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| |  | | --- | | cid:image003.png@01D1157C.0FEFD940 | | Topics in this Issue   * [Ensuring Every Child has the best Start in Life](#_Ensuring_Every_Child) * [Living Well - Obesity](#_Living_Well_–) * [Everybody Active Every Day](#_Living_Well_–_1) * [Mental Health](#_Mental_Health) * [Reducing Harmful Drinking](#_Reducing_Harmful_Drinking) * [Sexual Health](#_Sexual_Health) * [Health Checks & CVD](#_NHS_Health_Checks) * [Ageing Well](#_Ageing_Well) * [Meetings & Seminars](#_Upcoming_Meetings_and) * [NIHR public health research calls](#_Public_Health_Research) * [Data & Documents](#_Data,_Documents,_Letters,) | | PHE Health & Wellbeing Monthly Update Issue No 48, November 2019 Welcome to the Yorkshire and Humber Health and Wellbeing monthly update. Thank you for subscribing to the monthly update. This monthly update is our way of sharing any good and emerging practice, new developments, updates and guidance. The update is circulated at the beginning of each month with previous month’s updates.  *If you have anything that needs to be shared urgently, we will circulate as soon as possible.* |

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| **Ensuring Every Child has the Best Start in Life** H&WB Team Lead: Gemma Mann |

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| Learning through Landscapes Local School Nature Grants Programme  What do bird boxes, bee hotels, fire woks and nature experts all have in common?  They are all available free to schools as part of Learning through Landscapes Local School Nature Grants Programme, supported by players of People’s Postcode Lottery. This outdoor learning grant fund has two elements – a free two-hour training session and £500 of equipment for schools.  Find out more [here](http://www.ltl.org.uk/projects/local-school-nature-grants/) |
| Winter Readiness information for primary and secondary schools and nurseries in Yorkshire & Humber  As we approach winter, it is important that primary and secondary schools and nurseries are reminded and updated on important health considerations for their pupils/students, parents/carers and staff and key actions to support winter readiness. A review of the flu programme 2018/19 highlighted that a Y&H resource did not exist and that there was some value in bringing the key pieces of information together. With this in mind, I have led a small Y&H PHE Centre led task and finish group and we have developed ‘Winter Readiness Information for Primary and Secondary Schools and Nurseries in Y&H’. This group has included representation from the Centre (Screening and Immunisation Team, Health Protection, Comms) and local authority colleagues. Please find the document attached.  The briefing provides:  -Key messages for head teachers, nursery managers and all staff in schools and nursery settings on winter preparedness  -Two checklists on influenza and norovirus readiness, including when and how to report outbreaks.  -Links to leaflets, posters including further information on influenza, norovirus and important routine childhood vaccinations.  Each local authority area has a local flu operational group. With the support of my Screening and Immunisation Coordinator colleagues, this group will coordinate the dissemination and agree local actions to support implementation across local primary and secondary schools and nurseries. I recognise the valuable role that 0-19 providers via the school nursing teams will play to support this.    *By Sally Eapen-Simon, Screening and Immunisation Lead (Yorkshire and the Humber)* |
| High impact areas for early years and young people – new summaries at England, region and local authority level.  PHE has produced new summaries which show where improvements are being seen for those indicators which have a particularly high impact on the health and wellbeing of children in the early years and for young people. The [summaries](https://fingertips.phe.org.uk/profile/child-health-profiles/data#page/9) are available at an England, region and upper-tier local authority level, linked to PHE’s Fingertips tool, giving those working across the health system a sense of the direction of travel for these important indicators at a glance, including data for smoking and maternal obesity. |
| The role of transport in supporting a healthy future for young people |

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| **Living Well** – Tackling Obesity H&WB Team Lead: Nicola Corrigan |

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| Sustainable Food Systems for a Healthier UK: A discussion paper |

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| **Living Well** – Everybody Active Every Day H&WB Team Lead: Nicola Corrigan |

