q3 | 02 January 2020 | First week Feb 2020 | 3 March 2020 at 9:30 am | | 2019-20 Q4 | 01 April 2020 | First week June 2020 | 7 July 2020 at 9:30 am |   If you have suggestions about how we can ease the move for colleagues less familiar with Fingertips or if you have any questions, please contact [catherine.lagord@phe.gov.uk](mailto:catherine.lagord@phe.gov.uk)  **NHS Health Check Webinars**  Next NHS Health Check Webinar will take place on the **16th October at 14:00** – **15:00** and will provide an update on key changes to the NHS Health Check best practice guidance, in particular PHE’s advice on point of care testing and the use of QRISK3.  [Click here to register for the CVD prevention webinar series.](https://surveys.phe.org.uk/TakeSurvey.aspx?SurveyID=92304572)  You can also find the presentations and videos for past webinars and our forthcoming programme [here.](https://www.healthcheck.nhs.uk/commissioners-and-providers/events/webinars/)  **Update on the NHS Health Check Best Practice Guidance**  The NHS Health Check Best Practice Guidance is being updated and will be published in September 2019. This guidance has been produced to support local authority commissioners and providers with getting the most from the programme. It sets out the legal requirements underpinning the programme’s delivery; identifies where there is scope for local flexibility and innovation; and signposts to a wide range of evidence, tools and resources to support the delivery of a high impact and high-quality programme. The updated version will be available on the [NHS Health Check website](https://www.healthcheck.nhs.uk/commissioners-and-providers/national-guidance/).  Reducing Health Inequalities (H&WB Team Lead: Alison Iliff)  **Community-centred approaches to reducing health inequalities – Bromley by Bow case study**  Building healthy communities is an essential part of reducing health inequalities and “community hubs” are one way of building community capacity, strengthening social connections and widening access to services at a local level. PHE has produced [a range of resources](https://phelibrary.koha-ptfs.co.uk/practice-examples/caba/bbb/) derived from the experience of the [Bromley by Bow Centre](https://www.bbbc.org.uk/) charity, currently celebrating its 35th anniversary, with a view to sharing the evidence and learning gained from that project. |
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| Ageing Well (H&WB Team Lead: Alison Iliff) |
| **Health Inequalities in Older Populations in Rural Coastal Areas Review**  Public Health England published a review of [Health Inequalities in Older Populations in Rural and Coastal Areas](https://www.gov.uk/government/publications/health-inequalities-in-ageing-in-rural-and-coastal-areas) this morning, together with a [blog article](https://publichealthengland.exposure.co/health-inequalities-in-rural-and-coastal-areas) supporting the launch.  The research was carried out by Northumbria University and comprises a rapid literature review together with a number of case studies of local practice, bringing together a range of information in one place with links to published research. It provides evidence on the nature of health inequalities experienced by older populations in coastal and rural areas, together with a summary of considerations in taking an asset-based approach to reducing inequalities and promoting healthy ageing in these areas. It is intended for local commissioning and strategic leads to inform service design, planning and delivery as well as the development of local infrastructure.  **Please do share and promote across your networks as appropriate.**  Data, Documents, Letters, Reports & General Information  **Research for Patient Benefit (RfPB) social care funding roadshow events**  Our [Research Design Service (RDS)](http://www.nihr.ac.uk/rds) is running regional events which will offer an opportunity to gain a greater understanding of RfSC funding.  They key event dates are:    **Manchester – 8th October 2019**  **York – 17th October**  More information can be found in the following flyer: |
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| Upcoming Meetings and Seminars |
| **Upcoming: Cardiovascular Disease Prevention Conference 2020**  PHE is pleased to announce that the Cardiovascular Disease Prevention Conference 2020 – Proactive, Predictive, Personalised will be held at the Kia Oval, south London, on Thursday 6 February 2020.  **Upcoming: PHE Annual Conference 2019, 10 and 11 September**  Bookings remain open for the PHE Annual Conference 2019 on the [conference website](https://www.phe-events.org.uk/hpa/frontend/reg/thome.csp?pageID=356560&eventID=829) which has detailed information about the sessions and speakers. The conference will take place at the University of Warwick on Tuesday 10 and Wednesday 11 September. Delegates attending both days can join a pre-conference workshop Monday 9 September at no extra charge. Early booking is advised.  **Upcoming: *Health inequalities - from data to delivery* (NHS Expo conference session, Manchester, 4 September)**  PHE chief executive Duncan Selbie, with expert colleagues participating, will chair a [plenary session on the theme of interventions to reduce health inequalities in England](https://www.eventsforce.net/dods/frontend/reg/tAgendaWebsite.csp?pageID=2969832&eventID=7528&mainFramePage=dailyagenda.csp&mode=) at the Health and Care Innovation Expo conference and exhibition in Manchester on 4 September 2019 (1000-1100 hrs).  