#### Tuberculosis

What's poverty got to do with it?

Jeannet C. Bos Academic Medical Centre University of Amsterdam The Netherlands



#### **Tuberculosis**

What's poverty got to do with it?

a lot!

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#### Tuberculosis by the numbers

- TB leading cause of death by an infectious disease
- 2 billion people infected
- 10 million people newly develop active TB / year
- 600.000 people develop DR-TB

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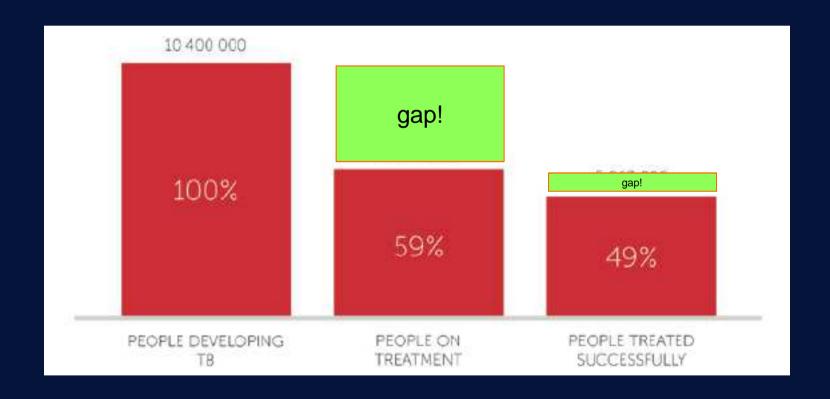
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#### TB treatment success, 1st line



Source: Stop TB Partnership, 2017

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#### TB: hard to find & hard to treat

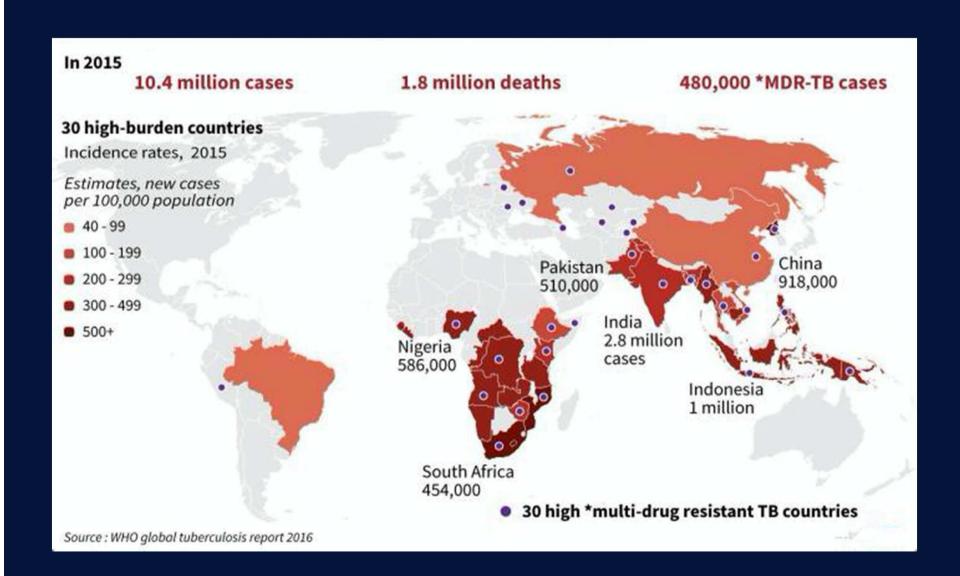
gap!

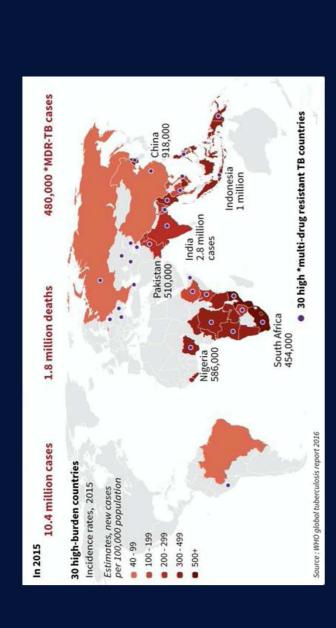
- TB can mimic any disease
- slow onset disease
- diagnostic testing not easy
- diagnosis ≠ blood sample

gap!