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| Creating Active Schools webinar  Below are the links for the recording of the Creating Active Schools webinar held 21st October.  You Tube link  <https://youtu.be/Sy8Y3tnw4LI>  Long Link to website  <https://www.yhphnetwork.co.uk/links-and-resources/creating-active-schools/>  Shortened link to website for twitter  <http://bit.ly/32EgWRE> |
| Physical activity: applying All Our Health  [This guide](https://www.gov.uk/government/publications/physical-activity-applying-all-our-health/physical-activity-applying-all-our-health) is part of the resource 'All Our Health' which aims to help professionals prevent ill health and promote wellbeing in everyday practice. The guidance for promoting physical activity contains evidence and examples of specific activities or interventions which can:     * Prevent physical inactivity * Protect through physical activity * Promote healthier more active lifestyles.     It also points to further reading and professional resources and tools that help and encourage healthcare professionals to embed physical activity into daily interactions with patients, families and communities. These include:     * Physical activity and health [e-learning course](https://www.e-lfh.org.uk/programmes/physical-activity-and-health/) * [NICE guidance](https://www.nice.org.uk/guidance/lifestyle-and-wellbeing/physical-activity) and pathways * PHE and BMH [Learning modules](https://learning.bmj.com/learning/search.html?searchTerms=module&perpage=20&sortField=dateUpdated&audience=176&audience=175&collection=BMJ%20Learning&collection=The%20BMJ) * [PHE's Health Matters](https://www.gov.uk/government/publications/health-matters-getting-every-adult-active-every-day) * [Moving Medicine](https://movingmedicine.ac.uk/) * [Move More](https://be.macmillan.org.uk/be/p-24948-move-more-your-guide-to-becoming-more-active.aspx) by Macmillan Cancer Support |
| Physical Activity Clinical Champions Programme |

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| **Reducing Harmful Drinking** H&WB Team Lead: Andy Maddison |

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| Leeds one of six areas nationally awarded funding to improve health of people who sleep rough  The funding is to test the model which improves access to health services for people with both mental ill health and drug and alcohol dependency needs.  Working with trauma informed healthcare navigators in a range of locations including on the street, at accommodation providers, homeless hostels, the city’s health bus and GP practices. The team will work intensively to support people experiencing rough sleeping with both mental ill health and substance dependency to access the health support they need. More information can be found [here](https://www.gov.uk/government/news/grant-awarded-to-improve-the-health-of-people-sleeping-rough?utm_source=f9bef99e-5962-4894-902a-16c0430b0e66&utm_medium=email&utm_campaign=govuk-notifications&utm_content=immediate) |
| UK alcohol clinical guidelines development begins  Public Health England, in collaboration with the Department of Health and Social Care as well as the Scottish, Welsh and Northern Irish Governments, has announced that it is [beginning work in November to develop the first UK-wide clinical guidelines for alcohol treatment](https://www.gov.uk/government/news/uk-alcohol-clinical-guidelines-development-begins). The guidelines will develop a clear consensus on good practice and help services implement interventions for alcohol use disorders. |

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| **Mental Health**H&WB Team Lead: Laura Hodgson |