The session will make the case for concerted cross-system efforts to address health inequalities, addressing the challenges and highlighting best practice. Presenters will be: Professor Chris Bentley (independent population health consultant and former director of the health department’s [Health Inequalities National Support Team](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/215396/dh_130521.pdf)); Dr Vin Diwakar (Regional Medical Director for London Region, NHS England and NHS Improvement); Amanda Healy (director of public health and chair of North East DPH Network, Durham County Council); and Sarah Sweeney (communications and health policy manager, Friends Families and Travellers).  **Webinar: Addressing Health Inequalities through the NHS Long Term Plan Implementation Framework**  The Long Implementation Plan sets out the approach systems (STPs/ICSs) should use to create their five-year strategic plans. One of the key aspects of this framework is the reduction of Health Inequalities.  NHS England and NHS Improvement in partnership with Public Health England and Population Health Management Team are hosting a series of webinars focusing on health inequalities and the Long-Term Plan Implementation Framework. The webinars are an opportunity for regional and system leads to ask practical questions and seek clarity on specific health inequalities elements of the framework.  The webinar will last for 90 minutes and cover the following subjects:   * Brief overview of the NHS LTP Health Inequalities commitments and expectations, and how the national ALBs can support you in the regions with the development of the local system plans? * How will we work to reduce health inequalities in a more integrated place-based approach? * Learn more about the recently launched PHE Place Based Approaches to Reducing Health Inequalities and update on soon to be launched Menu of evidence-based interventions for addressing health inequalities. * Case studies - areas doing well on reducing and measuring health inequalities can talk about the approaches and interventions, what worked well, what was challenging, and lessons learnt. * Opportunity for Questions and Answers   The webinar will be repeated four times in the following dates and times   * [Friday 16th August 1 to 230 pm](https://healthsector.webex.com/mw3300/mywebex/default.do?service=1&siteurl=healthsector&nomenu=true&main_url=%2Fmc3300%2Fe.do%3Fsiteurl%3Dhealthsector%26AT%3DMI%26EventID%3D835684527%26UID%3D0%26Host%3DQUhTSwAAAAR5xyJrbEwT4ChRRa435CUhkQjxvhbvGLlbBGozaM7X_oXotmFShNTr3i9ro4VG3D4kq34K_S7g8kA1uoT8whjq0%26RG%3D1%26FrameSet%3D2%26RGID%3Dr2cefba20eb25111d4400f4b34089bde4) * [Tuesday 20th August 10 to 1130 am](https://healthsector.webex.com/mw3300/mywebex/default.do?service=1&siteurl=healthsector&nomenu=true&main_url=%2Fmc3300%2Fe.do%3Fsiteurl%3Dhealthsector%26AT%3DMI%26EventID%3D835694152%26UID%3D0%26Host%3DQUhTSwAAAASCT4bz975wjYGGbtxb6pbHNokz6chFo9BVKoechZGnBfy2Dt02iYNzRAU2VoZ2oxtfs26i9plC6f8i4CJESPsK0%26RG%3D1%26FrameSet%3D2%26RGID%3Dr041bef8fdf1492403c6719d08ea94e56) * [Tuesday 3rd September 1 to 230 pm](https://healthsector.webex.com/mw3300/mywebex/default.do?service=1&siteurl=healthsector&nomenu=true&main_url=%2Fmc3300%2Fe.do%3Fsiteurl%3Dhealthsector%26AT%3DMI%26EventID%3D835707187%26UID%3D0%26Host%3DQUhTSwAAAARahIRMN9vzWgZgnP5A0WXpfZvegqD9LZ1FN_BOCXd9X3EKqnnnRr1gJi4BSGuGrci3iv8L7Tt1EzYz8mbUYdXE0%26RG%3D1%26FrameSet%3D2%26RGID%3Drcf1de8194732b025bf8bbfd501af8a03) * [Friday 13th September 10 to 1130 am](https://healthsector.webex.com/mw3300/mywebex/default.do?service=1&siteurl=healthsector&nomenu=true&main_url=%2Fmc3300%2Fe.do%3Fsiteurl%3Dhealthsector%26AT%3DMI%26EventID%3D835710252%26UID%3D0%26Host%3DQUhTSwAAAATixRolZK1yeikm5diSdPCYEnnvLF5wlej9bch2vFkLqWN6m9forEMv4emvU_T80MrJTZnzqDqPAgAmP4mEf_oQ0%26RG%3D1%26FrameSet%3D2%26RGID%3Drbc376ccaad097dcf72fd9df298677ac2)   To register for any of these sessions please click on the link above. The registration screen may require a password which is **LTPHI.** Once you have registered, joining instructions for the webinar will be forwarded to you by email. Feel free to pass on this information to any colleagues who might be interested. For any questions about the webinars please email the NHS England/ NHS Improvement Equality and Health Inequalities team at [england.eandhi@nhs.net](mailto:england.eandhi@nhs.net) We are also looking to host themed webinars around health inequalities and clinical areas, so watch this space.  **Community is the Best Medicine – King’s Fund events in London and Leeds**  The aim of these events is to explore the role of communities in health and care. They will bring together health and care professionals, community organisations, innovators, commissioners, researchers and policy-makers interested in how to create sustainable, community-based health and care. You’ll get the opportunity to hear from projects that are innovative, scalable and have evidence on their impact on the health and wellbeing of the communities they serve. These projects include things like asset-based community development, social prescribing, volunteering and other community-based approaches.  **London Event – 08.10.19, King’s Fund**  **Leeds Event – 06.11.19, Horizon Leeds**  If delegates [register](https://www.kingsfund.org.uk/events/community-best-medicine-leeds-event) using discount code **PHE\_10** then they’ll receive **10% off both events** – in London and in Leeds. |
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