



Jodie's Story

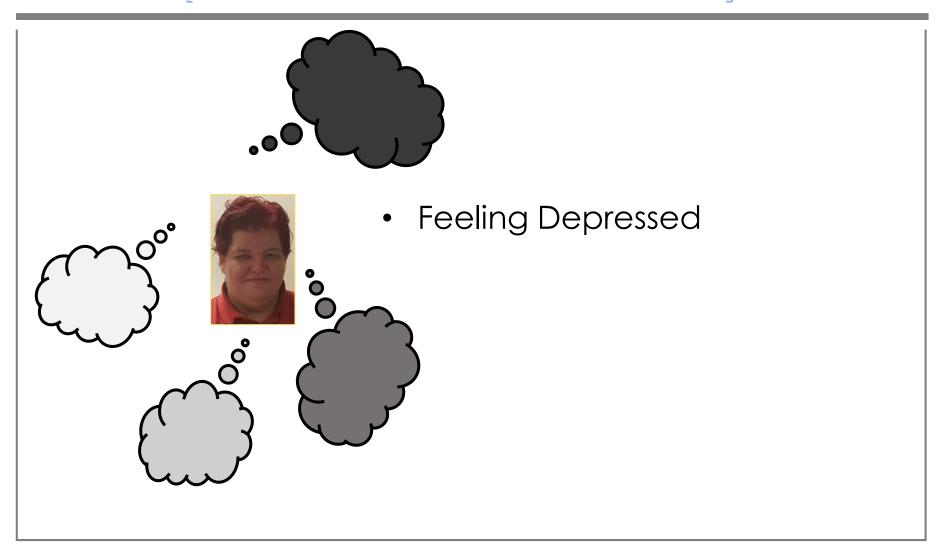




April 2014
Mum ... Sue

December 2015
Brother ... Kris









- January 2016
 - Doctor's Appointment



• Amitriptyline





- April 2017
 - Doctor's Appointment

• Mirtazapine

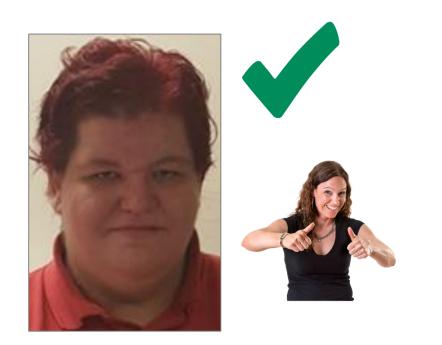




- Summer 2018
 - Doctor's Appointment

• Sertraline





Things are getting better





• February 2019

Counselling

• Reduce/ Stop the medication





Counselling Sessions





Things are really getting better







• January 2021

Annual Health Check





- No mention about ...
 - Depression

• Mental Health

• Usefulness of Counselling





Annual Health Check



 No-one asked about Mental Health