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| Every Mind Matters online resource launched  PHE, in partnership with the NHS, this month launched Every Mind Matters, a new online resource empowering people to look after their mental health. Every Mind Matters explains the simple steps we can all take to look after our mental health and be better prepared for life’s ups and downs. On the [Every Mind Matters website](http://www.everymindmatters.co.uk/), people can create a free personalised action plan which recommends actions you can build into your everyday life to help you deal with stress, boost your mood, improve your sleep and feel more in control.  The website is endorsed by the Royal College of GPs and has been developed with clinical and academic experts, national mental health charities and people with experience of poor mental health.  On Monday 7th October, a special film written by Richard Curtis, directed by Rankin and narrated by Their Royal Highnesses The Duke and Duchess of Cambridge and The Duke and Duchess of Sussex aired across ITV, Channel 4 and Sky channels. This is ground-breaking work led by PHE in partnership with the NHS and leading mental health charities and you can watch the film below and access the tool [here](https://pheexternal.newsweaver.com/1vb081soeq/1hc5tlodjhu15u4gzxbtpx?email=true&i=2&a=5&p=3383593&t=2781395)  <https://www.youtube.com/watch?v=hMoLwGixWdM>  Please feel free to play the film at events or on local screens - please do get in touch with us if you need a shorter version or if you have any other queries. Thank you to all partners for promoting the campaign locally. |
| What Good Public Mental Health Looks Like Guide - published as part of What Good Looks Like Series  The Association of Directors of Public Health have launched the What Good Looks Like series developed with PHE and partners.    Each publication sets out the guiding principles of what good looks like for population health programmes in local systems. This includes the What Good Public Mental Health Looks Like. Available to download here:    <https://www.adph.org.uk/2019/06/what-good-looks-like/>    The key principles in the What Good Public Mental Health Looks Like document are:     * Adopting a system-wide focus on the prevention of the onset of mental health problems, incorporating action across public health and wider organisational strategies and plans. * Shifting the focus of services towards more structural upstream interventions that enable early help, including action on the wider determinants of health and reducing inequalities. * Taking proportionate action across the life course that balances population-wide mental health promotion with targeted support where need is greatest. * Drawing on people’s lived experiences of mental health problems and mental illness, as well as the wider community, to identify solutions and promote equality. * Building the capacity and capability across our workforces to prevent mental health problems and promote good mental health within their everyday practice. * Continuing to normalise and lessen the stigma associated with mental health problems. * Understanding barriers and enablers for change to engage and steer local system leaders from multiple disciplines.     It includes a list of the key evidence to improve outcomes, a framework adapted from the ADPH framework to be used to support sector-led improvement work and a self-assessment checklist. |
| Perinatal Mental Health Quick Guide for Health Professionals  One in five women experience a perinatal mental health problem during their pregnancy and in the first year after the birth. This short video aims to raise awareness of Perinatal Mental Health for health professionals like GPs, Health Visitors and Midwives:  [Perinatal Mental Health Quick Guide for Health Professionals](https://www.youtube.com/watch?v=m9OSN9APkUQ&feature=youtu.be)  Video web content titled: Perinatal Mental Health Quick Guide for Health Professionals  Health professionals can play an important role in spotting red flags early and help make sure families get the right support as soon as possible. |
| NHS England Community Mental Health Framework for Adults and Older Adults    NHS England have recently published the Community Mental Health Framework describing how the Long-Term Plan’s vision for a place-based community mental health model can be realised, and how community services should modernise to offer whole-person, whole-population health approaches, aligned with the new Primary Care Networks.    The framework can be accessed at the following link:  <https://www.england.nhs.uk/publication/the-community-mental-health-framework-for-adults-and-older-adults/> |