- treatment is long & hefty
- (fear for) side effects
- drug interactions

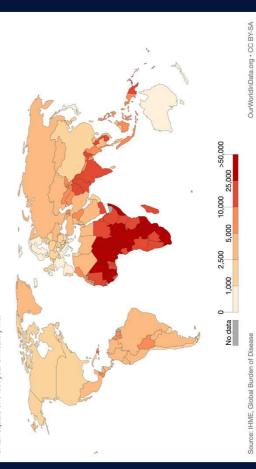
#### TB high-burden countries

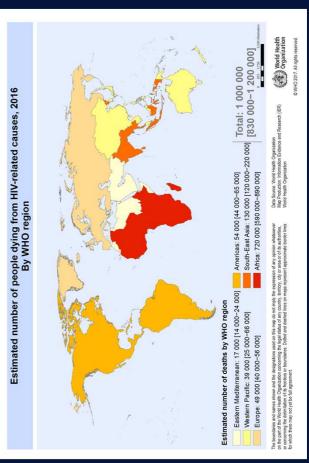




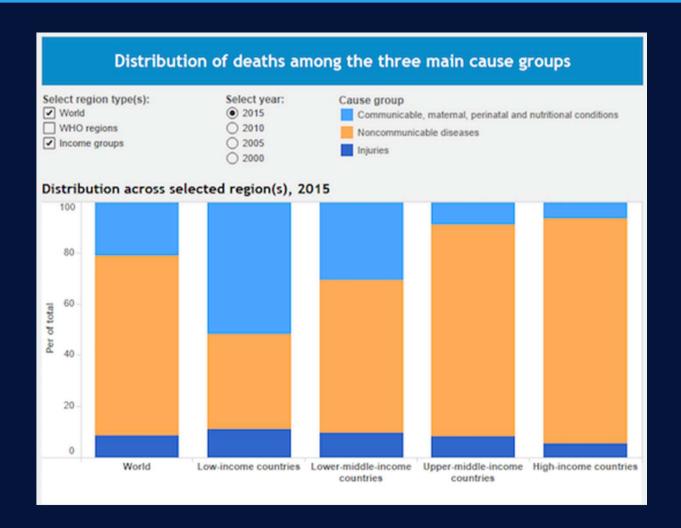


Age-standardized DALY (Disability-Adjusted Life Year) loss rates per 100,000 individuals from non-communicable diseases (NCDs), DALYs are used to measure total burden of disease - both from years of life lost and years lived with a disability. One DALY equals one lost year of healthy life.





