



HULL EXTRA CARE

it's what's inside that counts

Hull Extra Care provides adaptable homes for life across three different sites to around 350 people aged 18+ with a range of health and social care needs. The schemes are within a community setting with a vibrant environment promoting independence in all aspects of a person's life.

Reducing social isolation & tackling loneliness

Creating opportunities

Preventing escalation of adult social care need

Promoting self management & independence



Eating together



Socialising together



Sharing our environment



Staying healthy

"having my independence is important to me and I have made some good friends"

"It has changed my life completely. I feel safe and secure and now have friends and feel involved within our community. I was very isolated previously, my health in general has improved"

"A beautiful building but it's what's inside that counts. Younger people, older people and lots in between all living together and making a community with each other"

"I like it because I can talk to anyone and having all ages makes it an interesting mix of people"

"I feel part of something bigger, the events and activities bring us all together to make a community"