| Universal approaches to improving children and young people’s mental health and wellbeing  A series of reports have been published reviewing evidence for universal approaches to improving children and young people’s mental health and wellbeing, available here:    <https://www.gov.uk/government/publications/children-and-young-peoples-mental-health-prevention-evidence>    The documents are intended for strategic and operational leads, working on children and young people’s mental health.  The report of the findings of a Special Interest Group summarises the approach, findings and recommendations and can be found here:  <https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/842176/SIG_report.pdf>    This report identifies promising interventions from research evidence about universal approaches that operate mainly at an individual level, to prevent emotional difficulties, promote resilience, and prevent behavioural difficulties. It highlights where data analysis has identified a range of risk and protective factors found to be statistically significant in influencing children and young people’s mental health and wellbeing. The report also presents the views of children and young people on what they perceive to be important factors that help keep them mentally well. This is helpful evidence when considering actions to drive improvement. Useful tools include descriptions of promising interventions (Appendix 5 – Page 39) and a cross reference to interventions also identified in the Early Intervention Foundation Guidebook (Appendix 7 – Page 43). |
| **Sexual Health** Yorkshire & Humber Facilitator: Georgina Wilkinson |
| Sexual Health, Reproductive Health & HIV Policy eBulletin  The Sexual Health, Reproductive Health & HIV Policy eBulletin aims to keep commissioners, providers, public health and others in the field informed of up-to-date resources and key policy developments. The eBulletin is published by a coalition, led by the Faculty of Sexual and Reproductive Healthcare (FSRH) and comprised of Public Health England (PHE), the [British Association for Sexual Health & HIV](https://www.bashh.org/) (BASHH), [British Medical Journal](https://www.bmj.com/) (BMJ), [Faculty of Public Health](https://www.fph.org.uk/) (FPH), [Brook](https://www.brook.org.uk/), [National AIDS Trust](https://www.nat.org.uk/) (NAT), [Terrence Higgins Trust](https://www.tht.org.uk/) (THT), [NAM aidsmap](http://www.aidsmap.com/) and the [Sex Education Forum](https://www.sexeducationforum.org.uk/) (SEF). Each issue contains an opinion piece and a round-up of policy news, evidence and other resources. [Subscription is free](http://fsrh.us8.list-manage1.com/subscribe?u=e7045e9fd6db30d4ed82ccfb0&id=38e3eb61fe); the most recent issues can be found [here](https://us8.campaign-archive.com/home/?u=e7045e9fd6db30d4ed82ccfb0&id=38e3eb61fe). |
| Health and Social care Committee – Sexual Health Inquiry  The Government response to Health and Social Care Select Committee has now been published:  <https://www.parliament.uk/business/committees/committees-a-z/commons-select/health-and-social-care-committee/inquiries/parliament-2017/sexual-health-inquiry-17-19/publications/> |
| What Good Looks Like - Sexual Health  This document has now been published on K-Hub; also attached along with the launch letter. |
| Summary profiles of local authority sexual health  The summary profiles of local authority sexual health (SPLASH) have been produced for upper tier local authorities and unitary authorities and are now available to download on the online [Sexual and Reproductive Health Profiles](https://fingertips.phe.org.uk/profile/sexualhealth) (go to start, select the ‘county & UA’ that you want, go to the ‘download’ tab on the far right hand side).  Data on the indicators available on the profiles have been used to create this publicly available summary report which describes sexual health locally. The reports are designed for the best viewing experience in Google Chrome and details on how to convert these to pdfs are included in the introduction.  The more detailed LASER report at lower tier LA level will be released as normal later this year on the portal. |
| Sexual and Reproductive Health Services (Contraception), England, 2018/19 report published  The Sexual and Reproductive Health Services data tables and report for 2018/19 (based on SRHAD) have been published:  <https://digital.nhs.uk/data-and-information/publications/statistical/sexual-and-reproductive-health-services/2018-19> |
| NICE guidance on abortion care  NICE have published their Guidance NG140 on Abortion Care. From the introduction: ‘This guideline covers care for women of any age (including girls and young women under 18) who request an abortion. It aims to improve the organisation of services and make them easier for women to access. Detailed recommendations on conducting abortions at different gestational stages are also included, to ensure that women get the safest and most effective care possible.’  This is the link to it: <https://www.nice.org.uk/guidance/ng140>  It is also accompanied by decision aids for women as well as healthcare professionals, which can be found [here](https://www.nice.org.uk/guidance/ng140/resources/patient-decision-aids-and-user-guides-6906582256):  As usual with NICE Guidance, there are also supporting resources to implement this guidance, see [here](https://www.nice.org.uk/guidance/ng140/resources/patient-decision-aids-and-user-guides-6906582256): |