#### changing pattern of disease with income

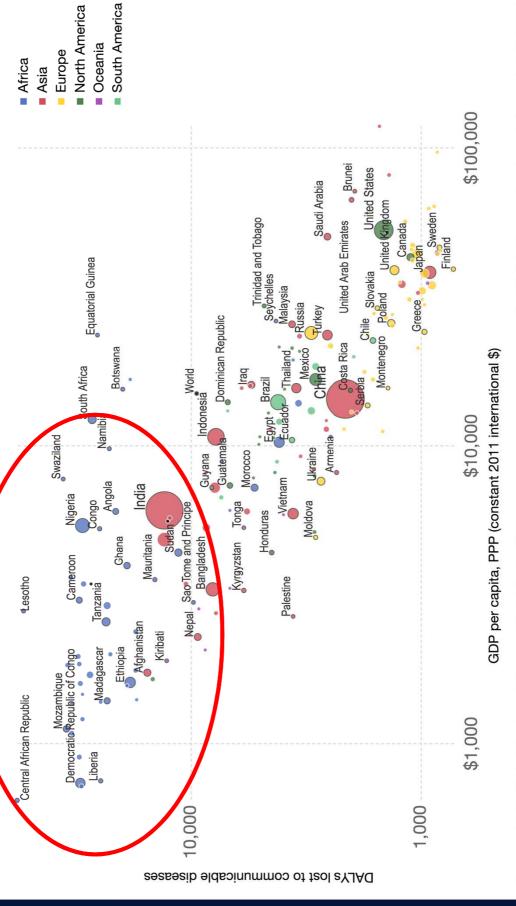


source: WHO



# Disease burden due to communicable diseases vs. GDP per capita, 2016 (Disability-Adjusted Life Years) fost per 188,900 individuals versus gross domestic product (GDP) per capita, Disease burden to communicable, maternal, neonatal and nutritional diseases, measured in DALYs

measured in 2011 international-\$.

