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| **Working title of 1st commentary** |  |
| **Timescale of project** |  |

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| **Your narrative**  Note what you will use as evidence of a) knowledge?  b) application? | **Indicator** | **Evidence** |
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**Guidance for the narrative part**

For every indicator claimed you will need to demonstrate: How you acquired the **Knowledge;** your **Understanding** and how you **Applied** it

Helpful sentence starters for dealing with the **KNOWLEDGE part**:

I know about (wording from indicator) through …….

I acquired the knowledge of (wording from indicator) from ……

Helpful sentence starters for dealing with the **APPLICATION part:**

I applied my knowledge and understanding of (wording from indicator) in this piece of work, by ……

The application of this indicator is demonstrated by………

How you deal with the **UNDERSTANDING part** will depend upon whether you choose to link this to the knowledge part or the application part (which will vary according to circumstances)

E.g. *My understanding of using an ethical approach in the field of smoking cessation and addressing ethical dilemmas was developed through the initial stop smoking training programme I attended in 2005 and has been built on in my practice as lead for smoking cessation. There are many ethical issues that I need to pay attention to including smoking in cars, the safety of e cigarettes and protecting children and young people from harm caused by smoking. One example is X…*

Or

*My understanding of* adopting  *an ethical approach in the field of smoking cessation and addressing ethical dilemmas is demonstrated in the way I applied this indicator. I prepared and delivered a presentation for new smoking cessation advisors that included setting out the ethical context. See slide 5 & 6 of the presentation. One key ethical issue I explored with the delegates was the use of e cigarettes. The ethical issue concerns …….*

**Knowledge, Understanding and Application do not have to be explained in any particular order** – it will depend on the flow of the narrative, and which indicators have been discussed before or following. If you are using the same knowledge evidence for more than 1 indicator you might choose to deal with this in one place rather than repeat yourself e.g. *The health promotion module in my Masters in Public health was how I learnt about (wording from indicators)*

* Use the **wording from the indicator** in your commentary wherever possible to make fully explicit how you are claiming it
* **Use examples to illustrate how you have applied the standard**
* Use some of **the terminology listed in the glossary of terms** to add credibility to your commentaries
* **Own your work** by using “I” so that the assessor is left in no doubt how you were involved.

**Choosing evidence**

* A separate piece of **corroborating evidence will be required to demonstrate Knowledge and Application** which you will need to signpost in your narrative. You will demonstrate your Understanding through the narrative of your commentary.
* Signpost evidence in the commentary e.g. E.g. See Curriculum and certificate from Introduction to PH module from My Masters in Public Health EV 1.1 and EV1.2 as evidence of my knowledge and how I acquired it
* See minute of meeting (EV1.3) and summary review of the project (EV 1.4) for evidence of how I presented findings of a review of the project to the project board
* When referring to long pieces of evidence signpost the page number