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| **NHS Health Checks & CVD**H&WB Team Lead: Karen Pearson |

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| NIHR Type 2 diabetes can be reversed with a modest weight loss of 10% or more  Researchers at the University of Cambridge have found that people with type 2 diabetes who achieve modest weight loss of 10% or more in the first few years after being diagnosed, have the greatest chance of seeing their disease go into remission.  The finding suggests that it may be possible for patients to recover from type 2 diabetes without intensive lifestyle interventions or extreme calorie restrictions.  Previously, it has been shown that intensive low-calorie diet involving a total energy intake of 624-700 kcal/day for 8 weeks is associated with remission.  This research, funded by NIHR Programme Grants for Applied Research and the NIHR Health Technology Assessment Programme, reviewed data from 867 people newly diagnosed diabetes aged 40 and 69 years.  Overall 257 participants (30%) were in remission at five-year follow-up. People who achieved weight loss of 10% or more within the first five years after diagnosis were more than twice as likely to go into remission compared to people who maintained the same weight. Read more [here](https://www.nihr.ac.uk/news/type-2-diabetes-can-be-reversed-with-a-modest-weight-loss-of-10-or-more/22246/?source=chainmail) |
| CVD prevention programme data packs  The CVD prevention programme STP data packs that support the CVD prevention national ambitions will be updated for the third time later this year and will be distributed by local PHE CVD leads. |
| CVD profiles  The [Cardiovascular disease profiles](http://links.govdelivery.com:80/track?type=click&enid=ZWFzPTEmbXNpZD0mYXVpZD0mbWFpbGluZ2lkPTIwMTkxMDAxLjEwODgyNjkxJm1lc3NhZ2VpZD1NREItUFJELUJVTC0yMDE5MTAwMS4xMDg4MjY5MSZkYXRhYmFzZWlkPTEwMDEmc2VyaWFsPTE2Nzg2MDU3JmVtYWlsaWQ9a2FyZW4ucGVhcnNvbkBwaGUuZ292LnVrJnVzZXJpZD1rYXJlbi5wZWFyc29uQHBoZS5nb3YudWsmdGFyZ2V0aWQ9JmZsPSZtdmlkPSZleHRyYT0mJiY=&&&103&&&https://fingertips.phe.org.uk/profile-group/cardiovascular-disease-diabetes-kidney-disease) will be updated and released as official statistics on 3rd December 2019. |
| NHS health Checks Best Practice guidance  Updated NHS health Checks Best Practice guidance is now published and copy can be found on [NHS Health Checks website](https://www.healthcheck.nhs.uk/commissioners-and-providers/national-guidance/) |
| NHS Health Check data extract  NHS Digital and Public Health England have developed an NHS Health Check dashboard from the data gathered from the GP practice clinical IT systems. The dashboard was released Thursday 17th October. [This data](https://digital.nhs.uk/data-and-information/publications/statistical/nhs-health-check-programme/2012-13-to-2017-18) is in addition to the data published on fingertips every quarter. This data will help local authorities understand the delivery of the programme in their area and the impact.  This dashboard provides the number of patients attending an NHS Health Check between April 2012 and March 2018, using data recorded by participating GP practices. Data on over 10 million patients was extracted in 2018. Data can be broken down by age, sex, ethnicity as well as local authority and CCG. This first release will provide new insight into the characteristics of people attending or not attending a check  Due to the different methodology of both data sets, it’s strongly advised that you read the supporting guidance before you start analysing the data.    Future publications reporting more detail about the extracted data are planned and will be released by Public Health England. |
| Changes in the national PHE CVD team  Jamie Waterall has moved on to a different role within PHE so there are a few changes within the National Team. Katherine Thompson and Michaela Nuttall will be heading up the team and Eleanor Wilkinson will be programme manager. |
| Hypertension prevalence model  NCVIN are currently refreshing hypertension prevalence estimates, based on the Health Survey for England for the years 2016 and 2017. We are looking to release the revised estimates by December 2019 and these will initially be available for the latest local authority and CCG areas. The prevalence estimates are for adults aged 16+ with either treated or untreated hypertension. |

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| **Ageing Well**H&WB Team Lead: Alison Iliff |

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| Update to the Productive Healthy Ageing Profile  Updates to mortality rates in those aged 65 years and over due to cardiovascular disease, respiratory disease and cancer will be published on 5 November in the [Productive Healthy Ageing Profile](https://fingertips.phe.org.uk/profile/healthy-ageing). These indicators will provide useful summary measures of key causes of death in older people and will be an update of existing long-term trend data. This update follows last week’s publication of [A Consensus on Healthy and Fulfilling Ageing](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/839709/Healthy_Ageing_Consensus_Statement.pdf) by PHE and the Centre for Ageing Better. |
| Dementia and Older People’s MH CN Programme Update  Dementia Diagnosis Rate  The estimated diagnosis rate for people with dementia in Yorkshire and Humber was 71.1% at the end of September 2019, higher than the national average of 68.8%.  For a report on national, STP and CCG level diagnosis rates across the country please [click here.](http://www.yhscn.nhs.uk/mental-health-clinic/Dementia/Diagnosis.php#DDR)  CCGs can continue to access support to improve diagnosis rates from your Clinical Network team contact [colinsloane@nhs.net](mailto:colinsloane@nhs.net) |
| Healthy Ageing Consensus Statement  PHE and the Centre for Ageing Better have published a shared vision to make England the best place in the world to grow old. The consensus statement, signed by more than 60 national bodies, defines the shared commitment of the signatory organisations. It is the first time that such a wide range of organisations have come together to voice their intention to promote healthy ageing. Signatories span the areas of health, employment, housing and communities, and are from academia, local government, the NHS, and the public and voluntary sectors. Opportunities to become a signatory at local level will follow. For more information click [here](https://www.gov.uk/government/publications/healthy-ageing-consensus-statement) |
| Age and Ageing Specialty Meeting 2019  19th December 2019 10:00 - 16:00  This will be an opportunity to meet and network with Age and ageing researchers and research teams from across the network.   At this meeting our leading Y&H Chief Investigators will be presenting their studies and exploring how to deliver research in the NHS and the community  This will be held at Cloth Hall Court in Leeds, Lunch is provided.  Please register on the Eventbrite page: <https://www.eventbrite.co.uk/e/age-and-ageing-specialty-meeting-2019-tickets-74952812881>  October 2019 Dementia and Older Peoples Mental Health E Bulletin |
| Dementia News |