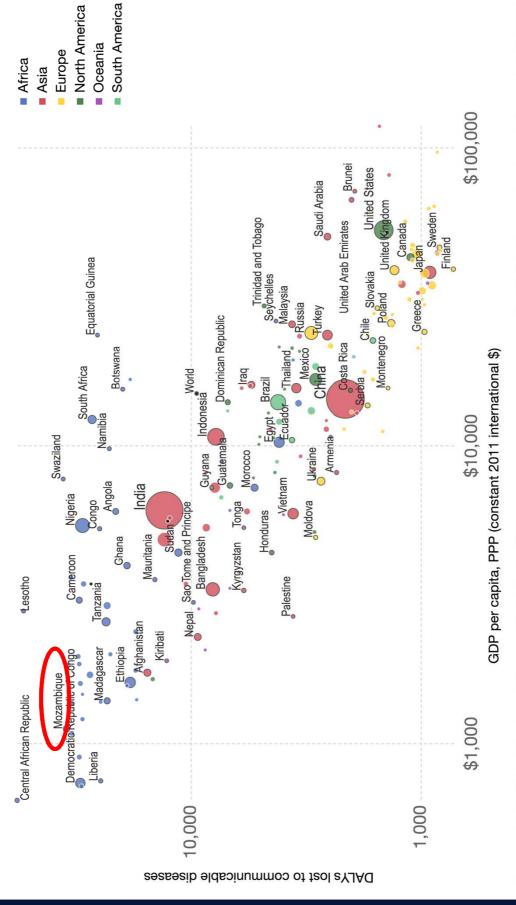


Source: IHME, Global Burden of Disease; World Bank - WDI

OurWorldInData.org/burden-of-disease/ • CC BY-SA

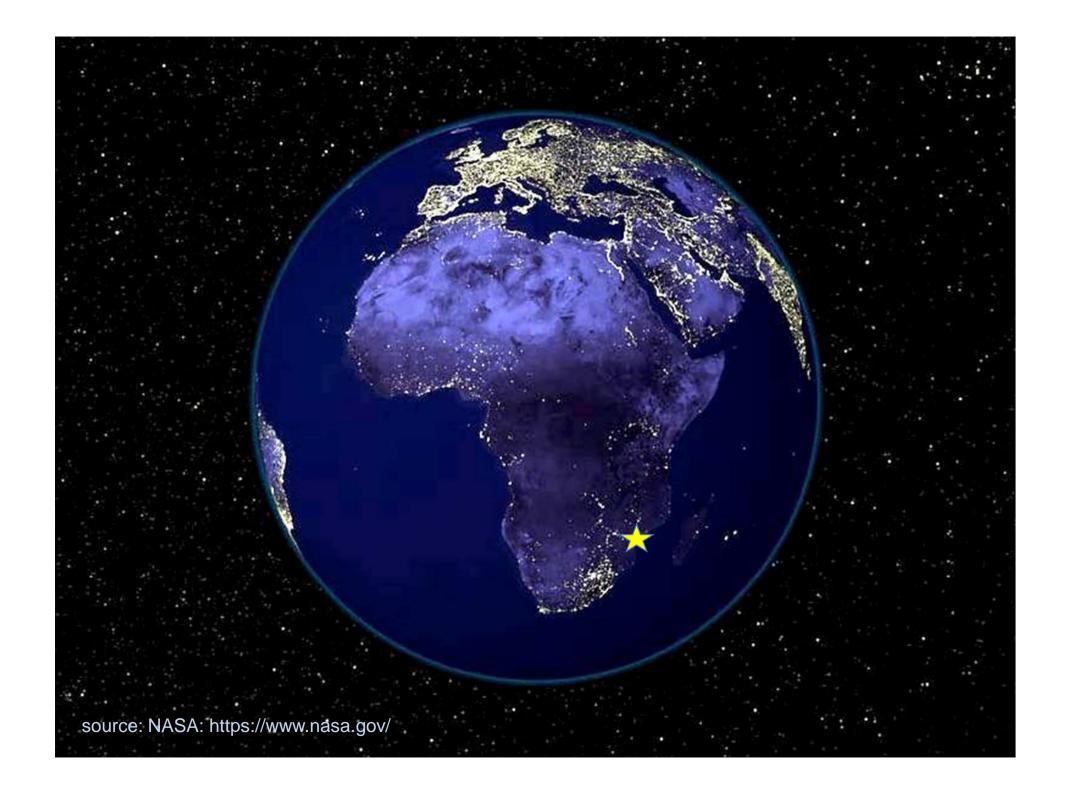


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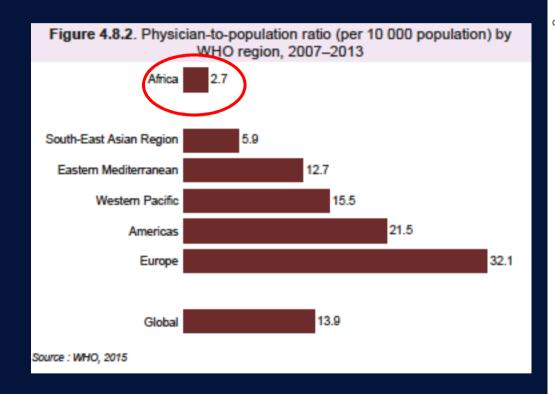


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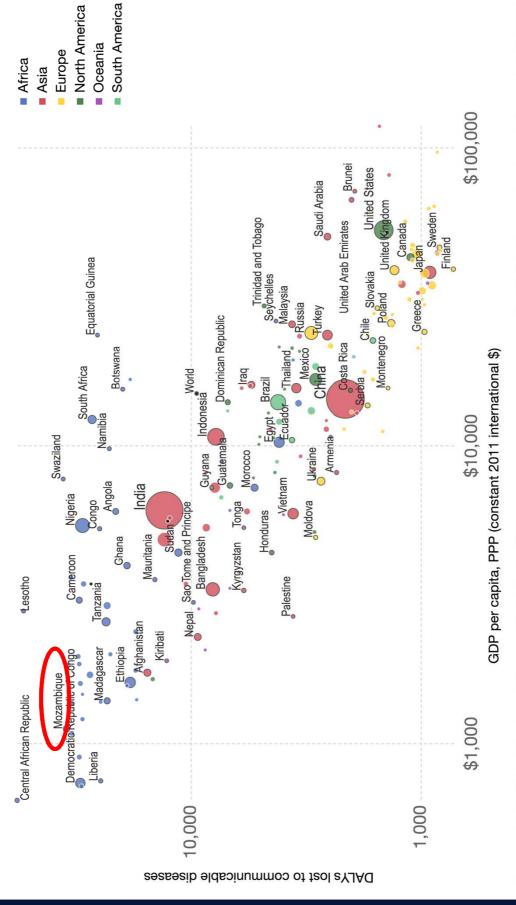
#### physician-to-population ratio







