

# Stopping Over Medication Of People (The Good ... and The Not So Good)



## Jodie's Story

# Stopping Over Medication Of People (The Good ... and The Not So Good)



- April 2014  
Mum ... Sue



- December 2015  
Brother ... Kris

# Stopping Over Medication Of People (The Good ... and The Not So Good)



- Feeling Depressed

# Stopping Over Medication Of People (The Good ... and The Not So Good)



- January 2016  
Doctor's Appointment



- Amitriptyline

# Stopping Over Medication Of People (The Good ... and The Not So Good)



- April 2017  
Doctor's Appointment



- Mirtazapine

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- Summer 2018  
Doctor's Appointment
- Sertraline

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Things are getting better

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- February 2019



- Counselling



- Reduce/ Stop the medication



# Stopping Over Medication Of People (The Good ... and The Not So Good)



- Counselling Sessions

# Stopping Over Medication Of People (The Good ... and The Not So Good)



Things are really getting better

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- January 2021



- Annual Health Check

# Stopping Over Medication Of People (The Good ... and The Not So Good)



- No mention about ...

- Depression

- Mental Health

- Usefulness of Counselling



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- Annual Health Check



- No-one asked about Mental Health