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| **Public Health Research Calls** |

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| Call for nominations for PHE/NIHR research awards  The [2019 Public Health England and NIHR Research Awards](http://phengland.newsweaver.com/PublicHealthEnglandNewsletter/1r7ws9zeujyzw8dtn8q895?email=true&a=5&p=3368267&t=171936) are open for [applications](http://phengland.newsweaver.com/PublicHealthEnglandNewsletter/m21bb1g5y53zw8dtn8q895?email=true&a=5&p=3368267&t=171936). The awards will recognise research-active public health professionals and early career researchers who are demonstrating excellence and innovation in delivering NIHR Clinical Research Network (CRN) portfolio research within public health settings across England. For further information on the eligibility criteria and access to the application forms, visit the website or twitter: [@NIHRcommunity](https://twitter.com/NIHRcommunity) (#PHENIHRResearchAwards). |

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| **Upcoming Meetings and Seminars** |

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| Upcoming: Sixth Annual North of England Health Inequalities Conference – 28 and 29 November 2019 (Leeds)  Reviewing progress made since publication, in 2014, of *Due North: Report of the inquiry on health equity for the North*, this event is co-sponsored by PHE, ADPH and Leeds City Council. Programme and registration details are available at [Due North – six years on: Are we closing the gap?](https://www.phe-events.org.uk/hpa/frontend/reg/thome.csp?pageID=369161&eventID=854&traceRedir=2)  The event will be addressed by senior civil servants, NHS organisations, public health experts, leading north-based academics and voluntary sector organisations. |
| New dates just released for PABBS evidence based, evaluated, suicide bereavement training delivered in Manchester.   * January 21st 2020 * March 10th 2020   For more information about PABBS training, cost and access to over 150 testimonials, click [here](https://suicidebereavementuk.com/pabbs-training)  To register, contact Paul Higham directly - 07850 710555 - [paul.higham@suicidebereavementuk.com](mailto:paul.higham@suicidebereavementuk.com)  We expect high demand, so you will need to register ASAP to avoid disappointment |
| Evidence the impact and value of your improvement work – free CPD-accredited webinar series and resources  We all want to know that our work is making a difference, but all too often this can be especially hard to achieve through traditional evaluation approaches alone. We can underestimate our impact, miss things which are harder to measure and sometimes struggle to prove the outcomes we see are down to us and us alone.  NHS England’s Impact, Research and Evaluation team has developed an Impact Framework, which helps to address some of these challenges. It can help you to provide assurance to commissioners and other stakeholders, maximise your chances of success and learn what works - and what doesn’t - for the future.  Learn more about using our Impact Framework to evidence the impact and value of your improvement work, and gain some CPD points at the same time, with our series of five webinars taking place this autumn (five CPD points in total).  This practical and highly interactive series will help you to develop the skills and confidence to use the Impact Framework for yourself.  By the end of the series of webinars, you will have developed your own impact story, as well as tools, templates and resources you can use again for any improvement project.  Jo Willett, Research and Evaluation Facilitator, said: “It’s never been more important to evidence the impact and value of our work, but many of us lack the skills and confidence to do this as well as we could The Impact Framework has been developed based on a review of what works and has been tested out with evaluation and improvement experts. It provides a simple and transparent framework that can be applied to improvement at any level and is flexible to meet your needs. This webinar series gives you step by step training in using the Impact Framework, a chance to get some hands-on practice and to leave with new practical skills and the confidence to apply them.  “Although participants should aim to join all five webinars, we appreciate that that can sometimes be difficult, so we will record the sessions to share with those registered but unable to attend all of them.”  This series is open to all – NHS and beyond – so please do pass on details to anyone you think may be interested.  Find out more about the latest work of the Impact, Research and Evaluation team and their newly published Impact Framework at [https://www.england.nhs.uk/sustainableimprovement/impact-framework/.](http://nhsiq.tracking.mycrmservice.net/tracking.aspx?YTFjNTA2MDQtZjYwMC1lODExLTkxZTYtMDA1MDU2ODY1NjZj=ZmRhODYxNjAtYzM0Zi00ZTEyLWIwNzYtYjA1ZjUwZDYzNWQ1)    Dates, times and content of each webinar are attached |