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ORIGINAL ARTICLE

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- WHO g

Improving the diagnosis and treatment of smear-negative pulmonary and extrapulmonary tuberculosis among adults and adolescents

Recommendations for HIV-prevalent and resource-constrained settings





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B treatment

Table 1. Patient characteristics a

Characteristic	All (n=514)	Presumptive TB (n=234)	No presumptive TB (n=280)
Age (years) [median (IQR)]	36 (27–48)	36 (27–44)	38 (27–50)
Female	309 (60.1)	137 (58.5)	172 (61.4)
HIV test result	333 (64.8)	175 (74.8)	158 (56.4)
positive	245 (73.6)	140 (80.0)	105 (66.5)
Chronic respiratory syndrome	-	114 (48.7)	-
ART	76 (14.8)	48 (20.5)	28 (10.0)
Death	164 (31.9)	70 (29.9)	94 (33.6)

ART: antiretroviral treatment.

- at least 50% of admitted patients presumptive TB
- danger sign evaluation: never complete
- sputum smear request: 40%
- sputum smear result present: 25%
- other TB tests: roughly 8%
- sputum smear positivity 3%

**Table 2.** TB diagnostic process analysis for patients with presumptive TB (n=234)

TB diagnostic workup step	n (%)
Danger signs complete evaluation	0 (0)
Respiratory rate	75 (32.1)
Body temperature	147 (62.8)
Pulse rate	99 (42.3)
Ambulatory state	0 (0)
HTV test result present	175 (74.8)
SSM requests	93 (39.7)
result present	59 (25.2)
CXR done	150 (64.1)
Other TB-specific test requests	4 (1.7)
NAC	0 (0)
BPZN	0 (0)
BPA	3 (1.3)
result present	1 (0.4)
TB culture	1 (0.4)
result present	0 (0)
TB-non-specific tests done	17 (7.3)
Lumbar puncture	9 (3.9)
complete test result present	0 (0)
Pleural tap	4 (1.7)
complete test result present	0 (0)
Ascitic tap	4 (1.7)
complete test result present	1 (0.4)
Pericardial tap	0 (0)

BPA: biopsy pathological anatomy; BPZN: biopsy Ziehl-Neelsen staining; CXR: chest radiograph; NAC: needle aspirate cytology; SSM: sputum smear microscopy.

<sup>&</sup>lt;sup>a</sup> Data are n (%) unless otherwise stated.

DRIGINAL ARTICL

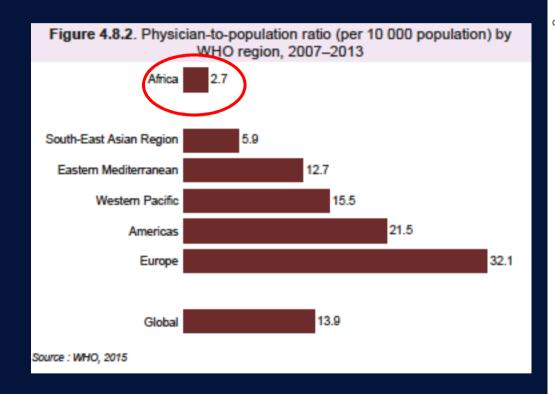
TB diagnostic process management of patients in a referral hospital in Mozambique in comparison with the 2007 WHO recommendations for the diagnosis of smear-negative pulmonary TB and extrapulmonary TB

Jeannet C. Bos<sup>a,b,\*</sup>, Lisette Smalbraak<sup>c</sup>, Augusto C. Macome<sup>d</sup>, Ermelinda Gomes<sup>d</sup>, Frank van Leth<sup>b,e</sup>

#### So, for locally most common, treatable infectious disease:

- largely incomplete diagnostic trajectory, even according to WHO resource-poor setting targeted guidelines
- only 28% of patients with presumptive TB (randomly) received TB treatment