| Upcoming: One Health in Action Workshop – 7 November 2019 (Birmingham)  Organised by the UK Human Animal Infections and Risk Surveillance group, this event – a mixture of invited presentations, panel discussions and debates (and a poster display) – is intended for those working in animal health, human health, environmental health, or in food standards and safety. Sessions are devoted to animals in care homes, raw pet food and risk assessment in the One Health context. Further programme and registration details (deadline 31 October) are [here](https://tinyurl.com/y2mhqmzq). Enquiries to: [onehealth2019@in-conference.org.uk](mailto:onehealth2019@in-conference.org.uk). |
| Health Matters teleconference on ‘Physical Activity’  This edition of Health Matters focuses on how increasing physical activity helps prevent and manage long-term health conditions, and resources to help increase physical activity in those with or at risk of long-term conditions.    One in three (15 million) people in England have a long-term health condition. Adults with long-term health conditions and disabilities are twice as likely to be amongst the least physically active and have the most significant potential to benefit from activity.    Teleconference:  Duncan Selbie, Chief Executive at Public Health England, will chair the teleconference and will be joined by a panel of experts from the Physical Activity Team working at PHE.    Why you should take part:  The teleconference will be relevant to local authority and NHS commissioners, public health professionals, and the private and third sectors. It will provide an overview of:   * the opportunity for physical activity to prevent and manage health conditions * levels of physical activity across the population * resources for practical action to increase physical activity to improve health and reduce health inequalities for people with or at risk of long-term conditions     You can hear from those involved in the work, pose questions during an interactive Q&A session, and learn from others across the country.    RSVP: Please [register for the teleconference here.](https://surveys.phe.org.uk/TakeSurvey.aspx?SurveyID=92KK9n3KH) You will then receive supporting materials on the day of the call. Make sure to [put this date and time in your calendar now.](https://app.box.com/s/fcotkoa6urvnhdw4fje8ecjlqzt16ojh)  Dial-in details: Please dial in 10 minutes prior to start time, using the number and conference code below.  Local call rate: +44 (0)330 336 9411  Conference code: 3702039    *We hope you will be able to join us. Do please forward this email to colleagues who you think may also wish to attend. For more information on Health Matters contact* [*Healthmatters@phe.gov.uk*](mailto:Healthmatters@phe.gov.uk).    *To unsubscribe from Health Matters TC invitations, reply to*[*Healthmatters@phe.gov.uk*](https://indigo.phe.gov.uk/owa/HealthMatters@phe.gov.uk/redir.aspx?REF=d5b-yEJGPxln7SzVgmc-TflPmILyW1_eT-yZz8cD0XIHizDmFsrVCAFtYWlsdG86SGVhbHRobWF0dGVyc0BwaGUuZ292LnVr)*with unsubscribe in the subject line* |
| Recovery in Prisons Conference 2020  You’re invited to our first northern conference on prison substance misuse and recovery. Book your place today [here](https://sld.spectrumhealth.org.uk/recoveryinprisons2020/)  More information can be found in the below flyer |
| Fast Track Cities 2019 Conference - London: Presentations available  The Fast-Track Cities initiative is a global partnership between cities and municipalities around the world and four core partners – the International Association of Providers of AIDS Care (IAPAC), the Joint United Nations Programme on HIV/AIDS (UNAIDS), the United Nations Human Settlements Programme (UN-Habitat), and the City of Paris. Launched on World AIDS Day 2014, the network has grown to include more than 300 cities and municipalities that are committed to attain the UNAIDS 90-90-90 targets by 2020.  The 2019 Conference was held in London in September, many of the presentations and sessions have been uploaded [here](https://www.iapac.org/conferences/fast-track-cities/): |
| |  | | --- | | **Data, Documents, Letters, Reports & General Information** |  £10 million Cold Weather Fund This is a great opportunity to fund local integrated working between health, housing and social care. All the [details are available here](https://pathway.us6.list-manage.com/track/click?u=c4876cb152fa1983ef265ad1b&id=8b7402bfc9&e=fe3f8fac4e). The objective is to accommodate and support people at risk of or experiencing rough sleeping during the winter period (up to March 2020), with the aim of enabling them to move into more suitable, sustained accommodation and improving their health and wellbeing, which is available for a variety of situations, including hospital discharge. The key opportunity here is that the funds come from MHCLG centrally and have generally to be applied for by your Local Authority but won't cost them anything. More money will follow in 2020/2021, so this is a great opportunity to kick start joint working with Local Authority colleagues. The [link](https://pathway.us6.list-manage.com/track/click?u=c4876cb152fa1983ef265ad1b&id=8b7402bfc9&e=fe3f8fac4e) provides a central contact who can find a local contact if you don't have one. This represents heroic work by advisers in MHCLG to get something useful out of short-term funding - so take advantage! |
| Deaths amongst homeless people rise by more than 20% in a year A [national Public Health Emergency](https://pathway.us6.list-manage.com/track/click?u=c4876cb152fa1983ef265ad1b&id=6d2185ba93&e=fe3f8fac4e) according to Prof Andrew Hayward of UCL, and a Pathway Trustee. These ONS statistics have led to an [editorial in the BMJ](https://pathway.us6.list-manage.com/track/click?u=c4876cb152fa1983ef265ad1b&id=4d3c6fe40a&e=fe3f8fac4e) and the Lancet cover quoting an editorial saying "[The shameful state of housing and homelessness, and their repercussions on health in the UK, is a collective societal responsibility, and one that is too often failing to be tackled"](https://pathway.us6.list-manage.com/track/click?u=c4876cb152fa1983ef265ad1b&id=287b0b0a46&e=fe3f8fac4e)  Statistics show that:   * Most of the deaths in 2018 were among men (641 estimated deaths; 88% of the total). * The mean age at death was 45 years for males and 43 years for females in 2018; in the general population of England and Wales, the mean age at death was 76 years for men and 81 years for women. * Two in five deaths of homeless people were related to drug poisoning in 2018 (294 estimated deaths), and the number of deaths from this cause has increased by 55% since 2017. |
| The Help Us Help You (HUHY) campaign for the 2019/20  The Help Us Help You (HUHY) campaign for the 2019/20 was launched at the beginning of October and supports the flu immunisation programme, encouraging those eligible to get vaccinated. The campaign will run to the beginning of November and will consist of TV, radio and digital (social and display) advertising supported by search and partnership activity. In addition to flu messaging the HUHY flu campaign encourages preventative self-care to help ease the pressure on NHS services and has been supported each year by local NHS trusts, local authorities, charities and commercial sector partners. |
| Flu vaccine  Every year flu kills thousands of people, and flu vaccine is the best way we can protect those most susceptible to flu and its associated complications. Flu vaccine is offered free on the NHS to those aged 65 and over, those under the age of 65 years (and as young as 6 months) with chronic or long-term conditions, pregnant women (at any stage of pregnancy), people in long stay care facilities, carers and healthy children aged 2- 10 years (as of 31st August 2019).  Frontline healthcare workers should also be offered flu vaccine by their employer. The 2019/20 again sees a national offer to health and social care staff employed by independent care providers and/or hospices – this can be accessed either via their registered GP or via any local pharmacist. Eligible adult patients can access the flu vaccine either via their registered GP or via participating community pharmacists.  There has been some suggestion of shortages of vaccine, patients should be assured that vaccine supplies for the coming season are sufficient; however, some practices and pharmacists may have some delays with their deliveries. |
| Launch of What Good Looks Like publications  The letter attached below announces the official launch of the suite of What Good Looks Like publications being jointly developed by PHE and the Association of Directors of Public Health. The initial publications will cover 10 topics from across the public health system and provides a tool to help local areas decide what delivering the core principles of the Quality Framework for the public health system means. Seven of the 10 publications are available now and the remaining three will be published shortly. Public health practitioners and leaders are encouraged to download and use them, and to post feedback which will inform the development and improvement of future publications. |
| HCV/YHAHSN - PHM Programme Manager role    Are you looking for something different from your next career step? Do you want to develop your skills to make a positive contribution to improving healthcare across Humber Coast and Vale? Do you want to be part of an energetic team? This post is one of three new roles being created within the YHAHSN that will provide unique and bespoke support to the Partnership and specific collaborative programmes.  More details are in the documents below. Closing date for applications: 12 noon on Monday 11th November. |