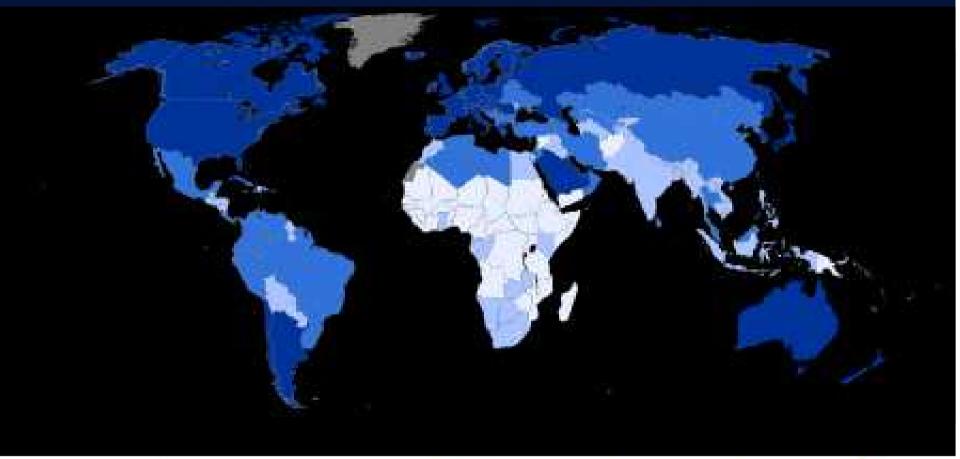
#### physician-to-population ratio





#### Human Development Index

(income/schooling/life expectancy)



World map of the **Human Development Index** by country, grouped by quartiles (based on 2015 and 2016 data, published on 21 March 2017). Highest 25% Above median Below median Lowest 25% Data unavailable



Madina market in Conakry, Guinea. Densely populated urban environments are ideal for the spread of infection.

DISEAS

#### Poverty and pathogens

The growth of slums in the developing world's rapidly expanding cities is creating new opportunities for infectious disease to flourish and spread.

source: Nature, March 2016

#### poverty = deprivations also happening in high-income countries

#### BOX 2.1

#### Poverty is also a developed country problem

Deprivations are a universal problem afflicting people in developed and developing countries alike. An average of 11 percent of the population in Organisation for Economic Co-operation and Development (OECD) countries were below the income poverty line in 2014. As of 2012 there were 633,000 homeless people in the United States and 284,000 in Germany. OECD countries have the highest incarceration rates of any group of countries: an average of 274 people per 100,000, isolated from society in prison. An average of 15 percent of young people ages 15–29 are neither employed nor in education or training and are struggling to find their place in society. Health

deprivations caused by obesity are also high. The most recent survey data indicate that an average of 53.8 percent of the adult population in OECD countries is overweight or obese and faces high risks of cardiovascular disease, respiratory illnesses, diabetes and other diseases.<sup>5</sup>

The data make clear that not all people in countries classified as having very high human development are able to achieve their full life potential. Poverty can take different forms in developed countries and in developing countries, but it is no less debilitating to the choices and the future of individuals and households experiencing the deprivations.

#### Notes

DECD 2016a. 2. DECD 2015a. 3. Based on UNDDC (2016). 4. DECD 2016a. 5. DECD 2015b.
 Source: Human Development Report Office.



ORIGINAL ARTICLE

### Recent TB transmission, clustering and predictors of large clusters in London, 2010–2012: results from first 3 years of universal MIRU-VNTR strain typing

Esther L Hamblion, <sup>1</sup> Arnaud Le Menach, <sup>1,2</sup> Laura F Anderson, <sup>3</sup> Maeve K Lalor, <sup>3</sup> Tim Brown, <sup>4</sup> Ibrahim Abubakar, <sup>3,5</sup> Charlotte Anderson, <sup>1</sup> Helen Maguire, <sup>1,2</sup> Sarah R Anderson, <sup>1</sup> on behalf of the Public Health England Strain Typing Project Board

The final multivariable model adjusted for age, gender and all significant variables (p<0.05), demonstrated clustered cases were more likely to be male (aOR=1.2 (1.0-1.3)), born in the UK and from a black-Caribbean, black-African, white or Indian background (aOR=6.7 (3.7-12.2), 4.4 (2.6-7.6), 2.3 (1.7-3.2) and 1.9 (1.1-3.3), respectively) or born abroad and from a black-Caribbean (aOR=3.3 (1.8-5.8) or black-African (aOR=1.8 (1.5-2.2)) ethnic background, to have been previously diagnosed with TB (aOR=2.1 (1.5-3.0)), to have smear positive (aOR=1.5 (1.3-1.8)) or negative (aOR=1.4 (1.2-1.7)) pulmonary TB compared with extrapulmonary disease, to have a history of drug misuse (aOR=1.6 (1.0-2.4)), and to have a history of imprisonment and problem alcohol use (aOR=3.3 (1.2-9.3)) and were less likely to be born abroad and from a Bangladeshi ethnic background (aOR=0.5 (0.3-0.7))

source: Thorax 2016

### Tuberculosis in Rural America: What Tuberculosis in Marion, AL Tells Us

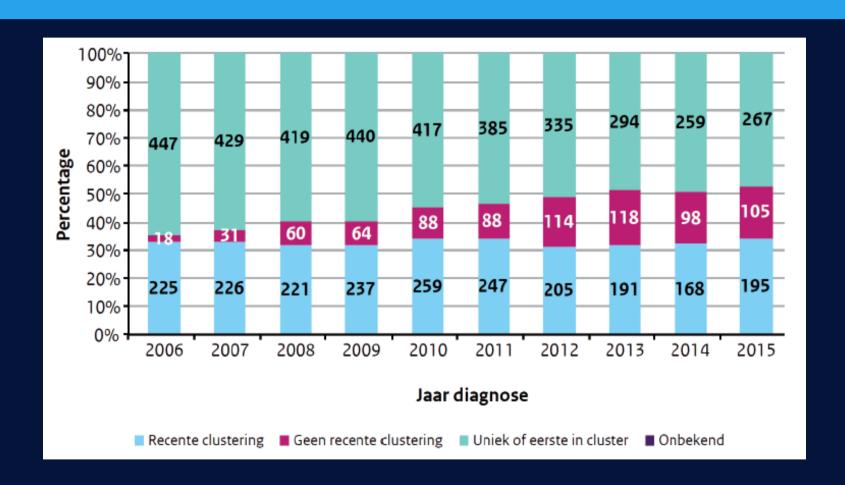
#### The Poorest County in Alabama

Perry County, of which Marion is the county seat, is the poorest county in Alabama, which is the fourth poorest state in the country by median household income; in Perry County, 26 percent of residents live below the poverty line and the annual percapita income is \$13,000. The unemployment rate is twice the state average.

Globally, more than 80% of TB occurs in high-burden countries in sub-Saharan Africa and Asia. The Marion outbreak illustrates the challenges that this pathogen still poses even in "resource-rich" settings like the US. It illustrates the impact of poverty on healthcare delivery and epidemic control.

source: hsph.harvard.edu

#### The Netherlands



Source: KNCV, Tuberculose fonds, 2017

#### TB, what's poverty got to do with it?

- a lot
- poverty individual / country level
- poverty implicates a lack of opportunities, deprivations of all sorts
- makes it difficult to step forward as a patient,
   makes it almost impossible to act
- should have consequences for how we act

#### The obvious made likely?

The impact of social protection and poverty elimination on global tuberculosis incidence: a statistical modelling analysis of Sustainable Development Goal 1

Daniel J Carter, Philippe Glaziou, Knut Lönnroth, Andrew Siroka, Katherine Floyd, Diana Weil, Mario Raviglione, Rein M G J Houben\*, Delia Boccia\*

Interpretation Full achievement of SDG 1 could have a substantial effect on the global burden of tuberculosis. Cross-sectoral approaches that promote poverty reduction and social protection expansion will be crucial complements to health interventions, accelerating progress towards the End TB targets.

source: The Lancet, March 2018